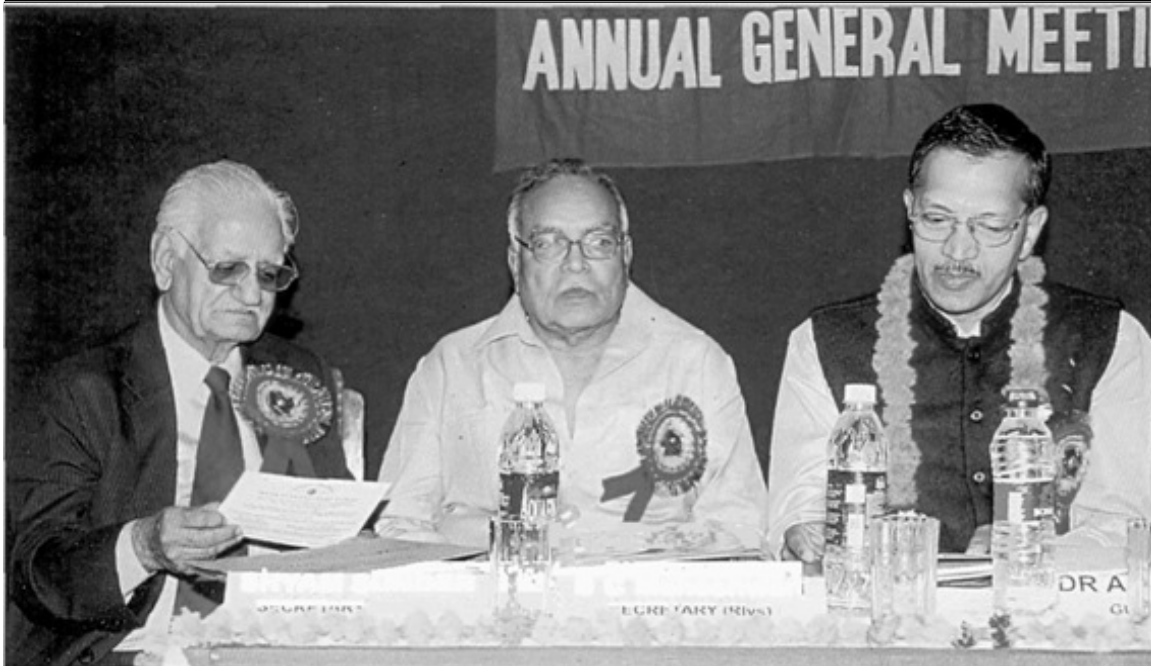


# BHARAT PENSIONER

## भारत पेंशनर



OFFICIAL MONTHLY ORGAN OF THE BHARAT PENSIONERS SAMAJ, NEW DELHI - 110 014  
(Federation of All India Pensioners' Associations)  
(MEMBER, INTERNATIONAL FEDERATION ON AGEING, TORONTO, CANADA)  
DIRECT SUCCESSOR TO "PENSIONER" ESTABLISHED IN 1955



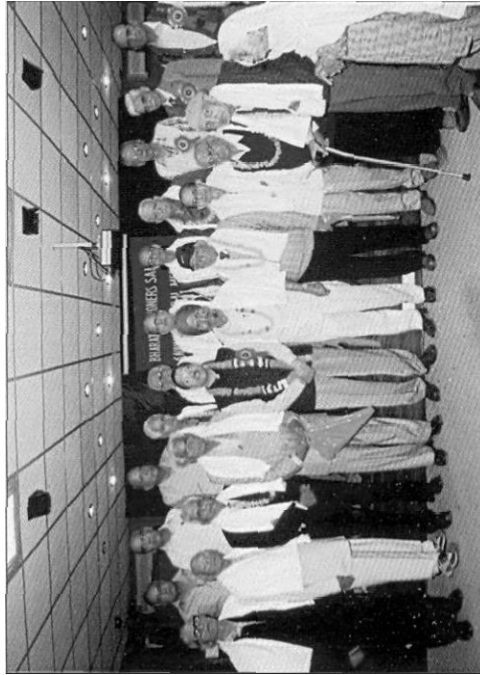
AGM 2010 - On the dais : Secy Genl, Secy (Rlys), Dr A K Merchant, Chief Guest



Dr A K Merchant awarding BPS Trophy for Outstanding Excellence to CGPF (AP), Secunderabad - received by D A N Sarma on behalf of M Somasekhara Rao



Dr A K Merchant awarding Vatta Trophy for Outstanding Excellence in memory of Late S P Vatta to RREWA, Gurgaon - received by S P Bhargava & S P Bhargava



Platinum Age Brotherhood : 2010 with some BPS office - bearers and the Chief Guest, Dr A K Merchant



Dr A K Merchant awarding Rs 5,000 (First Prize) Instituted in memory of Late S P Vatta : to NF Rly Pensioners Assn, Guwahati - received by B L Nath

**BHARAT PENSIONERS SAMAJ, NEW DELHI***(Federation of All India Pensioners' Associations)***MEMBER, INTERNATIONAL FEDERATION ON AGEING, TORONTO, CANADA****2/13-A, LGF (Backside), Jangpura - 'A', Hospital Road, New Delhi - 110 014****President :** *Contact him directly at :*K C Pipal, 15-MIG, Nehru Enclave, Agra -28 2001  
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Two years **Rs 380** Three years **Rs 550**Life Membership : **(Available for Office-bearers & Mg Committee members only)** **Rs 1,000**Annual Affiliation Fee (Assn/Institution etc) : **Rs 450****[ Pl prepare drafts/cheques (NOT Out-station)/ecs only in favour of BHARAT PENSIONERS SAMAJ ]****SBI Jangpura Br Code : 01274****BPS Account No 10825178380****For ecs Add 25/- as Inter Branch Transfer fee***Contact each of them directly at :***Vice-Prez (North Zone):**  
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*(For any reply, a stamped Rs 5 envelope must)***Christmas Greetings & Happy New Year - 2011** to all our Esteemed Life / Annual / Biennial / Triennial and Hon'ble Office Bearers of all the BPS - Affiliated Associations *Shyam Sunder, Secy Genl*

## **IInd NATIONAL CONVENTION of Rly Pensioners @ Secunderabad-HYD - 13.02.11**

The IInd National Convention of Rly Penrs being organised by B P S will be held in Railway Kalyana Mandapam, Chilkalguda, Secunderabad from 10.00 am to 5.00pm on 13-02-2011 Sunday. Delegate fee is Rs. 100/- towards lunch, and tea and snacks in pre and post lunch sessions. The venue is about one km from Secunderabad Railway Station. Out-station delegates reaching Secunderabad on 13th morning and leaving the same night or next morning can stay there. Alternate arrangements are also being made for those who are coming on the 12th leaving Secunderabad after spending the night on 14th December in consultation with M Somasekhara Rao - 040 - 27078848, Cell - 0-9949052609 For urther details please contact Shri.M. Somasekhara Rao, Secretary, Reception Committee. H.no.12-11-1411, Boudhanagar, S'bad. Ph. 040-27078848 Cell. 9949052609.

A souvenir is being brought out on the occasion by the Reception committee. The souvenir will contain useful information on health, diet, financial management, legal rights etc, relating to senior citizen besides pension and related subjects. Tarrif for advertisements in the souvenir is as given below.

1. Full inside page Rs. 5,000/-.
2. Half page Rs. 3,000/-.
3. Quarter page Rs. 2,000/-.

BPS-affiliated Pensioner Associations are requested to procure advertisements for the souvenir and send them latest by 15th January 2011 to the Secretary, Reception Committee at the above address. Individual Railway pensioners as well as Railway pensioner Associations are also requested to send donation to the reception committee for successfully conducting the convention. All donations may be sent by way of crossed cheque/DD. in favour of "Reception Committee, BPS National Railway Convetion".

with regards, M. Somasekhara Rao.

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## Secy General's Speech

Esteemed Chief Guest Dr A K Merchant, our President K C Pipal, new Members of the Platinum Age Brotherhood, Comrades and friends !

I am privileged to speak to you this morning and present my report of the activities of BHARAT PENSIONER SAMAJ since the last AGM held on 01.11.2009. I shall endeavour to present these briefly in the paragraphs that follow.

Early this year, the Secy Genl visited Secunderabad to address the AGM of Central Govt Pensioners Forum (AP) on 21.03.10. Hundreds of Pensioners from all over Andhra Pradesh attended this Meeting. The problems of the C G Pensioners were discussed in great detail and several resolutions passed. The pensioners were greatly enthused when the Secy Genl addressed the AGM.

In April, 2010 PMES (Performance Monitoring & Evaluation System) was introduced at two levels. Firstly, at the level of the Affiliated Associations: they were asked to send their reports in this regard. These reports facilitated evaluation for the purpose of awarding the prizes to be given to them in the AGM today. Secondly, all the office - bearers and Members Mg Committee were asked to give their own PMES reports to the President / Sr Vice President / Secy Genl. The submission of these Reports has resulted in greater efficiency in the functioning of the BPS organisation.

On 04.07.10 the 3rd National Convention of Pensioners under the banner of BHARAT CENTRAL PENSIONERS CONFEDERATION - registration at Bahai House and Dharna at Jantar Mantar, Parliament Street, New Delhi was a great success. Nearly 200 Delegates deputed by Pensioners' Associations from all over the country from Kenyakumari to Kashmir and from Manipur to Maharashtra, participated. Leaders of BPS, AICCPA, NCCPA, AIRRF, AIBSNLPWA, AIDOT & BSNLPWA and PR&PWA addressed the Dharna Rally. The anti-pensioner policies of UPA-II Government were condemned. An eleven-point Memorandum addressed to the Prime Minister was on the same day delivered at his residence, 7-8, Race Course Road, New Delhi.

First National Convention of our own (BPS - Affiliated) Rly Pensioners' Assns on 05.07.10 was a resounding success. This is the first time that such a historic National Convention of BPS - affiliated Rly Pensioners was held. P C Sharma, former Adviser (Safety), Rly Bd was the Chief Guest Amitabha Khare, Executive Director deputed by Member (Staff), Rly Bd fully attended the pre-lunch session. He took exhaustive notes with a view to having the problems highlighted in this Convention resolved at the Board level.

As a (non-rotating) Member of SCOVA, the Secy General attended the meeting of the Deptt of Pension & PW Standing Committee of Voluntary Agencies (SCOVA) presided over by the then MoS in the Prime Ministers Office, held on 20.09.2010. Issues relating to full parity to pre - 2006 pensioners, need for enhancing the Fixed Medical Allowance to Rs 1,000 and other problems were highlighted. The Minister assured to have the matter relooked at the appropriate Forum including the National Anomalies Committee. Prithvi Raj Chauhan, MoS in PMO, has since become Chief Minister of Maharashtra recently.

On 01.10.2010 Secy Genl attended & addressed the International Senior Citizens Day Meeting convened by Senior Citizens Forum, Hyderabad @ Municipal Community Hall, Boudhanagar, Secunderabad (AP). The need for a minimum Old Age Pension @ Rs 1,000/- p.m. and adequate medicare to all Senior Citizens over the country was reiterated. On the same afternoon, he spoke to over 200 Members of Central Govt Pensioners Forum (AP) chaired by its President, D Prabhakar Rao at the same venue; apprised them of the latest position in regard to the demands of Central Govt Pensioners especially with reference to the discussions held in the SCOVA meeting. All the members present listened with extreme patience and keen attention. Members were specially interested to know about the latest position in regard to Parity and Fixed Medical Allowance. About these and some other Issues, the audience was informed that the Minister had assured of their being considered sympathetically in the next Meeting of the National Anomaly Committee. He also announced

that he would ensure that the next meeting of SCOVA was held after 6 months, that is, in March, 2011.

On 02.10.2010, the Secy Genl attended the AGM of the All India Central Confdn of Pensioners Associations (AICCPA), New Delhi held at St James Church, Hyderabad. He made a stirring call for pensioners' unity. He informed the Delegates that both the BPS and the AICCPA had cherished this goal for a long time and have been making coordinated efforts in this regard since 1995. The First and Second National Conventions of Pensioners were jointly convened by both in 1995 and 1999, just before and after the CPC - V recommendations. We also cooperated fully, along with NCCPA, New Delhi, AIRRF, Secunderabad & Bengaluru's Karnataka State CGP Coord Committee to form the 'One Memorandum Committee' of Pensioners Associations. This finally led to the establishment of BHARAT CENTRAL PENSIONERS CONFEDERATION @ New Delhi on 28.04.2008, with AICCPA Secy Genl, SS Ramachandran as Chairman and Shyam Sunder as Secretary General, BCPC, respectively. He also appealed to the Delegates to further consolidate this urge and need for unity by considering our proposal for merger of the two leading All India Federations of Pensioners BPS & AICCPA. His speech was followed by a loud applause.

In pursuance of this goal, Sr Vice Prez R N Tripathi, Secy (Rlys) S C Maheshwari, Mrs P K Goswami and myself held further discussions with AICCPA Secy Genl S S Ramachandran and Treasurer P A Sankar @ narayanan early this month and we decided to continue this process. It was tentatively decided that before formal merger which may take about 2 years (during which both the entities would continue to function separately), the questions relating to publishing a single monthly journal (instead of the two as at present), the rights & privileges of the existing Life Members and Patrons and the financial arrangements etc would have to be sorted out.

Three meetings of the Managing Committee were held since the Last AGM, Every month, BHARAT PENSIONER has regularly been published and punctually too.

Before concluding, I must thank the President K C Pipal and all the office - bearers as also the Members of the Mg Committee but for whose solid support & cooperation the stupendous tasks mentioned above could not have been accomplished; still further, I must thank, for the more active cooperation in the day-to-day work of BPS throughout the year, Sr Vice Prez R N Tripathi, Secy (Rly Pensioners) S C Maheshwari, Secy (PR) M M Kapur, Editor, D Jayaraman, Jt Secy Genel P N Sharma, Members Mg Committee: Rameshwar Kumar, (Smt) Prem Goswami, R C Srivastava, K L Malhotra, Y P Dogra & V K Taneja and Special Invitee, Jagriti Nagpaul. Thanks again to each & every esteemed Member of the BPS for their cooperation & support.

JAI HIND

### **CASHLESS TREATMENT UNDER CGHS**

As the C.G.H.S beneficiary pensioners may have been aware, the Ministry of Health have revised the Package rates for various treatments in C.G.H.S empanelled Hospitals in Delhi (NCR). These Rates are effective from 1<sup>st</sup> Sept 2010. The list of empanelled hospitals in Delhi & NCR has also been modified and a new category of Super Specialty Hospitals at higher rates has been introduced.

Shri J D Bhatia, member B.P.S and Editor / Publisher of "Manual on C.G.H.S" has released a latest "Supplement" containing relevant orders regarding revised Package Rates and modified list (with newly-introduced categorisation) of Hospitals. The "Supplement" has 64 pages and modestly priced a Rs 50/- with 20% discount for pensioners. On purchase of the complete Manual (Rs 350/-) the "Supplement" will be supplied free at a total cost of Rs 300/-. Courier charges extra: Rs 10 per copy (Supplement) & Rs 20/- per copy (Manual) Shri Bhatia can be contacted at A-91, Sector 23, Noida (U.P), Pincode: 201301 Mobile: 9810651252 for further clarification required, if any.

*Shyam Sunder, Secy General*

## Proceedings : AGM - 2010

The House assembled on 20.11.10 at 11.00 hrs. The Chief Guest was Dr A K Merchant, International Assembly of Bahais, New Delhi. He was received with warmth and affection by the President Sr Vice Prez and Secy Genl. After a brief welcome remarks, both by the President and Secy Genl, the proceedings started with collective singing of the National Anthem. R N Tripathi, Sr VP anchored the proceedings of the meeting.

The President K.C. Pipal thanked the Chief Guest for his acceptance of BPS invitation and sparing his valuable time to be with the delegates from far & wide. He also expressed his gratefulness to each member and office-bearer of the Managing Committee, BPS, for their full co-operation. He conveyed his appreciation and commendation to Shyam Sunder, Secy Genl and S. C Maheswari, Secy (Railways) for bringing out a compendium of VI CPC Report Govt orders on the subject as a Handbook for Pensioners, He was very happy that during his tenure BPS could acquire a modest office accommodation and thanked each member for donation/contribution but for which this would not have been accomplished.

Thereafter, the President requested the Chief Guest to honour the members of Golden renamed as Palatinum this year Age Brotherhood 28 members were invited to attend the function. Fourteen of them who were present were honoured with garlanded and given their citation and a woollen shawl. (two more members who attended the session on the Second Day were similarly felicitated by the President. Shyam Sunder, Secy Genl, was one of the distinguished members of this Brotherhood. When he stood up and received the honour, President, Sr VP and others gave glowing tributes on his devoted service to the BPS with youthful vigour and determination. There was a thunderous standing ovation from the audience at this juncture. H N Sinha, one of the members of Platinum Age Brotherhood thanked the BPS for this honour. A Group Photograph of this Brotherhood was also taken.

The Chief Guest, Dr A K Merchant in his

address thanked the BPS for the warm reception accorded to him and recalled his long association with the BPS. He wondered how each living moment, day, month and year is moving faster than the previous moment, day, month and year. He dwelt upon the importance of spiritualism and human approach in our life. He urged that each one of us should not look for rewards but concentrate in our efforts/ goals and achievement of the same. He stressed that we should be conscious of our rights and those of others and that we should never transgress the same.

This was followed by 'Distribution of Awards Prizes' to outstanding Affiliates. President and Chief Guest presented trophies/cash prizes -

- (i) **RREWA, Gurgaon**  
- BPS Trophy in the name of late Shri S P VATTA for Outstanding work in the service of Rly & other C G Pensioners
- (ii) **Central Govt Pensioners Forum, AP**  
- Special BPS Trophy' for Outstanding work of collection of more than Rs 52,000 for BPS
- (iii) **NFRPA, Pandu, Guwahati**  
- First Prize for most Excellent work in the service of Rly pensioners on the NE : Rs 5,000 in memory of Late Shri S P Vatta
- (iv) **Uttarpara GPA, Hoogly, West Bengal**  
- Second Prize P Rs 2,000 for highly Excellent work performed in the service of CG pensioners in the Hoogly area (WB)
- (v) **P&T and Other CGPA, Ahmedabad**  
- Third Prize : Rs 1,000 for Excellent work performed in the service of P&T and Other C G pensioners in Gujarat & especially in Agmedabad.

First session before Tea Break came to an end after Sr VP conveyed 'Vote of Thanks\*' to the Chief Guest, distinguished members on the dais, members of Platinum Age Brotherhood and all members of BPS.

When members assembled after Tea Break, R N Tripathi paid rich tributes to members who left for their heavenly adobe since the last AGM. The House stood in silence for 2 minutes as a mark of respect to them.

S C Maheswari, Secy, Railways explained the importance of Right to Information Act, 2005. Explaining the guidelines (codified and distributed

to all members). Doubts raised and clarifications sought were explained to the satisfaction of audience. Secy GI later referred to redressal of individual grievances of members and how to provide information to enable BPS to sort out the same. House was assured that if essential details are furnished to the BPS, the concerned authorities will be approached for redressal with the least possible delay.

Secy Genl placed his Report for 2009-10 (full text separately published in this issue) before the House, which was approved unanimously. Thereafter, Accts for 2009-10 and Budget Estimates - 2010-11 were tabled for discussion. A few members raised certain points and sought some clarifications which were explained to their satisfaction. M/s K P Garg & Bros were also unanimously reappointed as Statutory Auditor for FY 2010-11. After this clarification, the Accts were passed with Voice Vote.

After lunch, there was a short session which came to an end after Self Introduction of members present.

The extended session was held on the following day (21.11.10). Shri S S Ramachandran, Chairman, BCPC and Secy Genl, AICCPA graced the occasion as a Special Invitee. Sr VP, BPS invited him to sit on the dais and he was escorted to the dais by senior office-bearers of BPS and there was a thunderous applause from the audience. Secy Genl, BPS garlanded him and recalled his services to the cause of pensioners since 1983.

Secy Genl, BPS mentioned that both BPS and AICCPA headed by Shri Ramachandran have been fighting in the cause of Pensioners with the same goals and objectives. He felt that they would be doing it better if both the organizations merged together at this juncture. He observed that in the recent Conference of AICCPA at Hyderabad on 02.10.10, he mooted this idea and that Shri Ramachandran was also well-disposed with this proposal. He then invited Shri Ramachandran to address the gathering.

Shri Ramachandran in his extempore and illuminating speech observed how their genuine problems remain unresolved. While referring to

the merger proposal, he was emphatic that he was also for merger of AICCPA with BPS provided that merging federation is treated as an equal. He opined that multiplicity of Pensioners' Organizations would not be helpful to the pensioners cause. He assured that he, along with his colleagues, would consider the merger proposal with an open mind particularly when many of affiliates are common to BPS and AICCPA.

Then he dwelt on long pending demands of pensioners. He pointed out that bureaucrats right from the top down to the lowest are anti-employees/pensioners. He cited the exemplary action of Chief of Staff (all 3 wings of the Armed Forces) who did not readily accept the recommendations of VI CPC whereas Civilian Officers did not raise even their little fingers against the discrimination/shortcomings of VI CPC proposals.

It is an irony of fate that the concept of 'Pay Band' and 'Grade Pay' was loaded in favour of Senior Officers - right from Cabinet Secretary/ Secretaries upto Jt Secy / Director level whereas it was a pittance for lower level Group A, Group B and Group C staff. JCM is also keeping silent on injustice done through these Pay Bands, Unfortunately, we do not have the political clout to support our cause. When these issues were raised in the Anomalies Committee, Govt have not come forward to correct the startling imbalances. The process of Pension Reforms commenced by CPC IV and carried forward by CPC V (almost on the lines of judgement of Supreme Court in D S Nakra's case in 1982) has been stifled by the CPC VI. The condition of Family Pensioners and Ex-gratia Pensioners is still worse. The concept of liberalization of Family Pension was borrowed from the UN Charter and introduced in 1964. Though more than 4 decades have passed since then, there has been no further improvement/compensation to neutralize the ever increasing cost of living/inflation.

Thereafter, the next item of agenda - 'Open-House Discussion' and 'Resolutions' - was taken up. S C Maheshwari, Secy Rlys moved 10 resolutions, which were explained in detail. After



brief discussions, and after incorporating the amendments moved by the delegates, these resolutions were passed unanimously (after 1 or 2 . Secy (Defence), K S Bharadwaj, Lt Col (Retd) also moved one resolution and it was also passed unanimously (Text of these resolutions has been published separately in this issue).

As per the penultimate item on the Agenda, Secy Genl then started the elections proceedings to the Management Committee . He eulogised the services of Shri K C Pipal, President (residing at Agra) who has made it a point to attend and preside our all the meetings held during these 2 years. He proposed that he should continue as President for another term. He mentioned that Shri M M Kapoor, Secy, PR has expressed his inability to continue as Secy (PR), in view of his health and other considerations. He, however, was willing to continue to serve in the MC. Secy Genl thanked him for this gesture. Thereafter, he read out the agreed panel of office bearers/MC members finalised after careful consideration and discussion with all the stake holders of BPS. Office bearers & M.C. Members as per this agreed panel were declared elected unanimously by the House through raising of hands and thunderous applause (The list of office bearers/MC members has been published separately @ p2 in this issue).

The AGM ended with a vote of thanks to the Chair proposed by R N Tripathi, Sr Vice Prez.

### GIVE US UR CONTACT NO

Declaration of the LIFE MEMBER

I am the LIFE MEMBER of BHARAT PENSIONER SAMAJ, New Delhi from the year .....  
(if known) My whole life number is as given above  
I hereby affirm that I am alive and my present address and contact number (Tele / Mob) as given below :-

ID No WL - ..... / L - .....

Name : .....

Address.....

Contact Number (T/M) ...../.....

Date : .....

Signatures

### Resolutions adopted by the 55th Annual Conference of BHARAT PENSIONERS SAMAJ held at New Delhi on 20<sup>th</sup> & 21<sup>st</sup> November, 2010

#### Resolution No 1

There was no reason for the VICPC to give a different fitment benefit to the pre-2006 retirees other than what was given to serving employees. Adding 86% DR to their basic pensions did not infect, amount to giving the same fitment benefit to the pensioners. While Grade Pay benefit given to employees ensured equal benefit to all those coming under each Grade Pay,, the same is not the case with the pensioners since pensioners retired at various stages in pre-revised pay scales, this glaring anomaly in the matter of fitment benefit recommended to pre-2006 pensioners was not properly appreciated by CPC-VI while making the recommendation. The Government too has not come forward to do justice to pensioners in this regard overlooking the fact that different fitment benefits given to pensioners and serving employees resulted in further widening of disparities in pensions/family pensions of pre and post 2006 pensioners/ .family pensioners. This Conference therefore appeals to the Government to impart justice to the pre-2006 pensioners and family pensioners by giving them same fitment benefit as given to serving employees w.e.f. 1-1-2006 i.e. Basic pension + 86% DR +50% of grade pay as allotted w.e.f. 1-1-2006.

#### Resolution No 2

Time and again it has been ruled by the Honorable Supreme Court of India that all pensioners form a homogenous class. For this homogenous class, with respect to 6<sup>th</sup> CPC the basic pension drawn on 31.12.2005 is the basic element to derive the revised pension; thus a uniform treatment / methodology should have been applied for revising pension of the entire homogenous class of pensioners as on 01 -01 -2006. But , the uniform treatment/methodology is not applied in the said revision as shown hereunder:

For Pensioners: Revised pension by Application of Pre-revised Scale S-4 to S23  
Multiplication factor of 2.26 (1.86 + 0.40 of pre-revised pension)

Pre-revised Scale S-24 to S-29:

Multiplication factor of 2.6

Pre-revised Scale S-30 onward:

Multiplication factor of 3/3+

As already stated, that it is the pension on 31.12.2005, forming the basis for deriving revised pension from 1.1.2006, application of uniform multiplication factor alone will render full justice. The solution, therefore, lies in revision of pension in the same manner as has been done in the case of S-30 onward retirees, viz., by application of a MF of 3 over the pre-revised pension.

This Conference therefore appeals to the Government to do justice to the pre-2006 pensioners and family pensioners and to ensure that pension / family pension of all pre 2006 pensioners & family pensioners shall not in any case be less than the pension arrived at by multiplying their Pension on 31.12.2005 by a factor of '3'. As has been done in the case of pre 2006 retirees of S30 onwards.

#### **Resolution No 3 (FMA)**

Imposition of distance restrictions for grant of Fixed Medical Allowance is, to say the least, just irrational in as-much-as npn members of any Health Scheme are also eligible for this benefit. Similarly members of RELHS suffering from specified chronic diseases are also eligible for this allowance in addition to OP treatment for the said chronic diseases from Railway Hospitals/ Health Units. As such, this Conference urges that the distance restrictions for the grant of FMA may be removed altogether and all those foregoing OP treatment for non-chronic diseases from Railway/ CGHS/ECHS hospitals/dispensaries regardless of the distance of their residence from such hospitals/dispensaries may be granted this benefit to do equal justice to one and all by considering the glaring irregularities in imposing distance restrictions. The amount since raised to Rs. 300/- PM. w.e.f. 1-9-2008 is, however, too inadequate in the present context of high consultation charges and cost of medicines and

requires to be raised to Rs. 1200/- P.M equal to what is given by the Ministry of labour to EPFO pensioners, to make it realistic and to provide real relief to the pensioners.

#### **Resolution No 4 (Increase in pension)**

According to the accepted recommendation of 6<sup>th</sup> CPC whenever DA goes up by 50% the allowances of Central Government Employees will automatically go up by 25%. (Para 4,2.24.4) But pensioners have not been allowed any corresponding advantage. As pensioners do not get any allowances, it will be just to give them a raise of 25% in their pension/Family pension on 50% rise in DR.

#### **Resolution No 5 (Delinking of Qualifying Service)**

This Conference emphasizes the rationale involved in extending the de-linkage of qualifying service of 33 years for full pension in respect of pensioners retired during the period from 1.1 =2006 to 1.9.2008 is equally valid and applicable for those, who retired prior to 1.1.2006. As the pensioners are a homogenous class as a whole, computation of pension cannot be by different formulas thereby applying an unequal treatment solely on the ground that some retired earlier and some retired later. If the retiree is eligible for pension at the time of his retirement and the relevant pension scheme is subsequently amended /revised, he would become eligible to get enhanced pension as per the new formula of computation of pension from the date when the amendment/revision takes effect. It is discriminatory to introduce a benefit by fixing a cut-off date arbitrarily thereby dividing a single homogenous class of pensioners into two groups as pre-2006 and post-2006?

This conference of Bharat Pensioners Samaj therefore, urge upon GOI to redress the discrimination

#### **For Railway Pensioners: No 6**

#### **Eligibility condition for RELHS & post retirement complimentary passes**

This Conference notes that, since long, the rationale behind condition of 20 yrs of qualifying service for eligibility to join RELHS & for the entitlement to post-retirement complimentary

passes has been the condition of 20 yrs of qualifying service for voluntary retirement with pension in Indian Railway Service Rules. Now that qualifying service has been brought down to 10 yrs for retirement with pension, eligibility condition for RELHS & post retirement complimentary passes should also be revised accordingly.

**Resol: No 7 (Facilities to Rly Pensioners)**

This Conference of Bharat Pensioners Samaj Urge upon Ministry of Railways:

(1) To immediately Introduce Smart card facility with all India validity for RELHS beneficiaries covering all medical emergencies.

(2) To keep RELHS open for past pensioners / family pensioners to join at any time with facility to pay subscription in installments & without lock-in period for referral to recognized private hospitals.

(3) To make provision of Physicians / consultants exclusively for pensioners with nominated days for Specialist consultation to avoid long hours of waiting in the Railway Hospital.

(4) To permit secondary family pensioners to join RELHS.

(5) Companion facility in same class for all classes of RC pass holders without additional charges. Companion facility in the higher class for PH retirees without surrendering, one set of RC pass. Liberalization of widow pass facility to include dependent Children. Grant Passes to Secondary .Family Pensioners as hi the case of Family Pensioners.

**Resolution No 8 ( Ex-gratia pensioners)**

It is noted with regret that the VICPC have not revised ex-gratia rates of pre-1986 CPF/SRPFI retirees. Ex-gratia rates of pre-1986 SRPFI retirees were revised marginally w.e.f. 1-11 -2006. This revision has not covered even the families of deceased SRPF beneficiaries who continue to get ex-gratia at old rates. Further, minimum pension and family pension have been raised to Rs. 3,500/-P.M. by 6thCPC. This Conference therefore urges on the Government of India to initiate immediate steps to revise .ex-gratia rates of all pre-1986 CPF/SRPFI beneficiaries and their families. The families of these beneficiaries have been getting 8% less DR w.e.f. 1-11-97 which is discriminatory and the same should end forthwith

to do them equal justice. Ex-gratia benefit needs to be extended to voluntary retirement and retirement on medical invalidation cases also to do them due justice and to end their suffering. The CPF/ SRPFI beneficiaries and their families getting ex-gratia should be extended the benefit of FMA as denial of the same to them is unjust and discriminatory.

**Resolution No 9 (Ex-Servicemen)**

This conference of Bharat Pensioners Samaj explicitly express solidarity with Ex-servicemen & urge G.O.I. to accept the demand of one rank one pension for all ex-servicemen w/o further delay.

**Resolution No 10 Admissibility of CSD Canteen to Defence civilian Pensioners & issue of Smart Card**

During Service the Civilian Defence employees enjoy canteen facility at par with Army Personnel but after retirement Civilian Defence Pensioners are denied this facility. While in service, whenever necessity arises, Civilian Defence employees equally contribute their Sweat & Blood shoulder to shoulder with Army personnel thus denial of CSD canteen facility to retired defence civilians is unjust.

This Conference of Bharat Pensioners Samaj appeal to the Ministry of Defence to restore the facility to Defence Civilian Pensioners without further delay & to issue Smart cards to them for this purpose.

(M Somasekhara Rao / S C Maheshwari)

It was also resolved unanimously that those office bearers who have completed two terms of 2 years each, i.e., 4 years in all may be allowed to continue for one more year, that is, upto the next AGM in 2011.

Moved by Secy Genl & seconded by Sr Vice Prez

**WHO IS THE POWERS THAT BE ?**

I'm not the power behind the throne. I've turned down the actual chair. Why would I want to be the power behind it ?

Sonia Gandhi, Congress President (2004)

**THUS SPAKE NEHRU**

*[Jawahar Lal Nehrus' 121st birthday  
was celebrated on 14.11.2010]*

**Q.** You said that Kashmir is part of India. When did it become part of India?

**JN:** A few hundred years ago, and Kashmir has always been in history for thousands of years, not always a political part but essentially a part of India and for hundreds of years a political part of India long before the British came. It has been essentially and culturally one of the biggest seats of Indian culture and learning. So the finest books about Indian history have been written in Kashmir. Then came the partition of India and certain rules were laid down about it. According to the rules, Kashmir acceded to India and became part of the Indian Union as an autonomous State of the Indian Union. That is why I say that Kashmir is as much a part of India as Calcutta or Bombay or Madras. At that time, Kashmir was invaded through Pakistan and later by Pakistan.

I don't think it is possible for anyone, even a Pakistani, to say that that was not aggression. There have been a number of cases of aggression in the world in the last 10 years or so. There has been no case of clearer and more flagrant aggression than that of Pakistan over Kashmir territory which was Indian Union territory. Now, whatever legal or other arguments one may have about Kashmir in the Indian Union, there is not a shadow of doubt over the argument in favour of the presence of Pakistani troops in Kashmir and that aggression is continuing today. Over one-third of the territory of Jammu and Kashmir State is in the occupation of the Pakistan Army... It is a continual aggression, and there is absolutely no kind of justification. One justification Pakistan has put forth is that the majority of the people in Kashmir are Muslims. Now, that is a very old argument. Once we admit that states are formed on the basis of religion, we go back to the Middle Ages in Europe or elsewhere. It is an impossible argument. If we admit it, then, within India, as it is today after partition, there are 40 million Muslims. Are they Pakistani citizens and do they

owe allegiance to Pakistan? Every village in India has Muslims. There are Christians. Is there Christian nationality or Muslim nationality or Buddhist nationality, a Hindu nationality? It is an impossible proposition so that the present position is that Kashmir is, undoubtedly, that is, legally speaking, historically speaking, constitutionally speaking, a part of India, a part of the Union of India.

The Jammu and Kashmir State has been invaded, aggression committed against it by Pakistani forces who are still continuing that aggression by occupying it. It is only a country like India, peacefully inclined, that would have stopped its military operations against the aggressor and decided to deal with it peacefully and I would be very much surprised if any other country would have done that. In keeping with our tradition of peace and what Mr Gandhi taught us we were anxious to stop it. We stopped at cease-fire even though the aggression is continuing and we said that we would decide it by peaceful methods and that is our present policy. We wanted to decide every question by peaceful methods but that does not mean and will not mean our submission to aggression, and I regret that this fact has not been adequately appreciated by some of the great powers, who talk about aggression in other places. But in Kashmir where there is an act of international gangsterism they support it; I am astonished. I wish to make it perfectly clear that whatever happens we shall never submit to this aggression and it does not matter what powers in the wide world support it, we will not accept it. It think it is a shameful thing that this fact is slurred over...

I have seldom come across such double standards as in this matter of Kashmir. Here is the barest and the most blatant piece of aggression and continuing aggression and we are told: Oh, forget the past, forget the past, whatever it was. Well, well, if we are prepared to forget the past, the history of the world today will be very different from what it was.

[From The Journal of the Indo-Japanese Association - July-November 1957]

## 01.01.86 - 30.09.86 PENSIONERS DELHI HC JUDGMENT

1. Petitioners superannuated between the dates 01.01.1986 to 30.09.1986.
2. They had an issue pertaining to fixation of pension and claimed that they were discriminated against vis-a-viz those who superannuated on or before 31.12.1985.
3. It is not disputed that the issue raised in the instant petition was the subject matter of consideration before a Co-ordinate Division Bench of this Court in W.P.(C) No.11120/2004 - Chaman Lal Vs. UOI & Ors. The decision is in favour of the respondents, being the judgment and order dated 14.03.2008.
3. Since the issue is squarely covered against the petitioners we need not reiterate the reasoning of the Co-ordinate Division Bench. We adopt the same reasoning which we are even otherwise obliged to so do. unless we are shown that some point has not been considered by the Division Bench, which has not been shown to us. W.P.(C) 991/2005
4. Accordingly we dismiss the writ petition holding that the issue / raised is squarely covered against the petitioners in the decision / dated 14.03.2008 in W.P.(C) No.11120/2004 Chaman Lal Vs. UP! & Ors. [NCCPA & ORS vs UOI & ORS - Delhi High Court date of Judgement ..10.2010]

### **AFT removes anomalies in Disability Pension Rules**

*Extends broad-banding plan benefits  
to thousands of pensioners*

In a landmark judgment affecting thousands of disabled personnel, the Armed Forces Tribunal yesterday extended the benefits of "broad-banding" disability pension to those who are released on the completion of their terms of engagement or on superannuation. Earlier, these benefits were applicable only to those invalided out of service on medical grounds. This had resulted in a peculiar situation wherein the disability pension for an individual discharged even a single day before his actual date of discharge or normal retirement was

fixed on the basis of higher disability percent age, while a person discharged on his actual date is not entitled to the same.

Acting upon a petition filed by, former vice-chief of the Army Staff, Lt Gen Vijay Oberoi, the Bench comprising Justice NP Gupta and Lt Gen AS Bahia held that withholding the benefit of broad-banding from certain categories of ex-servicemen by the government was discriminatory. The pension of a large number of disabled ex-servicemen may now be enhanced.

In order to curtail medical subjectivity and mottled declaration of disability percentages for similar disabilities by different medical boards, the government had initiated, a system of "broad-banding" or "rounding-of of disability percentages in which it was provided that disability percentages for 20-49 %, 50-75 % and 76-100 % categories would be treated as 50, 75 and 100 %, respectively, for calculating disability pension.

The Ministry of Defence, however, added a line in the sanction letter that broad-banding would be applicable only to "invalided" personnel and not to those disabled persons who are released on the completion of terms or on superannuation. Distinguishing the present case from a Supreme Court judgment in Lt Col PK Kapur vs UOI, where the principle of broad-banding was rejected, the Bench observed that the reason behind the concept of broad-banding and statutory rules concerned had not been then brought to the notice of the SC by the Defence Ministry and, hence, the judgment rendered without full disclosure of facts and law was subsicition and not binding on other courts as per the SC's own rulings.

The MoD had "miscadingly" informed the SC in Kapur's case that broad-banding was introduced to grant 'benefit to personnel whose career was cut short due to invalidation. Documents, however, show that the policy was in fact introduced to avoid subjectivity and variance in calculating disability percentage. Further, the SC was also not informed that according to rules superannuatingdJsublcd ' personnel are deemed as "invalided" for the purpose of granting disability pension.

*Courtesy : Tribune News Service, Chandigarh,  
13.08.2010*

## Diabetes & Crusade Against Obesity

With the incidence of Obesity and its related morbidity rapidly increasing in India, Dr. Palanivelu the Founder Director of GEM Hospital & Research Centre, Coimbatore (TN) wanted to do something for this emerging problem. The Institute of Bariatric (Obesity) & Metabolic and Surgery were inaugurated at this Hospital in 2005. Since then, there has been no looking back. Till date over 750 obesity surgeries have been performed, making it one of the highest volume centers for obesity surgery in the country. The full range of obesity surgery procedures including Lap Banding, Sleeve Gastrectomy, Gastric Bypass, Duodenal Switch and Duodenal jejunal bypass are performed at the centre. The choice of procedure is individualized to each patient depending on the degree of obesity, as indicated by the BMI, the presence or absence of comorbid disease like diabetes, hypertension etc, and most importantly patient's needs.

But there was very pleasant observation, that obese patients who underwent these procedures had resolution of their T2 diabetes, as was observed by many international surgeons too. There was resolution of diabetes in more than 90% of these patients who underwent these procedures. It has been scientifically proved that this control of T2 Diabetes is because of decrease in insulin resistance and improvement in the function of insulin producing Beta cells of Pancreas after these surgeries.

As a word of caution, Dr Palanivelu insists that this surgery should be performed in selective patients who have poor control of blood sugar on optimal medical treatment and lifestyle changes. The age old dictum of "**Prevention is better than cure**" holds goods for obesity too, but surgical correction may be the only option for the morbidly obese, who have failed other modalities.

### Oral Hypoglycaemic Agents

Different classes of antidiabetic agents currently being used in the treatment of type 2 diabetes include biguanides, glitazones and alpha-glucosidase inhibitors. However, these current therapies for diabetic management are frequently associated with inadequate control of

hyperglycemia, weight gain and waning of efficacy over time. "*Today, a better understanding of physiological responses to food has led to the development of new agents like incretins,*" says Dr Mohan. "*These new drugs provide a valuable therapeutic option to achieve better glycemic control in diabetic patients through the enhancement of gastrointestinal hormone action. This increases the amount of insulin released from the beta cells of the islets of Langerhans,*" he adds.

Incretin-based therapies include two classes of drugs; GLP-1 analogues and DPP-IV inhibitors. GLP-1 analogues, also known as incretin mimetics, are among the latest drugs that have helped patients to not only control diabetes but also reduce weight. DPP-IV inhibitors are a group of oral drugs that act by increasing the action of gut hormones like GLP-1 and GIP to achieve glycemic control. In addition, slow release preparations of existing oral drugs, and short-acting and long-acting insulin analogues are other new therapeutic measures that are being prescribed as part of the treatment regimen.

### INSULIN DELIVERY

"*All patients with type 1 diabetes, and some patients with type 2 diabetes, require treatment with insulin to achieve glycemic goals,*" says Dr Mohan. However, subcutaneous insulin treatment is not physiological, and multiple daily injections are painful. Consequently, more acceptable, alternative routes of insulin delivery are being developed. **Insulin pens allow more accurate dosing especially in children and the elderly.** However, while they do reduce the pain of injections, they do not completely eliminate it. "*In the future, we can look forward to insulin pens that can remember the last dose administered and remind the user of the same the next time,*" says Dr Mohan. Insulin pumps are very useful for controlling diabetes, especially in difficult cases in which patients may have very high sugar levels, be on multiple doses of insulin, have wide fluctuations in sugar levels, etc. The only drawback is that they are expensive. However, the ideal option would be **to develop insulin in tablet form** to be taken via the oral route or as an inhaler. "Similarly, non-insulin based

therapies will be the dream of all patients with type 1 diabetes," he adds.

#### DIET AND DIABETES

**"Diet is the cornerstone of therapy for diabetes mellitus,"** says Dr Ranjani Harish, Head-Translational Research, Madras Diabetes Research Foundation. *"It is mainly when a patient with diabetes neglects this important aspect of diabetes management that his blood sugar levels get out of control,"* she adds.

Below are some of the **dietary guidelines** for diabetes:

- The diet plan should be balanced and tailored to the patient's age and weight, physical activity levels, family diet pattern and physiological needs. The patient's preferences and food habits should be taken into consideration.
- Normal growth and the attainment of ideal body weight should be ensured.
- High fibre foods (whole grains, pulses and all green vegetables) should be included in the diet, while refined and starchy food items such as maida, rava, white bread, potatoes, other tubers and processed foods should be avoided.
- Use of organ meats, mutton, egg yolk and fatty fishes such as crabs, prawns, lobster and sardines should be restricted.
- Food must be eaten not only at the appropriate time, but also in appropriate amounts.
- The person should have 5-6 small meals at smaller intervals, rather than three big meals a day.
- Lots of vegetables and seasonal fruits, such as oranges, 'papayas, mosambis, guavas, and the occasional slice of watermelon, should be included in the diet.
- Strict fasting is not good for patients who are on insulin or other oral hypoglycaemic agents as it may result in Hypoglycemia (low blood sugar levels).
- Similarly, feasting should also be avoided, as it will lead to increased blood glucose values.
- Breakfast should never be skipped.
- Salt and deep fried items should be consumed in small quantities.
- Reheated oil should not be used while cooking. The use of butter, margarine, vanaspathi, ghee, etc, should be restricted.

#### PREVENTION: THE NEED OF THE HOUR

Population-based studies done by Dr Mohan and his colleagues in Chennai show that nearly one in five of all patients with diabetes has one or more of the complications associated with diabetes. Thus, diabetes has already emerged as one of the leading causes of blindness, kidney failure, amputations and heart attacks in India.

Prevention of diabetes can be undertaken at 4 levels: **Primordial prevention:** Reduction of the risk factors of diabetes such as obesity, physical inactivity and stress, thereby decreasing the risk of developing diabetes in the future.

**Primary prevention:** Prevention (or postponement) of diabetes in those who are in a pre-diabetes stage such as impaired glucose tolerance (IGT).

**Secondary prevention:** Prevention of complications of diabetes in those who have already developed diabetes.

**Tertiary prevention:** Limiting physical disability and preventing progression to end-stage complications in those who have already developed some complications of diabetes.

Dr Mohan says *"There is enough evidence that type 2 diabetes can be prevented in most individuals with pre-diabetes by simple lifestyle modifications such as switching to a healthy diet, regular physical activity and modest weight reduction."* If people start taking care of themselves, the count of diabetic patients will eventually come down. As Dr Mohan puts it, *"the old adage, prevention is better than cure, is most suitable in the case of diabetes."*

#### 2011 – BIRTH CENTENARY

##### 100 Poems by Faiz Ahmed Faiz

Translated by Sarvat Rahman

Faiz Ahmed Faiz was one of the leading poets of the subcontinent during the greater part of the last century. Listed four times for the Nobel Prize of Poetry, he was often compared to his friend Pablo Neruda, revolutionary poet and Nobel Prize winner, of Chile. *"... Even though this is the desolate hour of torment, Remember, my heart, it is but a moment, be brave, before you lies a whole life design - Rs 255 - "FULL CIRCLE, 8, Khan Market, New Delhi – 110 003*

## Registration of WILLS in Delhi

- Registration of a will is not compulsory as per the Registration Act, 1908
  - it is compulsory to obtain and submit probate of an unregistered will when notifying the MCD about having inherited a property
- Bequeathing property to loved ones? Make sure you have covered all the bases

by Sunil Tyagi

As per a recent Circular released by the Government of Delhi, State Officials have been directed to ensure that a beneficiary under an unregistered will, now, mandatorily obtain and submit a succession certificate/probate order of such unregistered will from a competent civil court. The circular has also effected amendments of Section 147, read with Section 128, of the Delhi Municipal Corporation Act, 1957 ('DMCA') to that extent. The DMCA, among other things, provides the procedure to be followed whenever the title of any person (who is primarily liable for payment of property taxes on any land or building) is transferred.

In Delhi, a transfer of property is required to be notified to the Municipal Corporation of Delhi (MCD) by the transferor and transferee. Section 128 of the DMCA lays down rules regarding giving notice of transfer of immovable property. The transferor and transferee are required to notify the MCD in writing about such transfer within three months of (a) execution of instrument of transfer; or (b) registration of instrument of transfer; or (c) transfer being effected, if no instrument of transfer has been executed. Failing to notify the MCD about transfer of property in one's favour, in writing and in accordance with the law, attracts payment of penalty as per the DMCA. Section 147 of the DMCA pertains to quantum of duties (and its method of assessment) to be levied on transfer of an immovable property situated within the limits of Delhi.

Transfer of title in immovable property can take place through numerous modes such as by way of sale, gift and will, to name a few. To better understand transfer of title by way of wills, it is important to know the definition of a will recognised by law. In India, the distribution and

inheritance of a person's property is governed by the Indian Succession Act, 1925 ('ISA'). The ISA defines a will as the "*legal declaration of the intention of a testator with respect to his property which he desires to be carried into effect after his death*". In other words, it is a legal instrument specifying the method to be applied in the management and distribution of a person's estate after his death.

There are certain legal instruments specified in the Registration Act, 1908, which require compulsory registration with competent authorities. Registering instruments that require compulsory registration as per this Act qualifies them as being valid instruments that are admissible in evidence in courts. Wills do not require compulsory registration per se under the Registration Act, 1908. Thus, even an unregistered will that has been properly executed is a valid instrument in the eyes of law. Upon death of the testator, a property is transferred/devolves in favour of his/her beneficiaries as per the terms of the will.

The DMCA stipulates that in the event of the death of a person who is primarily liable for payment of property taxes as mentioned above, the beneficiary on whom a property devolves, is required to notify the MCD about such devolution within a period of six months from the death. When giving such written notification, the beneficiary is required to produce documents proving devolution of the property in his favour. As evidence, a beneficiary can furnish the will - either registered or unregistered - as evidence of a lawful transfer of the property in his favour.

However, with the release of this circular, a beneficiary under an unregistered Will is now required to obtain and submit a succession certificate/probate order to the MCD, in order to get the property mutated in his favour as well as for updating property records. On the other hand, a beneficiary furnishing a registered will is not required to additionally provide a succession certificate/probate order. A 'Probate Order' by a court of competent jurisdiction refers to the copy of a will certifying such will to be authentic and with a grant of administration to the testator's estate.



To safeguard oneself from disputes that may arise with respect to inheritance of property, probate/succession certificate must be obtained in case the will has not been registered. This shall protect the beneficiaries' interests as well as ensure that distribution of property takes place in accordance with the testator's intentions. This simple step can go a long way in minimising disputes regarding transfer of property and payment of property taxes.

*The author is senior partner, ZEUS Law Associates, a corporate commercial law firm. One of its areas of specialisation is real estate transactional and litigation work.*

*Courtesy : Hindustan Times*

## A DIET FOR EVERY TYPE

*by Himadree*

Are you the footloose sort, the armchair bum or a powerhouse of energy? You might just be messing with your system if you're one type and following a diet that suits another. Experts warn that if a proper routine is not followed as far as maintaining the lifestyle-suited diet goes, a person will contract lifestyle disorders such as obesity, increased risk of cardio problems, weak muscles and much more within no time.

Now, you'd wonder what you should eat and what lifestyle 'type' describes you the best. Dieticians Dr Reeta Shakar of Dr BL Kapur Memorial Hospital and Dr Shachi Sohal give all the gyaan on lifestyle types and the best kind of diet suited to each of these. Pick yours; live healthy!

### The Couch-potato diet

This is for those that have to stay glued to the Couch. Apart from the diet that follows, this type should remember to take small breaks whenever possible.

- Big meals should be avoided by all means; divide what you eat into 4 mini portions
- Every meal should have 50% carbohydrate and 50% protein, it's necessary for a balanced diet
- Stay away from junk food, excessive coffee, and food that has high sugar contents such as dough nuts, cookies. Breakfast is the first and the most important meal of the day. It should consist of sprouts, poha, multi-grain bread and a fruit platter with orange, apple or peach

- Lunch: 2 rotis, a small bowl of dal and curd.
- Mid-evening snack: light sandwich of whole wheat bread with tomato and cucumber slices, and a cup of green tea
- Dinner: rice or roti, 150 gms of roasted or steamed chicken, green vegetables, no dessert.

### The slim diet

This is for those who are too thin & lean

- # No coffee and beverage diet, as it kills hunger, and gives no nutrition
- # Drink lot of water, as it keeps the skin hydrated and healthy
- # Start the day with whole wheat bread with boiled eggs or whole wheat cereals. A heavy salad platter is a must-have item
- # Just half an hour before lunch, have coconut water or a glass of natural fruit juice
- # **Lunch:** a bowl of steamed rice or 2 rotis, green veggies or roasted chicken, 150gms
- # **Mid-evening snack:** a bowl of clear soup or sandwich with mint chutney
- # **Dinner:** brown rice with a bowl of steamed vegetables or a bowl of vegetable soup. Keep a gap of least two hours before bed-time.

### The heavyweight diet

This is for those who are overweight. They tend to indulge in sedentary activities like watching TV, snacking and playing video games. They are highly susceptible to lifestyle disorders.

- For breakfast, have a slice of whole wheat bread, cornflakes or oat. Milk should always be double toned. After 15 minutes, one can have an apple or papaya to boost the energy levels
- Meal gaps should be kept short to avoid overeating, which happens when intervals are longer
- Mid-morning snacks should comprise fruit juice and sprouts as they are low-cal and high in fibre
- Lunch can be 2 rotis with wheat bran, one bowl of dal, and stir fried vegetables such as broccoli, cabbage, carrots. Potatoes should be avoided altogether. Chicken can be taken by non-vegetarian food lovers, but without rich gravy
- At around 4 pm, one should have a filling snack like dhokla, steamed idli with a bowl of sambar, and a cup of herbal tea without sugar
- Dinner: 2 rotis, steamed veggies and clear soup.

*Courtesy : Hindustan Times, New Delhi*

**CULTIVATE READING HABIT**

by Gopinath Menon

Excessive enthusiasm towards electronic gadgets and untrammelled onslaught of television, Internet, Video games, etc, has virtually impeded the habit of reading among people, especially youths, students and house-wives. But we cannot afford to forget the reality that a book is a companion of a lonely man, a friend, a philosopher, a teacher, a guide and a counsel, rendering solace and pleasure. It is also quite handy to wield and be made available anywhere while at home or during travelling or waiting longer time on some business or official transactions necessitated in our day to day life. As such, apart from cultivating the habit of reading books, news papers and journals ourselves, we should inculcate the habit of reading among all sections of people including woman and children pulling them off the T.V. and internet.

To be a good writer, a conversationalist or a successful orator, even for debating on any subject in the educational institutions or Diplomatic Forums or political platforms, one should equip himself by reading necessary materials concerning the subject. So, while selecting reading materials, one should have clear conception as to what he actually wants to gain from reading for, what to read and how to read is still a conundrum to many. Of course it depends upon one's taste, attitude, temperament and necessity in life. One can therefore seek advice, assistance and guidance of others, if necessary, in selecting books.

Elites, academics and educationists normally read books and journals mainly to improve their general knowledge in all disciplines and increase command in the language and honing the vocabulary. Youth would be interested in political news, sports news, movie news and of course academic news and 'situation vacant' section if he is a situation seeker. Professionals normally prefer to read books and journals dealing with their vocational subjects and advancements. Devout persons, especially spiritualists and exponents,

would naturally prefer to read journals and books concerning spiritualism written by spiritual leaders, saints and seers and also on subjects dealing with ethics, virtues, morality, truth, values, righteousness, kindness, compassion etc. apart from Theological and Mythological holy works. A typical house-wife may prefer - apart from dailies - magazines containing stories, humorous titbits, articles dealing with child care, cookery, dressmaking, health care and personal hygiene. One would therefore read generally the materials of his/her choice, need and taste. However, by reading one would gain enlightenment, experience and expertise in the subject, apart from enjoyment and time pass.

Readers can be largely classified as two main categories: light readers and serious readers. While the former would be normally reading just for time pass and pleasure, the latter are the ones reading seriously and intensely with a definite objective of gaining information and increasing their knowledge. Reading would therefore render enough food to the brain which needs constant exercise to maintain its alacrity, vigour and vitality while some people would simply swallow the 'food', some would taste and enjoy, some others would carefully chew and digest. Sometimes they re-read the articles and books to get themselves well versed and comprehended in the subject. For such persons reading is an addiction.

As the Government seems to be serious and keen in enacting the Right to Education Act, it should also be ensured alongside that sufficient useful reading materials are made available to the children, and the teachers should inculcate upon them the habit of reading good books duly and guiding assisting them.

If the reading habit of the elderly people is ceased, their intellectual potency would slide down gradually leading to impairment of memory, forgetfulness, amnesia and even senility. Reading, therefore, is an intellectual exercise to keep their brain ever potent and vibrant.

*Courtesy* : RAILWAY PENSIONERS'  
National Digest, Palakkad - 678 009-10/2010

## **A DEDICATED RLY PENSIONER Metro Man to stay on longer**

*By Moushumi Das Gupta*

Putting speculation to rest, the Centre is believed to have decided to extend the tenure of 78-year-old Delhi Metro Rail Corporation (DMRC) Managing Director E Sreedharan by another year.



The 'Metro Man', as Sreedharan is popularly known, is due to retire on December 31. Sources said the Ministry of Urban Development (UD), in concurrence with the Delhi Government, had recently taken the decision. The UD Ministry prevailed upon the Delhi government to extend his tenure by a year to ensure continuity ahead of the start of Metro's phase III line," said a source.

While phase II of the Delhi Metro is almost complete, sources said Sreedharan's extension would help in ensuring smooth implementation of phase III of the construction, which will run parallel to the Ring Road and the Outer Ring Road.

Sources said that Sreedharan, who had earlier expressed the desire to hang up his boots, is likely to agree to the decision.

Appointed as MD in 1997, originally for three years, Sreedharan has already been given four extensions. Under his leadership, the Delhi metro has expanded its network to 190 km in 10 years. The railway engineer, known for his vision and leadership qualities, has earlier been credited with the successful completion of Konkan Railways, considered one of the toughest railway projects. Before he finally quits, he ensure the successful completion of Metro's phase III line 125 km.

### **THE MILLENNIUM CITY METRO Metro makes Gurgaon smile**

• The 12.53-km Central Secretariat-Qutub Minar section is fully underground while the 4.47 km Qutub Minar-Gurgaon section is fully elevated section of this line. 7.4-km line lies in Gurgaon side and rest in Delhi • Entire stretch was thrown open on September 3, 2010 • Total cost of the project was 32,368 crore m Five Metro stations constructed on Gurgaon extension line are

Dronacharya, Sikanderpur, City Centre Mal1-IFFCO Chowk and Huda City Centre. » Each train has four coaches of 300 passenger capacity each

The blue plastic Metro smart-cards which the Delhiites are so familiar with are now finding their way into wallets and purses of thousands in Gurgaon. The Millennium City, residents have finally discovered that the daily commute to work does not have to be an ordeal after all. The Metro has also expanded choices of weekend outings for Gurgaon residents. The bylanes of Old Delhi with their gastronomical delights are just less than an hour ride away. So are the famous malls in Saket and the shops in Connaught Place.

But the residents say at the end of the day, punctuality, availability of feeder bus service and parking space at Metro stations will hold the key to the Metro's success in Gurgaon.

"Unavailability of effective last-mile connectivity has still kept a sizable number of people away from using Metro service. Parking of cars is a major issue at stations and in the name of connectivity, we have shared auto-rickshaws and cycle rickshaws which are very costly," said Subinder Khurana, president of Cyber City Welfare Society. "But we are sure these glitches will soon be rectified with rising demand from passengers."

### **Do U Suffer Hearing Loss after 60?**

Do U Suffer Hearing Loss after 60? (BHARAT PENSIONER - 10/2010-p.33) The above mentioned article was published with due courtesy of HINDUSTAN TIMES, New Delhi. Unfortunately this fact got omitted the said article as is the normal practice. We regret this slip-up. Subsequently, Ms Pallavi (Tele No 011-4102 3800) Hearing care India, O-11-A, Lajpat Nagar-II, New Delhi - 110 024 called up to say that they are organizing free check up camps at the above written address. [CGHS beneficiaries are entitled to reimbursement of the cost of the prescribed Hearing Aid upto Rs 20,000/- in each case.]

Those pensioners / family pensioners who want to avail of the above services may contact Ms Pallavi direct @ the address / contact no given above.  
Shyam Sunder, Secy Genl

OM No: S.11011/23/2009-CGHS D.II/Hospital Cell (Part I) dt the 17.08.2010 from Min of Health & FW Deptt of Health & FW, New Delhi 110 108

**Sub:** Fresh empanelment of pvt hospitals and revision of package rates applicable under CGHS, Delhi.

The undersigned is directed to state that CGHS had initiated action for fresh empanelment of private hospitals under CGHS, Delhi (which covers areas in Delhi, Faridabad, Gurgaon, Ghaziabad and NOIDA) and also for the revision of package rates (which were fixed in 2006), to be paid to hospitals, by floating tender for the same. On the basis of the responses received rates for various procedures treatments have been arrived at and have been uploaded in the website of CGHS: [www.mohfw.nic.in/cqhsnew/index.asp](http://www.mohfw.nic.in/cqhsnew/index.asp) and can be downloaded.

2. In order that CGHS beneficiaries get treatment from well maintained and run hospitals, it has been decided to have differential rates of reimbursements, as per details given in the enclosed rates list. The principle followed for the differential package rates being:

(j) : where L-1 rates were arrived at on the basis of rates quoted by non-NABH accredited hospitals / super-speciality hospitals, NABH accredited hospitals will be entitled to reimbursement of certain percentage of additional amount over and above the L-1 rates;

(ii) : where L-1 rates were arrived at on the basis of rates quoted by NABH accredited hospitals, then non-NABH accredited hospitals would be entitled to an amount lower by certain percentage than the reimbursement made to NABH accredited hospitals at L-1 rates; and Rates for super-speciality hospitals have been identified separately and notified in the rate list put on the website of the CGHS. Super-speciality hospitals covered under this category are:

- (1) Cardiology & Cardio-thoracic surgery
- (2) Joint replacement surgery made under orthopaedics
- (3) Nephrology & Urology including renal transplantation;
- (4) Endocrinology; (5) Neurosurgery;
- (6) Gastro-enterology & GI surgery; and
- (7) Oncology

3.1 "Package Rate" shall mean and include lump sum cost of inpatient treatment / day care / diagnostic procedure for which a CGHS beneficiary has been permitted by the competent authority or for treatment under emergency from the time of admission to the time of discharge including (but not limited to) - (i) Registration charges, (ii) Admission charges, (iii) Accommodation charges including patients diet, (iv) Operation charges, (v) Injection charges, (vi) Dressing charges, (vii) Doctor / consultant visit charges, (viii) ICU / ICCU charges, (ix) Monitoring charges, (x) Transfusion charges, (xi) Anesthesia charges, (xii) Operation theatre charges, (xiii) Procedural charges / surgeon's fee, (xiv) Cost of surgical disposables and all sundries used during hospitalization, (xv) Cost of medicines, (xvi) Related routine and essential investigations, (xvii) Physiotherapy charges etc. (xviii) Nursing care and charges for its services.

(b) Cost of Implants / stents / grafts is reimbursable in addition to package rates: as per CGHS ceiling rates for Implants / stents / grafts or as per actual, in case there is no CGHS prescribed ceiling rates.

(c) Treatment charges for new born baby are separately reimbursable in addition to delivery charges for mother.

d) The hospitals empanelled under CGHS shall not charge more than the package rates / rates.

3.2 Package rates envisage upto a maximum duration of indoor treatment as follows:

12 days for Specialised (Super Specialties) treatment; 7 days for other Major Surgeries; 3 days for Laparoscopic surgeries / normal deliveries; and 1 day for day care / Minor (OPD) surgeries.

3.3 However, if the beneficiary has to stay in the hospital for his / her recovery for a period more than the period covered in package rate, in exceptional cases, supported by relevant medical records and certified as such by hospital, the additional reimbursement shall be limited to accommodation charges as per entitlement, investigations charges at approved rates, and doctors visit charges (not more than 2 visits per day per visit by specialists / consultants) and cost of medicines for additional stay).

3.4 No additional charge on account of extended period of stay shall be allowed if that extension is

due to infection on the consequences of surgical procedure or due to any improper procedure and is not justified.

4.1 CGHS beneficiaries are entitled to facilities of private, semi-private or general, ward depending on their basic pay / pension. The entitlement is as follows:-

S. No.	Basic Pay (without the inclusion of grade pay)	Entitlement
1.	Upto Rs. 13,950/-	General Ward
2.	Between Rs.13,951/- and Rs. 19, 530/-	Semi-Private Ward
3.	Rs. 19,540/- and above	Private Ward

4.2 *The package rates for semi-private ward.*

4.3 It has now been decided that the CGHS beneficiaries taking, treatment in the empanelled hospitals will be entitled for reimbursement / treatment on credit as per the package rates / rates. The package rates are for semi-private ward. If the beneficiary is entitled for general ward there will be a decrease of 10% in the rates; for private ward entitlement there will be an increase of 15%. However, the rates shall be same for investigation irrespective of entitlement, whether the patient is admitted or not and the test per se does not require admission to hospital.

4.4 A hospital empanelled under CGHS, whose normal rates for treatment procedure 7 test are lower than the CGHS prescribed rates shall charge as per the rates charged by them for that procedure 7 treatment from a non-CGHS beneficiary and will furnish a certificate to the effect that the rates charged from CGHS beneficiaries are not more than the rates charged by them from non-CGHS beneficiaries.

5.1 Private ward is defined as a hospital room where single patient is accommodated and which has an attached toilet (lavatory and bath). The room should have furnishings like wardrobe, dressing table, bed-side table, sofa set, carpet, etc. as well as a bed for attendant. The room has to be air-conditioned.

5.2 Semi Private ward is defined as a hospital room where two to three patients are accommodated and which has attached toilet facilities and necessary furnishings.

5.3 General ward is defined as halls that accommodate four to ten patients.

5.4 Normally treatment in higher category of accommodation than the entitled category is not permissible. However, in case of an emergency when the entitled category accommodation is not available, admission in the immediate higher category may be allowed till the entitled category accommodation becomes available. However, if a particular hospital does not have the ward as per entitlement of beneficiary, then the hospital can only bill as per entitlement of the beneficiary even though the treatment was given in higher type of ward.

6.1 In case of non-emergencies, the beneficiary shall have the option of availing specific treatment / investigation from any of the empanelled hospitals of his / her choice (provided the hospital is empanelled for that treatment procedure 7 test), after the same has been advised by CGHS / other Government Specialist / CMO in-charge and permission is obtained from the competent authority.

6.2 CGHS beneficiaries have, so far, been given the option to get themselves treated in any hospital of their choice. However, in view of the increased outgo on getting treatment in super-speciality hospitals, it has now been decided that CGHS beneficiaries desirous of getting treated in super-speciality hospitals, in non-emergency conditions, prior approval of the concerned Additional Director, CGHS would have to be obtained.

6.3 Permission for treatment, other than those covered by para 6.2 above, is granted by CMO in-charge / Additional Director / Joint Director, CGHS in case of pensioners, former Governors, former Vice-Presidents, ex-MPs, Freedom Fighters, etc., and by Rajya Sabha / Lok Sabha Secretariat as the case may be in case of sitting Members of Parliament, concerned Ministry / Department / Organisation in case of serving Government employees, serving employees and pensioners of autonomous bodies covered under CGHS.

7. The empanelled hospitals shall honour permission letter issued by competent authority and provide treatment / investigation facilities as specified in the permission letter.

8.1 Hospitals shall provide credit facility to the following categories of CGHS beneficiaries

(including dependant family members, whose names are entered on CGHS Card) on production of valid permission letter:

- Members of Parliament;
- Pensioners of Central Government drawing pension from central estimates;
- former Vice-presidents, Former Governors and former Prime Ministers;
- Ex-Members of Parliament;
- Freedom Fighters;
- serving CGHS employees;
- serving employees of Ministry of Health & Family Welfare (including attached / subordinate offices under the Ministry of Health & Family Welfare); and such other categories of CGHS cardholders as notified by the Government.

8.2 Bills should be submitted to the Office of the Rajya Sabha Secretariat / Lok Sabha Secretariat in case of sitting Members of Parliament and to Additional Director, CGHS (Hqrs), Delhi, in case of other beneficiaries enlisted above, once in a month.

8.3 The hospitals shall extend credit facility to the above categories of CGHS beneficiaries under emergency / with prior permission irrespective of the CGHS city where they are registered and send the bill to Additional Director, CGHS (Hqrs), Delhi,

8.4 Bills of serving employees of the Ministry of Health & Family Welfare and the employees of attached / subordinate offices under the Ministry of Health & Family Welfare will be sent directly to the office / officer which / who referred the patients to the hospitals.

8.5 In case of emergencies, empanelled hospitals shall not refuse admission nor demand payment from CGHS beneficiaries on production of valid CGHS card, issued by competent authority of any CGHS City.

8.6 Reimbursement in case of pensioners, former Governors, former Vice-presidents, ex-MPs, Freedom Fighters, etc., is made by CGHS and by Rajya Sabha Secretariat / Lok Sabha Secretariat in case of sitting Members of Parliament and by concerned Ministry / Department/ Organisation in case of serving Govt. employees, serving employees and pensioners of autonomous bodies covered under CGHS.

8.7 Serving Central Government employees and their dependent family members not covered by the CGHS will not be denied treatment at package rates if they approach the hospitals with a proper referral letter from the Ministry / Department in which they are working, after verifying the genuineness of the employee by production of his / her valid identify card issued by the appropriate authority.

8.8 Serving Central Government employees and their dependent family members not covered by the CGHS will not be denied treatment at package rates if they approach the hospitals in emergency condition to the patient. The treatment will given after verifying the genuineness of the employee by production of his / her valid identify card issued by the appropriate authority.

9 During In-patient treatment of the CGHS beneficiary, the hospital will not ask the beneficiary or his / her attendant to purchase separately the medicines / sundries / equipment or accessories from outside and will provide the treatment within the package rate, fixed by the CGHS which includes the cost of all the items.

10 In case of treatment taken in emergency in any non-empanelled private hospitals, reimbursement shall be considered by competent authority at CGHS prescribed packages / rates only.

11 If one or more minor procedures form part of a major treatment procedure, then package charges would be permissible for major procedure and only at 50% of charges for minor procedure.

12 Any legal liability arising out of such services, responsibility solely rests on the hospital and shall be dealt with by the concerned empanelled hospital themselves.

13 This Office Memorandum supercedes all earlier instructions relating to empanelment of hospitals for specialised and general purpose treatment and investigations for Delhi, Faridabad, Ghaziabad, Gurgaon and NOIDA areas.

14 This issues with the concurrence of Internal Finance Division in the Ministry of Health & Family Welfare, vide Dy. No: AS & FA / 2457/2010 dated the 16<sup>th</sup> August, 2010.

15 The revised rates will come into effect from 1<sup>st</sup> September, 2010.

OM No:S.11011/23/2009-CGHSD.II/Hospital Cell (Part) dt 07.10.2010 from Ministry of Health & Family Welfare Department of Health & Family Welfare, New Delhi – 110 108

Subject: Fresh empanelment of private hospitals and revision of package rates applicable under CGHS Delhi

The undersigned is directed to invite reference to this Ministry's Office Memorandum of even number dated the 17<sup>th</sup> August, 2010 vide which revised package rates payable to private hospitals for treating CGHS beneficiaries of Delhi were notified and also that the rates would become applicable from 1<sup>st</sup> September, 2010. Three rates were notified, one for super-speciality hospitals, the second for hospitals that were accredited with the NABH and the third for hospitals not accredited with the NABH.

2. It was clarified vide this Ministry's Office Memorandum of even number dated the 13<sup>th</sup> September, 2010, that the revised rates would come into effect only after the hospitals that were short-listed submit their acceptance of the package rates notified, sign the Memorandum of Agreement with CGHS and also furnish the appropriate amount of performance bank guarantee. It was also clarified in the Office Memorandum as to the conditions stipulated in the tender document about the hospitals qualifying under different categories, like super-speciality; NABH accredited, etc. The hospitals that were short-listed for empanelment under CGHS Delhi were directed to sign the Memorandum of Agreement with CGHS on or before 25<sup>th</sup> September, 2010.

3. The undersigned is directed to enclose the list of hospitals, under the categories mentioned in the tender document, that have conveyed their acceptance of the rates announced vide Office Memorandum of 17<sup>th</sup> August, 2010, referred to above and have signed the Memorandum of Agreement with CGHS and have also furnished the appropriate performance bank guarantee. These hospitals are now taken as included in the list of approved hospitals for empanelment under CGHS, Delhi.

4. It has now been decided that:

(i) In the list of hospitals enclosed, hospitals that are already on the panel of CGHS, Delhi, and have also been approved under the fresh empanelment procedure, and have now signed the fresh Memorandum of Agreement and submitted the appropriate performance guarantee will be eligible to charge at the revised rates with effect from the date of issue of this Office Memorandum

In the list of hospitals enclosed, hospitals that are not on the existing panel of CGHS, Delhi, but have been now approved under the fresh empanelment procedure, and have now signed the fresh Memorandum of Agreement and submitted the appropriate performance guarantee will be eligible to treat CGHS beneficiaries and charge at the revised rates with effect from the date of issue of this Office Memorandum; Hospitals that are presently on the panel of CGHS, Delhi, which either did not apply in response to the fresh empanelment process initiated by the CGHS during the second half of 2009, or have not been approved by the CGHS under the fresh empanelment procedure can continue to treat CGHS beneficiaries at the old (pre-revised rates) till 25<sup>th</sup> October, 2010. On 26<sup>th</sup> October, 2010, their names will stand removed from the list of approved hospitals empanelled under CGHS, without any further notice.

5. The Office Memoranda of 17<sup>th</sup> August, 2010 and 13<sup>th</sup> September, 2010, can be downloaded from the website of CGHS, [www.mohfw.nic.in/cahsnew/index.asp](http://www.mohfw.nic.in/cahsnew/index.asp).

6. A similar notification for empanelment of diagnostic centres / imaging centres will be notified separately.

R Ravi, Director, Tel: 2306 3483

### News Flash

**Editorials in BHARAT PENSIONER are now available on the discussion panel of the web site for your comments.**

***For prompt response, you can now send your queries through website: [www.bharatpensioners.org](http://www.bharatpensioners.org) or [www.rrewa.org](http://www.rrewa.org) .***

**Annexure to Office Memorandum. No: S.11011/23/2009-CGHS D.II/  
Hospital Cell (Part n dated the-7th October. 2010  
List of hospitals empanelled under CGHS, Delhi.  
GENERAL PURPOSE HOSPITALS**

S. No.	Name of the Hospital	Approved for	Whether accredited by NABH	Whether already on the panel of CGHS
1	Yashdda Hospital, III-M, Nehru Nagar, Ghaziabad.	General Purpose including Joint Replacement.	No	Yes
2	Deepak Memorial Hospital & MRC, 5, Institutional Area, Vikas Marg, Extension-11, Delhi-92. 011-22155555	General Purpose including Joint Replacement.	No	Yes
3	Sri Balaji Action Medical Institute, FC-34, A-4, Paschim Vihar, New Delhi-110063 011-42888888.	General Purpose including Cardiology and Cardiothoracic Surgery.	No	Yes
4	Park Hospital, 12, Chowkandi, Outer Ring Road, West Delhi (Near Kesavpur Depot) New Delhi Ph.No. 45323232	General purpose including Cardiology and Cardiothoracic Surgery	No	Yes
5	Yashoda Superspeciality Hospital, H-1, Kaushambi, Ghaziabad, UP 0120-2750001,2,3,4.	General Purpose including Cardiology & Cardiothoracic Surgery and Joint Replacement.	No	Yes
6	Tirath Ram Shah Hospital, 2 A, R.B.L., Isher Das Sawhney Marg, Rajpur Road, Delhi-110054 23972087, 23972425	General Purpose	No	Yes
7	Jeevan Anmol Hospital, Mayur Vihar, Phase-1, Delhi-91 22750380	General Purpose	No	Yes
8	Kalra Hospital SRCNC, A-5 & 6, Kirti Nagat, Main Najafgarh Road, NewDelhi	General purpose including Cardiological investigation, Cardio-thoracic surgery and joint replacement	No	Yes
9	G. M. Modi Hospital & Research Centre for Medical Sciences, Mandir Marg, Saket, New Delhi-110017 26852112	General Purpose including joint replacement	No	Yes
10	Mata Chanan Devi Hospital, C-1, Janakpuri, New Delhi. 45582000	General Purpose including Cardiology & Cardiothoracic Surgery and Joint Replacement	No	Yes
11	Jeevan Mala Hospital Pvt. Ltd., 67/1, New Rohtak Road, New Delhi-05. 47774141.	General Purpose including joint replacement	No	Yes



12	Jeevan Nursing Home, 2-B, Pusa Road, -New Delhi. 42430246.	General Purpose	No	Yes
13	Kailash Hospital Ltd., 23, KP-1, Greater Noida - 305. 0120-2321111	General Purpose including Joint Replacement.	No	Yes
14	Sumitra Hospital, A-119, Sec.35, Noida-201301. 2507625.	General purpose including joint replacement	No	Yes
15	Prakash Hospital Pvt. Ltd., D-12, 12-A,12-B, Sec.-33, Noida.	General Purpose including Joint replacement	No	Yes
16	St.Stephen's Hospital, Tis Hazari, Delhi. 23957977	General Purpose, including Cardiological investigation Cardio-Thoracic Surgery and joint replacement	No	Yes
17	Escort Hospital and Research Centre, Neelam Bata Road, Faridabad, Harayana-121001 0129-2466101.	General Purpose, including Cardiological investigation, Cardio-Thoracic Surgery and joint replacement.	Yes	Yes
18	Sunderlal Jain Charitable Hospital, Ashok Vihar, Phase-III, Delhi-110052 011-47030900.	General Purpose and Cardiology & Cardiovascular Surgery and Orthopaedics	No	Yes
19	R.L.K.C Hospital & Heart Institute (A unit of R L Khera Charitable Trust), Naraina Road, Near Shadipur Depot, New Delhi.	Multipurpose Purpose General including Jt. Replacement and Cardiology & Cardiovascular Surgery	No	Yes

### SPECIALITY (SELECTIVE) HOSPITALS

1	Satya Medical Centre, A-98 A, Sec.34,Noida.	Endoscopic Surgery	No	Yes
2	Metro Hospital & Cancer Institute, 21, Community Centre, Preet Vihar, Delhi. 011-22460000.	Cardiology, Cardiovascular and cardiothoracic surgery.	No	Yes
3	National Heart Institute, 49-50, Community Centre, East of Kailash, New Delhi. 46606600.	Cardiology & Cardiovascular Surgery	No	Yes
4	Orthonova Hospital, C-5/29, Opp Main NT Gate Safdarjung Development Area, New Delhi 42012345.	Orthopedic Surgery	No	Yes
5	Sunil Hospital, 15/199, Main Panchsheel, Shivalik Road, Malviya Nagar, New Delhi 9891747372.	Endoscopic Surgery	No	Yes
6	Jain Hospital, 177-178, Jagriti Enclave, Delhi-92 011-22146442	Neurology and Neurosurgery	No	Yes
7	Bhardwaj Hospital, NH-1, Sec. 29, Noida-201301. 0120-2450111	Orthopedic Surgery	No	Yes
8	Kukreja Hospital & Heart Centre Pvt. Ltd., C-1, Vishal Enclave,	Cardiological Investigation, Endoscopic Surgery and Eye.	No	Yes

9	Rajouri Garden, New Delhi. 45675000 Bansal Hospital, A-1, New Friends Colony, New Delhi-25, 9871897853, 011-46583333.	Endoscopic Surgery	No	Yes
10	Tirupati Stone Centre & Hospital, 6, Gagan Vihar, Delhi. 22461691	Urology including Lithotripsy	No	Yes
11.	Sanjeevan Medical Research Centre (P) Ltd., 4869/24, Ansari Road, Darya Ganj, Delhi 110 002	Urology including dialysis and lithotripsy	No	Yes
12	Fortis Hospital Noida, B-22, Sec. 62, Noida-201301. 0120-2400222.	Orthopedics and Cardiology Cardiothoracic Surgery.	Yes	No
13	Khandelwal Hospital & Urology Centre, B-16, Main Road, East Krishna Nagar, Delhi-110051 22094843	Urology	No	Yes
14	Panchsheel Hospitals Pvt. Ltd., C 3/64A, Yamuna Vihar, Delhi. 22916895	Endoscopic Surgery	No	Yes
15	Metro Heart Institute, Sec.16A, Faridabad. 0129-4277777	Cardiology & Cardiothoracic Surgery and Pulmonary Function Test.	No	Yes
16	Brij Medical Centre, KK-54, Kavi Nagar, Ghaziabad. 0120-2704300	Orthopedic surgery	No	Yes
17	Metro Hospital & Heart Institute, Lajpat Nagar, 14, Ring Road, Lajpat Nagar-IV, Delhi-11 0024 011-42424343	Cardiology & Cardiothoracic Surgery	No	Yes
18	Paras Hospital, C-1, Sushant Lok, Phase-1, Guargaon, Haryana 9650505524	Orthopedics, Cardiology & Cardiothoracic Surgery, and Endoscopy.	Yes	Yes
19	Delhi Heart & Lung Institute, 3-MM 11, Panchkuian Road, New Delhi-55 42999999	Cardiology & Cardiothoracic Surgery	No	Yes
20	Bhagwati Hospital, Sec. 13, Rohini, Delhi-85. 43126060.	Endoscopy Surgery and Eye Care.	No	Yes
21.	Escort Heart Institute and Research Centre, Okhla Road, New Delhi-25 26825000.	Cardiology & Cardio-thoracic Surgery and Orthopedics	Yes	Yes
22	Moolchand Hospital, Lajpat Nagar III, New Delhi-1 10 024	Cardiology & Cardiothoracic Surgery	Yes	No
23	Max Devki Heart & Vascular Institute, 2, Press Enclave Road, Saket, New Delhi 9810569238.	Cardiology & Cardiothoracic Surgery	Yes	Yes
24	Max Superspeciality Hospital, 1 Press Enclave Road, Saket, New Delhi. 9810569238	Orthopaedics, Endoscopy & Neurosurgery	Yes	Yes

25	Garg Hospital, 8-9, AGCR Enclave, Opp. Karkardooma Courts, Delhi-92 22377856	Endoscopic Surgery & EyeCare	No	Yes
26	Fortis Fit. Lt. Rajan Dhall Hospital, Sec.-B, Pocket-M, Vasant Kunj, New Delhi-110070. 42776222	Orthopaedics & Cardiology and Cardiothoracic surgery	Yes	No
27	Indian Spinal Injury, Vasant Kunj, New Delhi. 42255371	Orthopaedics, Neurology and Neurosurgery, Urology and Endoscopic Surgery	No	Yes
28	Metro Hospital & Heart Institute, X-1, Sec. 12, Noida. 0120-2522959	Cardiology & Cardiothoracic Surgery	No	Yes
29	Max Health Care, Gurgaon, Block-B, Shushant Lok, Phase-I, Gurgaon-01 9810569238	Orthopaedics	No	Yes

**SUPER SPECIALITY (HOSPITALS)**

1	Kailash Hospital & Heart Institute, H-33, Sec.27, Noida, 2444444	Super Speciality	Yes	
2	Indraprastha Apollo Hospital, Sarita Vihar, Delhi. 26925858	Super Speciality	Yes	

**CANCER HOSPITAL**

NIL

**EYE CARE CENTRES**

1	Khanna Eye Centre, E-368, Nirman Vihar, Vikas Marg, Delhi-92. 22424344	Eye Care Centre	No	Yes
2*	Eye Q Superspeciality Eye Hospital, 4306, DLF, Ph-IV, Near Galleria Market, Gurgaon, Haryana. 4272225,6,7.	Eye Care Centre	No	
3*	Indian Institute of Ophthalmology, C-2, G.K. Enclave-II, New Delhi-110048. 29220859.	Eye Care Centre	No	
4	Vision Eye Centre, 12/27, West Pate! Nagar, New Delhi. 258821219	Eye Care Centre	No	Yes
5	Sheetla Hospital and Eye Institute Pvt. Ltd, New Railway Road, Gurgaon, Haryana. 0124-4555888.	Eye Care Centre	No	Yes
6	Ahooja Eye & Dental Institute, 560/1, Dayanand Colony, New Railway Road, Gurgaon, 0124-2321234	Eye Care Centre	No	Yes
7	Bajaj Eye Care Centre , 101, Vikas Surya Plaza, Pt. No. 7, DDA Community Centre, Rd No. 44, Pitampura, New Delhi 9811260680, 47024919, 27012054	Eye Care Centre	No	Yes
8	Bharti Eye Foundation, 1/3 East Patel Nagar, New Delhi. 25889900.	Eye Care Centre	No	Yes

9.	Lall Eye Care Center, New Railway Road, Gurgaon, Haryana.	Eye Care Centre	No	Yes
10	Mohan Eye Institute, 11-B Ganga 'RamHospital Marg, New Delhi. 25787655.	Eye Care Centre	No	Yes
11	Chaudhary Eye Centre & Laser Vision, 4802, Bharat Ram Road, 24, Daryaganj, New Delhi. 23243717.	Eye Care Centre	No	Yes
12	Goyal Eye Institute, 1/10, East Patel Nagar, New Delhi. 25881259	Eye Care Centre	No	Yes
13*	Shroff Eye Centre, 110- Commercial Plaza, Radisson Suites, Behind Ansal's Time Square Building, B- Block Sushant Lok Phase - I, Sector-27, Gurgaon, Haryana-122022, 29231296.	Eye Care Centre	No	
14	Drishti Eye Centre, 20-21, Fruit Garden, Near Green Auto Mobile, NIT Faridabad. 242001.	Eye Care Centre	No	Yes
15:	Center for Sight, B-5/24, Safdarjung Enclave, New Delhi.	Eye Care Centre	No	Yes
16	Narang Eye Institute, B-8, Derwal Nagar, Opp. Model Town, Delhi-09. 9968387768.	Eye Care Centre	No	Yes

\* - Empanelment of these eye care centres is provisional and is subject to the recommendation of Quality Council of India after inspection of these eye care centres.

### DENTAL CLINIC

1	OR Chhabras Dental Clinic, 1097, Sector-4, Gurgaon, Haryana. 0124-2339929.	Dental Clinic	Np	Yes
2	Leela Dental Clinic, B-39, Main Road, Majlis Park, Delhi. 9811503415.	Dental Clinic	No	Yes
3*	Dr. Shweta's Dental Clinic, D-42, Kalkaji, New Delhi. 9811227991.	Dental Clinic	No	
4*	Hi-tech Dental, 2863/5, 1 <sup>st</sup> Floor, Chuna Mandi, Pahar Ganj, New Delhi-110055. 9891231228 "	Dental Clinic	No	
5	Dr. Garg Multi-speciality & Dental Resarch, IInd C-128, Nehru Nagar, Ghaziabad. 9810363398.	Dental Clinic	No	Yes
6*	Dental Care Clinic, PD-1,/1 B, Pitam Pura, New Delhi-110088. 27311808.	Dental Clinic	No	
7	Navneesh Dental Clinic, unit No. 2, Begum Zaidi, Market, Moti Bagh, Part-1, New Delhi. 24122433.	Dental Clinic	No	
8	Precision Dental Care, C-159,	Dental Clinic	No	Yes

9	Sarita Vihar, New Delhi. Singh's Dental Hospital, 30-34 Sewak Park, Opp. Metro Pillar No. 771, Dwarka, Main Najafgarh Road, New Delhi-59. Ph.No.01 1-25336740	Dental Clinic	No	Yes
10*	Balaji Multi Speciality Dental Centre, Shop No. 47, B-2 Market, Paschim Vihar, New Delhi.	Dental Clinic	No	
11*	Muskan Dental Care, 11/26, West Patel Nagar, New Delhi. 25882653.	Dental Clinic	No	
12*	Dr. Raj at Ailwadi, Rx Multi- speciality, 2649, Basement, Hudson Line, GTB Nagar, Delhi. 9818791850.	Dental Clinic	No	

\* - Empanelment of these dental clinics is provisional and is subject to the recommendation of Quality Council of India after inspection of these dental clinics.

OM No. S-11030/51/2010-CGHS (P) dt 22.11.2010 (Circular No. 1/2010) from Ministry of Health & F W, Deptt of Health & Family Welfare, New Delhi

**Sub:** Streamlining of functioning of CGHS dispensaries

The question of streamlining the functioning of CGHS dispensaries has been engaging the attention of the Ministry of Health & Family Welfare for some time now. After considering the suggestions received from various quarters and after discussing the matter with officials of CGHS, it has been decided, as an initial measure, to streamline the functioning of CGHS dispensaries as below :-

(i) There is a need for officers and staff in CGHS dispensaries to further improve the delivery of service to CGHS beneficiaries. There should be a constant and conscious effort to redress most of the grievances and problems of these beneficiaries at the dispensary level so that there is no inconvenience caused to them forcing them to approach higher authorities for redressal of their grievances. The entire staff at the dispensary level have to ensure a polite, positive and responsible attitude to make the service delivery better. The CMO In-charge must make every effort to ensure this user friendly environment. Complaints of rude/

impolite behavior need to be checked and stern action taken by CMOs (Incharge).

(ii) It is well established that CGHS beneficiaries need to be provided better service. Senior citizens/pensioners among the CGHS beneficiaries deserve special attention and response. It is reiterated that senior citizens/pensioners need to be given out of queue treatment and service at each activity level. Despite repeated instructions in this regard, this system is generally not being enforced at the dispensary level. CMOs incharge must ensure compliance of these instructions.

(iii) CMOs In-charge of the dispensaries shall personally make rounds of the dispensary particularly during peak hours to ensure that there is proper environment and beneficiaries particularly pensioners/Senior Citizens are being treated promptly;

(iv) The Zonal Additional Directors/Joint Directors shall convene the meetings of Pensioners Associations once in two months alongwith CMOs (Incharge) without fail.

(v) A complaint/suggestion/feedback Box with details like number of complaints received and disposed etc. under a seal and lock will be kept at each dispensary and will be opened by the CMO In-charge in the presence of at least two members of the Advisory Committee when the Advisory Committee meeting is being held and necessary action taken by the Advisory

Committee with regard to complaints/suggestions/feedback thus received and, wherever required, the matter will be referred to higher authorities for necessary action.

(vi) All Zonal Additional Directors and Joint Directors shall conduct at least five surprise inspections of the dispensaries in Delhi and at least two in other cities in a month and report the outcome of the inspection indicating the areas such as punctuality, availability and behavior of officers/staff, special care for pensioners/Senior Citizens, deficit areas/complaints and also the good work done in each of the dispensaries inspected, by way of a confidential monthly d.o. letter to reach AS & DG (CGHS) without fail on or before 10th of the succeeding month;

(vii) It is seen that a large number of beneficiaries go to the dispensaries for taking repeat medicines. Authorization of repeat medicines will hereinafter be done by any of the CMOs, apart from the CMO In-charge, available in the dispensary;

(viii) The Zonal Additional Directors/Joint Directors will personally monitor and ensure that the empanelled hospitals etc. do adhere to the terms & conditions of MOAs. They will also supervise the services, if any, being provided by the private parties in their zones such as dialysis, dental services etc.

2. Director, CGHS and all Additional Directors/Joint Directors and CMOs In-charge are hereby directed to fully comply with the instructions contained in this Office Memorandum in both letter and spirit. Noncompliance shall be viewed seriously.

L.C. Goyal, AS & DG (CGHS)

Railway Board's RBENo. 131/2010/Letter No. E (P&A) I-2010/RT-2 dated 11-9-2010

**Sub:** *Safety Related Retirement Scheme covering safety categories with Grade Pay of ₹ 1,800*

Please refer to Board's Letter No. E (P&A) 1-2001 /RT-2 (KW), dated 2-1 -2004 regarding introduction of Safety Related Retirement Scheme (SRRS) for Drivers and Gangmen.

2. It has now been decided to extend the benefit of Scheme to other safety categories of staff with a grade pay of ₹ 1,800 p.m. The qualifying service

has been reduced from 33 years to 20 years and the eligibility age group from 55-57 years to 50-57 years for seeking retirement under the Scheme in the case of Safety categories with Grade Pay of ₹ 1,800. The list of Safety categories covered under the Scheme is enclosed as Annexure.

2.1 It has also been decided to modify the nomenclature of the Scheme as Liberalized Active Retirement Scheme for Guaranteed Employment for Safety Staff (LARSGESS) with Grade Pay of ₹ 1,800. However, the employment under the Scheme would be guaranteed only to those found eligible / suitable and finally selected as per procedure.

3. The condition of qualifying service (i.e. 33 years) and age group (i.e. 55-57 years) for Drivers will remain unchanged.

4. It is also reiterated that the retirement of the employee be considered only if the ward is found suitable in all respects. Retirement of the employee and appointment of the ward should take place simultaneously.

5. The other terms and conditions of the Scheme will remain unchanged.

6. This issues with the concurrence of the Finance Directorate of the Ministry of Railways.

#### **ANNEXURE**

Safety Categories with Grade Pay of ₹ 1,800

##### **A. Operating Department**

- |                    |             |
|--------------------|-------------|
| 1. Pointsman       | 2. Shuntman |
| 3. Leverman        | 4. Gateman  |
| 5. Traffic Porters |             |

##### **B. Civil Engineering Department**

- |               |           |
|---------------|-----------|
| 1. Gateman    |           |
| 2. Trolleyman | 3. Keyman |

**C. Signal and Telecommunication Department** 1. Khalasi / Khalasi Helper re-designated as Helper, Grade II and Grade I attached to ESM/MSM/TCM/WTM.

##### **D. Mechanical and Electrical Department**

1. Khalasi / Khalasi Helper re-designated as Helper, Grade II & Grade I assisting Loco Fitters / C&W Fitters / Fitters in Diesel Sheds (Open Line and Workshops)/EMU/Elect. Sheds (Open Line and Workshops) and Train Lighting and AC Fitters (Open Line and Workshop).

2. Crane Jamadar and Crane Khalasis.-

Rly Bd's PC-VI 232 RBE No.150/2010 letter No. F(E)I11/2008/PN1/12 dt 11.10.2010

**Sub:** Implementation of Government's decision on the recommendations of the Sixth Central Pay Commission - Revision of pension of pre-2006 pensioners / family pensioners etc.

A copy of Department of Pension and Pensioners' Welfare (DOP&PW)'s O.M. No. 38/37/08-P&PW(A) dated 28<sup>th</sup> September, 2010 on the above subject is enclosed for information and strict compliance. These instructions shall apply mutatis mutandis on the Railways also. DOP&PW's O.Ms dated 21.5.09, 11.8.09 and 25.6.10, referred to in the enclosed O.M., were circulated on the (Railways vide this office letters of even number dated 26.5.09, 19.08.09 and ...7.10 respectively.

Sunil Bhardwaj, Deputy Director Finance(Estt.)III

OM F. No. 38/79/08-P&PW(G) dt: 27.10.2010 from Deptt of Pension & Pensioners' Welfare, New Delhi - 110 003

**Sub:** *Payment of Commutation Value of additional amount of pension in r/o employees who retired on/after 1.1.06 but before 2.9.08 and expired before exercising option for commutation of additional amount of pension - Reg*

As per the provisions contained in para 9.3 of this Department's OM No. 38/37/08-P&PW(A) dated 2<sup>nd</sup> September, 2008, the revised table of commutation value for pension will be used for all commutations of pension which become absolute after the date of Issue of this OM. In the case of those pensioners, in whose case commutation of pension became absolute on or after 1.1.2006 but before the issue of this OM, the pre-revised Table of Commutation value for pension will be used for payment of commutation of pension based on pre revised pay/pension. Such pensioners shall have an option to commute the amount of pension that has become additionally commutable on account of retrospective revision of pay/pension on implementation of the recommendations of the Sixth Central Pay Commission. On exercising such an option by the pensioner, the revised Table of Commutation

Value for pension will be used for the commutation of the additional amount of pension that has become commutable on account of retrospective revision of pay/pension. In all cases where the date of retirement/commutation of pension is on or after 2.9.2008, the revised Table of Commutation Value for pension will be used for commutation of entire pension.

2. References have been received from various Departments seeking clarification from this Department whether the commutation value of additional pension in respect of such employees who had retired during the period between 1.1.2006 and 2.9.2008 and died before exercising option is payable to the eligible member of family or not. The issue has been examined in consultation with Ministry of Finance, Department of Expenditure who has observed that the Pay Commissions' intention was that the pensioner should exercise a conscious choice in view of the fact that the commutation table has changed w.e.f 1.1.2006. As such, in these cases, the Rule 10 of CCS (Commutation of Pension) Rules, 1981 may be followed and difference in commuted value be paid without fresh applications. The intention was not to deny the higher capitalized value on account of revision of pension.

3. This Issues with the concurrence of Ministry of Finance, Department of Expenditure vide their UO No. 456/EV/2010 dated 18.10.2010.

V. K. Wadhwa, Under Secretary  
to the Government of India Telefax : 24644637

## OBITUARY

We have learnt, with great sorrow, the sudden sad demise of Shri K L Gautam, Founder President, of Bharat Pensioners Samaj, UP Circle Branch, Bulandshahr on 10.11.10. Throughout his life he struggled for the Postal Employees and Pensioners of Postal and Telecom Deptt and others. His contribution in establishing a BPS Branch @ Bulandshahr would always be remembered. Bharat Pensioners Samaj (Hqrs) sends its heart-felt condolences to the bereaved family and BPS Bulandshahr.

May his soul rest in peace!

**NORTHERN RAILWAY**

Railway Recruitment Cell, Baroda House, New Delhi-1, Ph.: 011-23385106

RECRUITMENT AGAINST EX-SERVICEMEN QUOTA

**Closing Date : 10.01.2011 till 17.00 hrs.****Employment Notice No. P/NR/RRC/Ex.SM/01/2010 Dated: 12.11.2010**

Applications are invited from eligible Ex-Servicemen to fill up total of 2116 Vacancies in Pay Band-1 Rs. 5200-20200/- Grade Pay Rs. 1800/- on various Divisions &amp; Units over Northern Railway.

**1. Eligibility Criteria:** Ex-Servicemen who have retired after putting in 15 years of service and have passed Army Class-I Certificate or equivalent.**2. Mode of selection:** The recruitment shall be on the basis of scrutiny of applications and there will be no physical efficiency test or written test. The panel will be formed on the basis of the length of military service subject to medical fitness.**3.** For Further details please see forthcoming Employment News dated: **11.12.2010** OR currently available on Northern Railway website [www.nr.indianrailways.gov.in](http://www.nr.indianrailways.gov.in)**Assistant Personnel Officer/RRC****Baroda House, New Delhi**

2810/10

**Vivekananda : The Revolutionary Swami**

By ASHOK GELLY

Vivekananda was one of the most amazing personalities of modern India. Perhaps India has never witnessed a religious figure of the kind Vivekananda was. Far from renouncing the world, he was deeply involved with it. He completely redefined and revolutionized the concept of the Mahatma. The traditional Mahatma was supremely indifferent to his surroundings and the suffering of the people around him and sought his spiritual salvation "alone practicing lassiezs fair of the spirit. Vivekananda completely rejects that ideal. Therein lies his greatness; it required extraordinary empathy and tremendous daring as he rejected the personal salvation line in the teeth of resistance and ridicule of his own colleagues of the Ramakrishna Mission who accused him of being Westernized. In his characteristic forthright manner he declared:

*Him I call a mahatman (great soul) whose heart bleeds for the poor, otherwise he is a duratman (wicked soul)... So long as the millions live in hunger and ignorance, I hold every man a traitor who, having been educated at their*

*expense, pays not the least heed to them. I call those men who strut about in their finery, having got all their money by grinding the poor wretches so long as they do. not do anything for the two hundred millions who are now no better than hungry savages!*

Also, Vivekananda's attack on the self-centred middle class sounds very contemporary. For there is no dearth of *duratmans* in the post-1990 India who strut about in their finery and are completely untouched by the miserable plight of their not-so-fortunate countrymen.

It is extremely important to visualize the historical context of Vivekananda's life and work. Otherwise one is likely to miss its full significance. More than a century of British rule with its vicious suggestions of racial superiority had generated a strong feeling of inferiority among most Indians. This was compounded by the residual medieval ethos of fatalism (leaving things to a non-human agency) and asceticism with its devaluation of earthy life.

Vivekananda's emphasis on physical strength [his celebrated and apparently shocking observation, "*Better to play football than read the Gita*"], his contempt for the chattering classes who just talk and do nothing else, and above all his extolling the message of Vedanta regarding



the divinity of man, "*Tat Tawan Asi*" (Thou art that) must be seen in that context. Time and again he returns to the message of Vedanta and never fails to exhort his countryman to shake off their sense of inadequacy and have faith in themselves as they carry a divine spark in them. The pragmatic intent is all too clear in this observation:

*We have lost faith in ourselves. Therefore to preach the Advaita aspect of the Vedanta is necessary to rouse up the hearts of men (emphasis added), to show them the glory of their souls. It is therefore that I preach the Advaita.*

It is indeed remarkable that he uses the Vedanta for secular, this-worldly ends. (Could there be a cue here for the social activist?) This must indeed have been chicken soup for the souls frightfully low on self-esteem.

AND what can be a better moral basis for a socialist society than the belief that there is a divine spark in every human being? It is true that Vivekananda didn't believe in class war, but if empathy for the underdog is a distinguishing characteristic of a socialist, he was a better socialist than most present-day socialists —of all hues red, pink and the rest. (V.K.R.V. Rao, the eminent economist and a great admirer of Vivekananda, described him as a **Vedantic socialist**.) Even in the hour of his triumph at Chicago, he agonized over the miserable condition of his countrymen. He denounced caste as "*the negation of Vedanta*" and passionately advocated a better deal for the Dalits. He himself lived with a family of sweepers during his travels through Central India. He was proud of his spiritual heritage, but it never came in the way of calling a spade a spade. He denounced the deformities and perversions in Hinduism in no uncertain terms:

*No religion on earth preaches the dignity of humanity in such a lofty strain as Hinduism, and no religion on earth treads upon the necks of the poor and the low in such a fashion as Hinduism. The lord has shown me that religion is not at fault, but it is the Pharisees and the Sadduces in Hinduism, hypocrites who invent all sorts of engines of tyranny."*

Also, he was deeply distressed by the condition of Indian women who were condemned

to a life of ignorance and backwardness. He believed there was nothing in Hindu tradition to justify their marginations and cited the glorious examples of Gargi and Maitreyi, and motivated Margaret Noble—better known as Sister Nivedita—to start a school for the education of girls in Kolkata.

In recent times people of a certain school of thought have tried to appropriate Vivekananda as a kindred spirit, a proto-saffronist of sorts. The truth is: there is nothing in common between the two. It is true that Vivekananda laid a lot of emphasis on physical strength but it was never glorified for its own sake, and was not divorced from intelligence and empathy. Also, the man declared; "**all religions are sacred to me**". He had the highest regard for Islam for its love of equality. Vivekananda was no cultural chauvinist. Far from it. In fact, his denunciation of the prevailing rituals and ceremonies of Hinduism as "*religion of the cooking pot*" reminds one of Kabir. In the light of all this, would it be fair to describe him as a revivalist and bracket him with Bankim Chandra and Dayanand Saraswati as historians generally do?

*The author, a free-lance, writer, retired as a Reader in English retired from Rajdhani College, University of Delhi.*

The views expressed by the author are personal.

*Courtesy : Mainstream Weekly,  
New Delhi - 110 049-04.09.2010*

## Figs

It's the season for fresh figs, and nothing quite matches the sheer luxury of biting into a plump, luscious, chewy one. This ancient fruit, which finds mention in the Bible, in Homer, in paintings on the walls of Egyptian tombs and in poetry down the ages, is an expensive and highly perishable delicacy which can only briefly be enjoyed fresh, and is therefore more readily available in its dried form. Eat this versatile and delicious fruit on its own, in a salad, or in the company of honey, ginger, cinnamon and cloves; with cheese, cream, ice-cream and, of course, wine.

**Bonus:** figs are an excellent source of calcium, potassium and dietary fibre.

Dearness Relief on Pension/ Family Pension 45% From 1st November, 2010 from GOVERNMENT OF MAHARASHTRA FINANCE DEPARTMENT Government Resolution, No. DRP-2010/C/R.107/SER-4, Mantralaya, Mumbai- 400 032, dt 2.11.2010

Read Government Resolution, Finance Department, No. dated 22nd June, 2010

Government is pleased to decide that dearness relief shall be paid to the State Government pensioners / family pensioners on their Basic Pension / Family Pension and Dearness pension/ Dearness family pension (if any) at the rate of 45% with effect from 1st November, 2010.

2. It will be the responsibility of the Pension Disbursing Authority, i.e. Pay and Accounts Officer, Mumbai / Treasury Officers, as the case may be, to calculate the quantum of dearness relief payable in each individual case.

3. Government is also pleased to direct that above decision should, mutatis mutandis, apply to those employees including family pensioners of Recognised and Aided Educational Institutions, Non-Agricultural Universities and Affiliated Non-Government Colleges and Agricultural Universities to whom the pension scheme is made applicable.

4. In exercise of the powers conferred by the proviso to Section 248 of the Maharashtra Zilla Parishads and Panchayat Samities Act, 1961 (Mah. V of 1962) and of all the other powers enabling it in that behalf, Government is further pleased to decide that the above decision shall apply to the pensioners including family pensioners of Zilla Parishads.

5. State Government Employees who had drawn lumpsum payment on absorption in a PSU/ Autonomous body/Local Bodies and have become entitled to reservation of 1/3rd commuted portion of pension as well as revision of the restored amount in terms of Government Resolution, Finance Department. No. CGP1099/306/SER-4, dated 15th November 1999 will also be entitled to the payment of dearness relief on full pension as per the provisions of Government Resolution, Finance Department, "No. COP-1001/50/SER-4, dated 9th April 2001, at the prescribed rate and from the date, prescribed in paragraph 1 above.

6. The expenditure on this account should be

debited to the Budget Heads to which the retirement benefits of the employees mentioned in the above paras are debited and should be met from the grants sanctioned there under.

7. All orders in force in regard to the payment of relief on pension sanctioned by Government from time to time will, mutatis mutandis, apply to the dearness relief now sanctioned.

8. This Government Resolution is available on the web site of Government of Maharashtra i.e., "www.maharasiitni.gov.in" and its computer code number is 20101101191454001.

By order and in the name of the Governor of Maharashtra,

A.M.Solegaonkar, Joint Secretary to Government

#### **PUNJAB ARREARS IN THREE YEARS**

Letter No 3/23/09-3FPPC/1174 dt 29.09.10 from Govt of Punjab, Deptt of Finance, Chandigarh

**Sub:** Implementation of the recommendations of the Fifth Punjab Pay Commission - Payment of arrears of pension/family pension/extraordinary pension

Sir/Madam, I am directed to invite a reference to Government letter No. 3/23/09-3FPPC/879 dated 17-8-2009, 3/23/09-3FPPC/885 dated 17-8-2009 and 3/39/09-3FPPC/201 dated 22nd February, 2010 and to say that the Governor of Punjab is pleased to decide that the arrears of pension/family pension/extraordinary pension for the period from 1-1-2006 to 31-7-2009 shall vest and become payable in cash in three equal instalments as detailed below

(a) The first instalment shall vest on 1.11.2010 and shall be paid alongwith the pension for the month of November, 2010.

(b) The second instalment shall vest on 1.11.2011 and shall be paid alongwith the pension for the month of November, 2011.

(c) The third instalment shall vest on 1.11.2012 and shall be paid alongwith the pension for the month of November, 2012.

2. All the District Treasury Officers/Treasury Officers and Public Sector Banks will make payment to all of pension/family pension/extraordinary pension on the basis of these orders.

Om Parkash Bhatia,  
Under Secretary, Finance (B)

**BHARAT PENSIONER**

**THE FATIGUED PRIME MINISTER ?**

By Vir Sanghvi, Director Editorial Board,  
Hindustan Times

SINGH IS NOW THE LONGEST SERVING PM OF INDIA SINCE INDIRA GANDHI. WE DO NOT ALWAYS NOTICE THIS BECAUSE THE PM'S OWN STYLES. NON-OBTRUSIVE AND HE IS CONTENT TO KEEP HIS OFFICE LOW-PROFILE



My theory for Singh's current problems can be summed up in two words: public fatigue. Singh is now the longest-serving PM of India since Indira Gandhi. By the end of his term, he will have left every-one except for Jawaharlal Nehru and Mrs Gandhi far behind. We don't always notice this because the PM's own style is non-obtrusive and he is content to keep his office low-profile.

When you have been PM for as long as Singh, people begin to weary a little of your leadership. The very qualities that were seen as assets are now seen as handicaps.

When he was sworn in, we admired the PM's non-interfering nature, He would restore the policy of Cabinet government and concentrate on the big picture, we said. We liked the fact that he was soft-spoken and never seemed to lose his temper. We were pleased by the idea of having a scholar and a thinker as our leader.

But as time has gone on, we have forgotten our original responses. Instead, we want him to be all the things that he is not Why isn't he more assertive? Why doesn't he talk more? Why doesn't he play a greater role in the running of various ministries? Why is he so decent when it comes to dealing with errant Cabinet colleagues? Why isn't he more dynamic? Shouldn't he be more energetic?

For the most part, these remain niggling doubts and minor reservations. But when something like the telecom scam breaks, they come to the fore. It is all the PM's fault, we say. He should have got involved in the workings of the telecom ministry much earlier. Raja should have been sacked

months ago. This is a government that does nothing! And so on,

There is no real solution to the public fatigue problem. It affects every long-staying politician everywhere in the world Some leaders try and cope with it by making changes to their styles of functioning. These can serve as temporary fixes but no PM can change his basic personality Fortunately, for Singh, I don't think his position is half as bad as Tony Blair's during his last days, The corruption issue can be fixed if the Congress gets its act together when it comes to the allies. In his last term, Singh took the line that there was no point continuing in office if the nuclear deal did not go through. My sense is that he is on the verge of coming to a similar conclusion about corruption and the coalition. The indications are that Sonia Gandhi is as fed up of the dishonesty and intransigence of many of the allies. If the PM and the Congress move quickly and recalibrate their attitude to the allies and bow to the public mood by reinforcing a zero-tolerance attitude to corruption, this crisis will pass. But if the government does not change its attitude then such crises will recur with increasing frequency.

*counterpoint@hindustantimes.com*

The views expressed by the author are personal

**The Holy Vedas**

A Golden Treasury  
Pandit Satyakam Vidyalankar

Vast is the ocean of sacred words which enlightens the universe with divine vision. The Vedas constitute the back-bone of our entire culture and development through the millennia not only in India but also abroad. For most of us, they constitute the first literature that dawned on us at the earliest time of man's appearance on this globe. This book is our companion for life...  
Rs 495 - FULL CIRCLE, 8, Khan Market, New Delhi - 110 003

**THE MISSING STORY ?**

If you depend on just the Times of India or Hindustan Times for your daily news fix, chances are you have missed the story that has put Indian journalism under its fiercest gaze ever.

Debarshi Dasgupta, OUTLOOK Weekly : 06.12.10

**Compassionate ground appointment is not a vested right**

Compassionate ground appointment is not a vested right and cannot be granted if the family is not in financial crisis or the request is very belated till then the family survived

**Facts:** Shri Kalo Dome is the father-in-law of the Respondent herein. Shri Dome was in service of Samla Colliery, Eastern Coal fields Ltd. under Coal India Ltd. He died on 31-12-1981. Wife of Shri Dome submitted a representation for compassionate ground employment. Later his elder daughter also applied for compassionate appointment on 7-3-1983. Ultimately, the dispute was resolved and all of them agreed for grant of compassionate appointment in favour of the Respondent who is the husband of second daughter of Shri Kalo Dome. The Personnel Manager of the Appellant organization after necessary verification with police and others issued the appointment to Respondent on 10-5-1993. The Respondent joined service but the Director (P) vide Letter, dated 23-9-1993 cancelled the appointment on the ground of belated appointment after 12 years of death of Shri Kalo Dome. Against that cancellation, the Respondent appealed in the High Court to reinstate him in Service. The writ was allowed both by Single and Divisions Bench of the High Court. Hence the orders of the High Court are challenged in this SLP.

In this connection, the observations in case of Umesh Kumar Nagpal vs State of Haryana [ 1994 SCC (L & S) 930 ] is relevant wherein it was held: *“The compassionate appointment cannot be granted after a lapse of a reasonable period which must be specified in the rules. The consideration for such employment is not a vested right which can be exercised at any time in future. The object being to enable the family to get over the financial crisis which it faces at the time of death of the sole breadwinner, the compassionate employment cannot be claimed and offered whatever the lapse of time after the crisis is over.”* The Apex Court also noted of similar views expressed in a number of their precedent judgments and held:

**Held:** *“The principles indicated above would give a*

*clear indication that the compassionate appointment is not a vested right which can be exercised at any time in future. The compassionate employment cannot be claimed and offered after a lapse of time and after the crisis is over.”*

In the present case, after a compromise amongst the family members of the deceased the Respondent was appointed by the Personnel Manager after 12 years to be ratified by the Director (P). Director rejected the appointment on the ground that nearly 12 years from the date of death of the employee such an appointment could not have been offered to the so-called dependant of the deceased employee.

**Held:** *“The decision of the employer was in consonance with Urnesh Kumar Nagpal Case (supra) and the same should not have been interfered with by the High Court.”*

Accordingly, the appeal is allowed setting aside the orders of the High Court.

[Eastern Coalfields Ltd. vs Anil Badyakar and ors, (I)SCC(L&S)220/C.A.No. 3597/2009 - Date of Judgment: 15-5-2009.]

**NEW PANEL TO LOOK INTO FORCES’ GRIEVANCES**

by Satya Prakash

Moved by the plight of a war widow who was receiving Rs 80 as monthly pension, the Supreme Court on Monday (Oct, 2010) ordered the government to set up a panel for redressal of grievances related to salary, pension and other service-related issues of the armed forces personnel.

Former SC judge Justice Kuldeep Singh will be the first chairman of the five-member Armed Forces Grievances Redressal Commission, a bench led by Justice Markandey Katju said. Other members will be vice chairman Justice SS Sodhi, retired chief justice of Allahabad HC, ex-army chief General VP Malik and Lt Gen (retd) Vijay Oberoi. The Centre will appoint the fifth member, the Court said. The SC, however, clarified that the panel will be different from the Armed Forces Tribunal as it will only have a recommendatory power in suggesting remedial measures.

The order came on a plea by Pushpa Vanti, whose husband was an army major. “However, she is getting only Rs 80 per month as pension in these days when a kg of arhar dal costs that amount” L1be bench noted.

Courtesy : Hindustan Times, New Delhi.

## Happiness forever

by P P Wangchuk

My definition of happiness has changed over the years. Happiness that we talk about normally is not a state of bliss but an egoistic trip as a result of your feeling that you are better off than others around. Happiness is remaining in sanity and quiet and calm in the best of times as well as the worst of times. It is a state of mind when one is immune to good or bad developments.

We are all familiar with the story of a girl belonging to a poor family. A prince fell in love for her charm and smile, and married her. But the girl could not be happy in the environment of riches and stepped out of the palace and the prince's life. Her hut alone could give her comfort and peace of mind.

**The lesson:** Happiness is a state of mind when you are at harmony with what you have and not with what you should have. One's needs and greed never end; one has to know the limit that helps one maintain harmony.

One's state of mind is influenced by internal as well as external factors. It could be on cloud nine if one wins a lottery, but in the pit if one gets some depressing news. That is where when one comes in conflict over the meaning happiness.

Happiness can be realised by getting into deep meditation, according to a new book on meditation, Buddhist Meditation, by Samdhong Rinpoche, prime minister of the Tibetan government-in-exile. Meditation, he says, is an effective instrument in transforming one's mind into a "void" — a stage of bliss when one realises consciousness of the realities of life. Momentary state of excitement and happy feelings as a result of some subjective 'win' or 'gain' is best avoided. The Rinpoche says Buddhism recognises four different types of perception. But what matters for happiness is the perception of the mind (consciousness) and yoga perception through deep meditation and one-pointedness of the mind. This enables one to achieve the kind of wisdom that knows the Truth.

*Courtesy : Hindustan Times*

## CELEBRATING CHRISTMAS : 25.12.10

### Biblical wisdom

#### TOMORROW MAY OR MAY NOT COME, ACT NOW

by P.P. Wangchuk

Last Sunday, I took great pleasure in reading the Bible, though in parts. The edition was called 'Good News Edition.' That was good enough reason for me to read it as anything hinting at good is good and welcome.

There is a part known as Ecclesiastes, which, apart from other things, contains thoughts about life and how 'useless' it is. I found it interesting but could not agree on some of the thoughts. One such was: "*The day you die is better than the day you were born.*" But then there were other gems of wisdom. For instance, it goes on to believe and keep in mind that sorrow is always better than laughter because it may sadden your face but it sharpens your understanding of life. That is good, I liked it and of late I have adopted that kind of life style.

One must, the Bible says, make it a point to go to a home where there is mourning than to one where there is a party. The logic behind this being that one gets an ideal opportunity to remind, one's self that life is short and death may be waiting at the next turn. This should make one make full use of 'now' as tomorrow may or may not come. The Bible says, in circumstances when you are restless, and the mind is bedeviled, think of God and convince yourself that what God has done can't be undone. "*How can anyone straighten out what God has made crooked?*" In other words, as the Bible says, when things are going well for you, be glad; and when trouble comes, just remember the, fact that God sends both happiness and trouble. One has no way to know what will happen next.

Just keep these simple words in mind:  
"Tomorrow may or may not come, act now."

*Courtesy : Hindustan Times*

**AAP AUR HUM****ACTIVITY REPORTS FROM OUR AFFILIATES**

**AHMEDABAD: P & T and OCGPA** – AGM was held on 16.09.10. More than 325 members attended the meeting. 15 members (80+) were felicitated with momentos; 30 members (70+) were felicitated with shawls and certificates. The House unanimously passed the Accounts for 2009-10, Budget for 2010-11 and other Agenda items.

**BULANDESHAHAR (UP): BPS** – 14<sup>th</sup> Circle Conference was held on 14.11.10. Following office bearers were elected: President – S K Sharma, Circle Secy – K B Lal, Treasurer – R S Verma. Besides this, 4 each VPs, Asst Treasurers & Circle Organizers, 3 Asst Circle Secretaries, and 8 EC Members were also elected.

**CHANDIGARH: Haryana GPA** – Monthly Meeting was held on 07.11.10. Minutes of the previous meeting was read out and confirmed. The sanction of addl DR by Haryana Govt was welcomed. An appeal was made to Hon'ble CM, Haryana to accept our long pending demands – grant of Addl Pension @ 5%/10% for pensioners of 65/75 years, increase in FMA @ Rs 1000/- pm, reimbursement of expenses incurred on clinical tests etc, allowing pensioners residing outside Haryana territory, concessional travel in State Transport etc.

**DANAPUR: E R P Brotherhood** – In the meeting held on 14.11.10, minutes of the previous meeting & Accounts for Oct'10 were read out and confirmed. It was decided to distribute the amended Bye-Laws and Annual Report to all members in the next AGM (to be held on 23.12.10). Members were also informed about the AGM to be held by NFRP, Palakkad on 30.12.10.

**GUWAHATI: N F R P A (Rest Camp, Pandu)** – Awareness Program on 'Banking Ombudsman Scheme' was held on 27.10.10 at Rly Institute, Siliguri. About 330 Pensioners/Family Pensioners

representing different branches of NFRPA and 70 Managers/ Regional Managers/ Staff representing Nationalised Banks and RBI attended the meeting. B Chakraborty, Jt Genl Secy, NFRPA welcomed the gathering. Shri Vasanthan, Banking Ombudsman listed out the problems of pensioners. He also said that for any delay in payment of pension related amount, where a bank is responsible, 2% interest will be paid by the concerned Bank. Bank Managers/ Regional Managers were called upon to give on the spot decision and indicate time frame for the settlement of claim.

**HOOGLY: RCGE & FWO** – AGM was held on 12.09.10. Genl Secy read out the Annual Report. He informed the gathering that the BPS, New Delhi has been pursuing with the Govt putting its heart and soul together to get our long pending demands fulfilled. Treasurer presented the Annual Accts and it was passed unanimously.

**KOTTAVALASA (AP): P & TPA** – In the AGM held recently, new office bearers for 2010-12 were elected: President – K Narsi, Secy – K Perayya, Treasurer – Y Varahalu. Besides this, 2 each VPs and Asst Secretaries, 4 EC Members and 1 Auditor were also elected.

**MUMBAI: PTREA** – AGM was held on 24.10.10. Minutes of the previous (29<sup>th</sup>) AGM held on 08.11.09 were read out and confirmed. Audited Balance Sheet was considered and adopted. Auditors for 2010-11 were appointed and remuneration was fixed for them. Senior Members (75+) were felicitated.

**NELLORE: A P State Govt R E A** – In the meeting held on 20.10.10, the State Govt was requested to release DR @ 8.56% w.e.f. 01.07.10. The Govt was also requested to issue Health Cards without any Insurance Premium and to sanction addl Pension @10% to those pensioners who crossed 70 years. Birthday Greetings were conveyed to those born in October. New office building was got opened on 20.11.10. Inaugural Ceremony was attended by MLA's – Nellore City and Rural. State leaders were introduced to the members.

**PUNE: S N S** – AGM was held on 13.06.10. Following office bearers were elected: President – B V Dabhade, Secy – B A Koli, Cashier – K L Dabhade. Besides this, 3 VPs, 2 Asst Secretaries and 1 each Asst Cashier, Office Secy and Auditor were also elected.

**VIJAYAWADA: W A of Telecom & BSNL Pensioners** – AGM was held on 13.11.10. M R S Prakasa Rao, President chaired the meeting. B Kondiah, Chief Advisor was also present. M Venugopal, AGM (Admn) informed the gathering that a Nodal Officer has been appointed for settlement of BSNL pensioners grievances and that regular Pension Adalats would be held. Meeting ended with a 'Vote of Thanks' to the Chair by N S Sarma, Genl Secy.

**VISAKHAPATNAM: P & T PWA** – 12<sup>th</sup> AGM was held on 09.10.10. About 80 members including 95 year old pensioner attended the meeting. After opening remarks of the President, a brief welcome address was made by the Wkg President. M Somasekhara Rao, VP, BPS, South Zone and Chief Guest listed out the losses caused to the pensioners by the VI CPC. He regretted that the govt was not willing to consider our genuine demands thereby driving us to resort to agitations to achieve our goal. He concluded his speech by giving a call for agitation soon under Action Plan. 6 Sr Pensioners were honoured with shawls. The House also approved the Annual Report and Audited Accounts.

**SRI GANGANAGAR: C G P A** – In the monthly meeting held on 07.11.10, the case regarding the increase in FMA from Rs 300/- to Rs 1000/- was discussed and it was decided to take up the matter with the Pension Deptt, Govt of India, New Delhi. It was also decided to demand addl pension for pensioners who have crossed 65 years onwards. It was decided to honour pensioners (75+) on the day of celebration of Pensioners Day in December 2010. The minutes of SCOVA Meeting held on 20.09.10 were discussed. The Birthday of members born in November was also celebrated.

## GUZARISH: 10 QUESTIONS

**Sanjay Leela Bhansali** - the Director

*What made you turn composer?*

Music has always been the starting point of all my films. I wanted to do the songs for my characters so I thought why not?

*What's this talk of lovemaking scenes between Ash and Hrithik?*

(Laughs) When you see it you'll realise it is unusual, beautiful, different, pure and sensitive. It doesn't look like a commercial film.

*Why should we think only film is commercial?*

I don't believe there's a formula for commercial cinema. Guzaarish is hardcore drama, romance. Its about suffering. Tell me one person who doesn't identify with suffering.

*You worked with Hrithik for the first time.*

He's marvellous. Committed, focused, always wanting the best. People said he's too studied, he may want scenes in advance, but he's spontaneous and spot on when he performs.

*Aishwarya of course is your favourite.*

Ash has become even more beautiful. She has evolved as an actor and human being. She's far more thinking, crisper. Her exposure to world cinema has made her a richer person.

*Was Hrithik your first choice for this role?*  
Absolutely. If he'd said no, I wouldn't have made the film.

*How was their chemistry?*

They have a great chemistry and more interestingly, they work well together. They aren't trying to steal a scene from each other but are alert about each other's performance.

*How was it filming Guzaarish?*

I've fallen back in love with life. I've put into Guzaarish the collective hard work of all my five films.

*Aishwarya is looking particularly beautiful that make-up seems to suit her?*

Its Sabyasachi's work. He has a feel for texture, for costumes, All the Bengalis I worked with in the film excelled.

*What is the end product looking like?*

I am in love with the film.

Lata Khubchandani

Courtesy : Outlook, Weekly

## NEW MEMBERS - Annual

A - 0816	Asia	Delhi - 23	10/11
A - 0820	P Anjaiah	Tadepalle	10/11
A - 0821	Bisheswar Dihingia	Dibrugarh	10/11
A - 0822	A Subrahmanyam	Bitragunta	10/11
A - 0823	J P Gupta	Bhopal	10/11
A - 0824	Nitya Wati Sharma	Delhi - 32	10/11
A - 0825	Mohd Abdul Kafi	Aligarh	10/11
A - 0826	Adhyaksh	Agra	10/11
A - 0827	Hira Lal Sahib	Chandigarh	10/11
A - 0828	B D Ahuja	Ajmer	10/11
A - 0829	Benimadhav Goswami	Delhi - 08	10/11
A - 0832	J R Patil	Mumbai	10/11
A - 0833	Kuldeep S Jaiswal	Distt Hamirpur	10/11
A - 0834	Chandra B Prasad	Delhi - 22	10/11

## NEW MEMBERS - Biennial

A - 0813	K C Vasisht	Ghaziabad	10/12
A - 0830	D N Vyas	Delhi - 92	10/12
A - 0831	Manohar Lal Pandey	Delhi - 87	10/12

## NEW MEMBERS - Triennial

A - 0815	Abdul Rahaman Shaik	Hyderabad	10/13
A - 0817	Satyanarayan Sharma	Jodhpur	10/13
A - 0819	Cd Raghu Nath Singh	Delhi - 62	10/13

## AFFILIATED ASSOCIATIONS (New)

A - 0814	Rly Penrs W M Assn	Bathinda	10/11
A - 0818	Bharat Penrs Samaj	Kota	10/11

## SCPC FUND 1% Donations NOVEMBER, 2010

L - 9001	Daisy Anand	Delhi - 48	5,500
L - 9334	Vijay Kumar Taneja	Delhi - 05	1,001
L - 2199	G Krishnaswami Rao	Bengaluru	1,000
M - 6098	AICG Penrs Assn	Amritsar	1,000
L - 2476	R K Mehra	Delhi - 52	1,000
M - 8794	Shyama Pada Sen	Jhalda	551
L - 2760	S K Mahindra	Delhi - 44	501
L - 2989	K K S Agarwal	Delhi - 41	500
L - 2426	Dwaraka Dass	Ludhiana	500
M - 1596	Rly Penrs Samaj	Narsinghpur	430
A - 0509	Manohar Lal Sharma	Barnala	300
L - 2885	K D Jagwani	Delhi - 91	300
A - 0236	Harinath B Shirali	Bengaluru	200
L - 2584	Tuhi Ram Sharma	Delhi - 36	200
M - 0183	Rly Penrs Assn	Rewari	200
L - 2561	P L Chawla	Delhi - 59	200

A - 0127	G K Bahl	Delhi - 32	100
M - 6227	K Halan	Ketti	100
A - 0236	Harinath B Shirali	Bengaluru	100
A - 0236	Harinath B Shirali	Bengaluru	100
M - 7841	Muni Lal	Ghaziabad	100
M - 5610	Rly Penrs Assn	Durg	100
M - 6226	S L Gupta	Patiala	100

## AFFILIATED ASSOCIATIONS (RENEWAL)

M - 1856/11	Bharat Penrs Samaj	Satna	11/11
M - 6937/04	A/c G O Penrs Assn	Hyderabad	04/11
M - 5539/10	Rly Penrs Samaj	Damoh	10/11
M - 5542/10	Bharat Penrs Samaj	Bulandshahr	10/11
M - 5610/11	Rly Penrs Assn	Durg	11/11
M - 8657/03	Govt Penrs Wel Orgn	Saharanpur	03/12
M - 8196/10	S C C of Penrs Assns	Lucknow	10/11
M - 3284/12	Rly Penrs Wel Assn	Delhi - 18	12/11
M - 4906/10	Distt Penrs Wel Assn	Mandi	10/11
M - 5050/01	H P Penrs K Sangh	Hamirpur	01/12
M - 0183/12	Rly Penrs Assn	Rewari	12/11
M - 6551/11	C Govt Penrs Assn	Ghaziabad	11/11
M - 1596/12	Rly Penrs Samaj	Narsinghpur	12/11
A - 0276/02	A I Sr Citizen CGPA	Dharamshala	02/11
M - 8525/11	C C & S Penrs Assns	Pondicherry	11/11

## RENEWAL - Annual

M - 7090/10	Chander B Sharma	Delhi - 34	10/11
M - 6227/11	K Halan	Ketti	11/11
M - 5627/11	R N Raina	Delhi - 49	11/11
M - 7929/11	B D Kaushal	Dehradun	11/11
M - 8486/09	Jagjit Rai Sharma	Delhi - 34	09/11
M - 5583/11	G S Gandhi	Delhi - 95	11/11
M - 7573/10	M S Rao	Visakhapatnam	10/11
A - 0127/09	G K Bahl	Delhi - 32	09/11
M - 8479/09	S K Deshpande	Pune	09/11
M - 7954/12	D G Dalal	Indore	12/11
M - 5001/12	Sub Major R N Sibal	Delhi - 18	12/11
M - 5788/01	Jagdish Pd Dubey	Shivpuri	01/12
M - 8772/11	S L Tripathi	Satna	11/11
M - 7908/11	J Chandrasekharan	Thane (W)	11/11
M - 854411	N C Keshari	North Lumdung	11/11
M - 5526/10	Digvijay Singh	Delhi - 95	10/11
M - 7889/10	N A Sundaram	Kalyan (E)	10/11
A - 0509/09	Manohar Lal Sharma	Barnala	09/11
A - 0521/11	Y B Patil	Kolhapur	11/11
A - 0270/02	Bhism Chaudhary	Lalgarh	02/11
M - 8495/10	O P Gandhi	Jaipur	10/11
M - 8200/10	N K Verma	Jabalpur	10/11
M - 6501/08	L K Ghosal	Kodalia	08/11
A - 0194/11	Gopal Das Mantan	Jhansi	11/11
A - 0527/05	Pulak Kumar Dhar	Jharkhand	05/12
M - 5597/11	G S Murthy	Hyderabad	11/11
A - 0552/11	K N Singh	Khagaul	11/11



M - 6573/12 C R Choudhary	Dongargarh	12/10
M - 6512/09 C R Sathayanarayana	Secunderabad	09/11
A - 0184/11 Harbans Singh	Patiala	11/11
M - 6833/12 Krishan Lal Sharma	Mandi	12/11
M - 8503/10 R C Gupta	Delhi - 85	10/11
M - 7938/12 Radhay Mohan Saran	Delhi - 32	12/11
M - 5643/11 C A Jani	Jam Nagar	11/11
M - 7157/12 Sohan Lal Khindri	Rajpura	12/11
M - 4162/12 L P Rajak	Jabalpur	12/11
M - 7008/07 Rajeshwar Pd Sinha	Khagaul	07/11
M - 6879/11 Pravakar Chakravaty	Baidyabati	11/11
A - 0339/02 Girindra Nath Biswas	Nadia	02/12
M - 6204/10 K B Lal	Delhi - 02	10/11
M - 7873/10 S C Srivastava	Lucknow	10/11
M - 8214/10 Hari Chand Sharma	Ludhiana	10/11
M - 5530/10 K Gopalkrishnan	Chennai	10/11
M - 8054/04 Dev Datt Talwar	Noida	04/11
M - 7841/09 Muni Lal	Ghaziabad	09/12
M - 4172/12 Pritam Lal	Delhi - 27	12/11
M - 6744/08 H N Sinha	Delhi - 75	08/11
M - 5518/10 Raj Kumar Bhagotra	Delhi - 24	10/11
M - 8992/06 O P Mehta	Delhi - 96	06/11
M - 7614/12 Raj Kumar Sehgal	Delhi - 24	12/11
M - 1177/10 Syed Khasim	Donakonda	10/11
M - 5675/12 Baijnath Sharma	Ludhiana	12/11
M - 6226/11 S L Gupta	Patiala	11/11
M - 8514/10 R K Vohra	Jalandhar City	10/11
A - 0157/10 J L Lamba	Yamunanagar	10/11
M - 4956/11 Sheojatan Choudhary	Rohtas	11/10
M - 5734/12 R C Rana	Bilimora	12/11
M - 7918/11 L B Yadav	Satna	11/11
M - 4154/12 RC Paul	Hyderabad	12/11
M - 5787/01 J P Soni	Jagdalpur	01/12
A - 0150/10 R S Lavania	Agra	10/11

**Biennial**

M - 8186/09 Subarta Barman	Kolkata	09/13
M - 7560/10 M L Sharma	Dehradun	10/12
M - 8794/12 Shyama Pada Sen	Jhalda	12/12

**Triennial**

M - 7586/11 N D Arora	Chandigarh	11/13
M - 3565/11 Joginder Singh Bhatti	Bhilai	11/13

**SITAARON SE AAGE .....**

Astronomers have discovered a previously unseen structure centred in the Milky Way. Scientists believe it could be the remnant of an eruption from a supersized black hole at the centre of our galaxy. PTI

**RAILWAY ASKED TO PAY RS 30,000 DAMAGES FOR SEAT POACHING**

by Harish Nair

The Northern Railway was asked by a city Consumer Court to pay a compensation of Rs 30,000 to an elderly woman forced to travel standing for six hours in a train from Agra Cantonment to Jaipur as her reserved seat was occupied by an unauthorised passenger.

Raj Rani Aggarwal, a 72-year-old woman suffering from acute knee pain and back pain and her aged and sick husband G L Aggarwal suffered because their seats were encroached. But, only after she was the complainant before the Consumer Disputes Redressal Forum.

Judges VK Gupta and Vinay Singh said: *"Railways should make sufficient arrangements as the liability of railways commences the moment the consumer (passenger) enters the platform of the railway station. There is no way they can absolve or run away from their responsibility for providing perfect and faultless service."* *"If seats are not provided to the passengers having confirmed tickets, it is sheer deficiency on the part of the railways and they will have to pay heavily,"* the court ruled.

The couple booked two seats on December 26, 2007 on waiting list, which was confirmed later. On the date of journey three days later, they found unauthorised passengers in their seat who refused to vacate. There was no coach attendant or ticket checker till the train reached Alwar. Even there, the Travelling Ticket Examiner (TTE) failed to get the seats vacated.

GM of Northern Rlys termed the allegations "baseless" and denied in the Court that unauthorised passengers occupied the seats. He said many seats were vacant at Agra Cantonment and the TTE even allotted five vacant berths to different passengers. There was no way unauthorised passengers could occupy the coach.

But the judges pointed out that railway did not file any affidavit of the TTE about it. *"There is ample evidence that there was no TTE on duty and the complainant and her husband were deprived of the confirmed berth on the reserved coach, which is a deficiency of service,"* said the Court.



### D R FOR PENSIONERS

	May-10	<b>June-10</b>	July-10	Aug-10	Sep-10	Oct-10
All India CPI (IW) Base 2001=100	172	<b>174</b>	178	178	179	181
% age Increase	43.55	<b>45.05</b>	46.35	47.50	48.65	49.80

Contributed by J N Uppal, Dy Director (Retd), CSO, Min of Planning  
C-26, Amar Colony, Lajpat Nagar-IV, New Delhi - 110 024 - Tel - 2644 8938 (R)



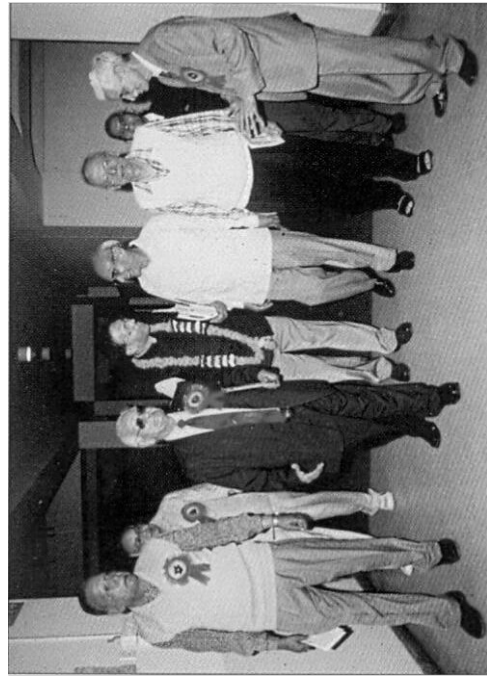
Chief Guest awarding BPS IIrd Prize - Rs 2,000 to Govt Pensioners Assn Hooghly Distt received by R N Dutta



The Women's power : Pritam Arora, P K Goswami, Krishna Thakral, Nirmal Jaitle & Lakshmi Narayanan



Dr A K Merchant awarding BPS IIIrd Prize - Rs 1,000 to P & T and Other CG Pensioners Assn, Ahmedabad - received by Vyas and R S Verma



The Chief Guest being welcomed by BPS office - bearers

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President K C Pipal (on mike) : Shyam Sunder, Maheshwari, Dr A K Merchant, R N Tripathi



Platinum Age Brotherhood : 2010

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