

GOVERNMENT OF INDIA  
MINISTRY OF RAILWAYS  
(RAILWAY BOARD)

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No.2006/H/DC/JCM

New Delhi, dated 12.10.2006.

General Managers,  
All Indian Railways (Including Production Units)  
Chief Medical Officer, Konkan Railway Corpn Ltd,  
C.B.D. Belapur, Navi Mumbai; and  
Director General, RDSO, Lucknow.

Sub:- Clarifications regarding chronic diseases in relation to Fixed Medical Allowance @ Rs. 100/- granted to Railway Pensioners.

As per Board's letter No. PC/V/98/1/7/1/1 dated 21.4.99 a fixed medical allowance @ Rs. 100/- per month is granted to the Railway Pensioners/family Pensioners who are residing beyond 2.5 kms. from Railway Hospital/Health Unit/Dispensary. This fixed medical allowance is given to meet the day to day medical expenses. They are not entitled to receive outdoor treatment from Health Unit/Railway Hospital etc. except in cases of Chronic Diseases.

Arising out of demand in the DC/JCM September, 2006, the definition of Chronic disease and some illness which are to be treated as Chronic ones are hereby stated.

Any disease which persists for a period of approximately three months or more is defined as a chronic disease. Some of the common illness, which are treated as chronic diseases are given below:-

1. Arthritis and related conditions.
2. Cardiovascular disease.
3. Cancer of any part of body.
4. Diabetes mellitus
5. Epilepsy disorders
6. Obesity/chronic weight loss.
7. Tuberculosis.
8. AIDS
9. Oral Health Problem.
10. Chronic skin disorders.

*[Handwritten signature: Pankaj Kapoor]*  
12/10/06

(Dr.Pankaj Kapoor)  
Executive Director/Health (Plg.)  
Railway Board

No.2006/H/DC/JCM/Part-I

New Delhi, dated : 12.10.2006.

Copy to:

1. Chief Medical Directors, All Indian Railways,
2. Chief Medical Superintendents/Medical Superintendents,  
CLW / Cittaranjan (West Bengal); DLW / Varanasi (UP); ICF / Perambur  
(Chennai), DMW / Patiala (Punjab); RCF / Kapurthala (Punjab) & RWF /  
Yelhanaka (Bangalore)..