

# BHARAT PENSIONER

## भारत पेंशनर

Pensioners Unite

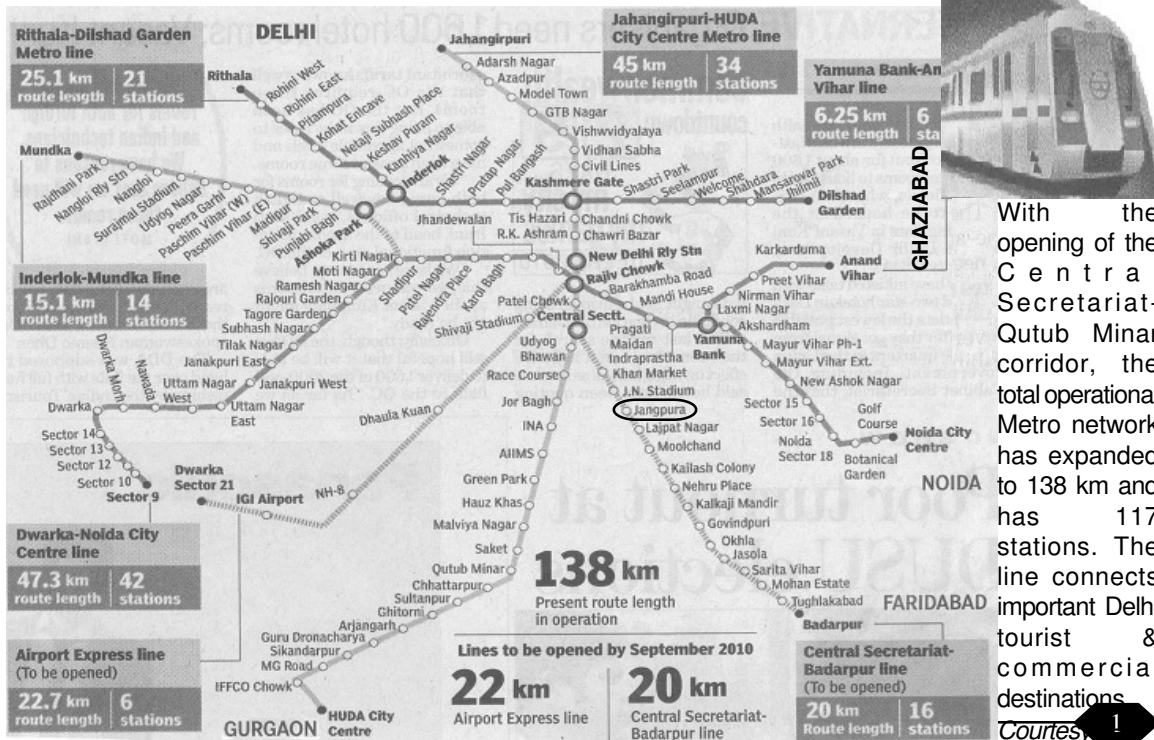
OFFICIAL MONTHLY ORGAN OF THE BHARAT PENSIONERS SAMAJ, NEW DELHI - 110 014

(Federation of All India Pensioners' Associations)

(MEMBER, INTERNATIONAL FEDERATION ON AGEING, TORONTO, CANADA)

DIRECT SUCCESSOR TO "PENSIONER" ESTABLISHED IN 1955

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## BHARAT PENSIONERS SAMAJ, NEW DELHI

(Federation of All India Pensioners' Associations)

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One year	₹ 200	(Foreign)	\$ 50
Two years	₹ 380	Three years	₹ 550

Life Membership : (Available for Office-bearers & Mg Committee members only) ₹ 1,000

Annual Affiliation Fee (Assn/Institution etc) : ₹ 450

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(For any reply, a stamped ₹ 5 envelope must)

## ATTENTION MEMBERS & AFFILIATES

Members, whose renewals are due, are requested to send ₹ 200, ₹ 380 and ₹ 550 for one year, two years and three years respectively through MO or DD in favour of Bharat Pensioners Samaj payable at New Delhi.

Annual affiliation fee for Associations and institutions etc. is ₹ 450. Those willing to get copies of BHARAT PENSIONER through courier for speedy delivery have to send additional courier charges of ₹ 100 per annum for NCR and ₹ 240 pa for other states.

Our SBI Jangpura Branch Code is 01274 and BPS A/c No is 1082518380 for credit thru ecs Add ₹ 25 if deposited in cash. **V K Taneja, Secy(PR)**

## GIVE US UR CONTACT NO

Declaration of the LIFE MEMBER

I am the LIFE MEMBER of BHARAT PENSIONERS SAMAJ, New Delhi from the year ..... (if known) My whole life number is as given above. I hereby affirm that I am alive and my present address and contact number (Tele / Mob) as given below :-

ID No WL - ..... / L - .....

Name : .....

Address.....

Contact Number (T/M) ...../.....

Date : ..... Signatures

NB:- In response to the above appeal asking Life Members to give us Contact No, a large majority have sent us their Declaration. In case of the remaning Life Members, the names of those who send their declaration before 28.02.11 will be retained on the BPS mailing list in vogue. The names of those who fail to respond, shall be removed starting from April, 2011 Issue of BHARAT PENSIONER

Secy Genl

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### **Congratulations to all BSNL pensioners retired before 01.01.2007**

Reproduced below is the letter dt 31.12.2010 addressed to the Secretary (Pension) Govt of India, written by me in the capacity of Secy Genl, BHARAT CENTRAL PENSIONERS CONFEDERATION (BCPC), New Delhi

'Sub : 50% IDA merger with pension to BSNL Pensioners on FCI Precedent

The Illrd National Convention of the Central Pensioners Associations has finalized a Charter of Demands which have been reiterated by the governing council meeting held on 21st Dec 2010, the seventh foremost being 50% IDA merger with pension to BSNL Pensioners on FCI Precedent, as noted below:-

*The IDA of pre-1.1.2007 BSNL employees was merged with the Pay drawn by them as on 31.12.2006. However, this benefit has been unjustly denied to those who had already retired from BSNL on or before 31.12.2006. It is totally discriminatory, unreasonable and unethical that, this benefit, which has already been granted to the pre-2007 pensioners of the Food Corporation of India, has so far been denied to similarly placed BSNL pensioners despite solid promises made from time to time. It is vehemently demanded that this merger be granted without any further delay.'*

Everybody would now be happy to learn that this long pending demand of BPS and BCPC has since been conceded by the Union Cabinet, on the proposal of Kapil Sibal, Minister of Commns & IT, in its meeting held on 20th January, 2011. HEARTY CONGRATULATIONS !

While the formal orders, including detailed Tables for revision of pensions and arrears are still awaited, some of the Pensioners' Associations have made calculations on their own and telecast them on the internet on their respective websites. Until the formal orders from DoT/BSNL are received, these calculations can be said to be provisional and NOT the authenticated amounts receivable by all our members covered by these orders.

In the meantimes, Shreepad V Deshpande, Secy (BSNL / PSUs) - BPS - @ Pune has shot of f two letters to the Director (PP) Deptt of Pension & Pensioners Welfare and Shri Shakeel Ahmed, DDG (Estt) DoT, New Delhi to ensure that relevant Tables are complete & perfect in all respect. The two identical letters are reproduced below.

*Shyam Sunder, Secy Genl BPS*

Letter dt 3.2.2011 from S V Deshpande, Secretary (BSNL/PSU), BPS @ Pune - 411 030 to,  
The Director & Shri Shakeel Ahmed Saheb,  
Pension & Penrs Welfare D.D.G.(Establishment)  
Loknaya Bhawan Dept of Telecom,  
New Delhi - 110 003 New Delhi-110 001

Sub: Revised pension Table for BSNL retirees prior to 1/1/2007.

Respected Sir, We understand that the Cabinet has approved to extend pay revision benefits to the BSNL pensioners, retired prior to 1/1/2007. We are very much happy and congratulate the DoT and in particular BSNL for taking this decision.

From some of the Tables on web-sites telecast by, some of the Pensioners' Association show existing / revised rate of pension & resultant arrears. However the said Tables show the revision of pension starting from Rs. 3500/-, whereas the BSNL pensioners draw minimum pension @ Rs.1275/-.

While issuing official govt. orders, care may please be taken to start the table from Rs1275/-. Also all the pensioners & family pensioners drawing pension from Rs 1275 to Rs 1745 will get minimum revised pension of Rs 3830/- (i.e. 50% of the lowest scale of Rs.7660/- as per the order no. F. No. 40-31/2008-Pen (T) dated 12<sup>th</sup> Aug, 2009 from DoT & applicable to BSNL pensioners also.)

As in VI CPC implementation orders, the Disbursing officers shall send intimation of revised pension in Annexure II to the Pension sanctioning authorities, one sentence may be added that the copy of Annex-II may be given to the pensioner so that he will be able to know the fixation and will keep the record pasted in his P.P.O.

Excuse for the trouble, Thanking you in anticipation Yours sincerely, S.V.Deshpande,  
Secy (BSNL/PSD), BPS @ Pune - 411 030

## A ripple-effect of goodness

**The World Interfaith Harmony Week can help stem growing inter-religious intolerance**



*Tony Blair and Ghazi bin Muhammad*

11 over the world there is a struggle taking place within and about religion. Sometimes it results merely in prejudicial words. Too often it erupts in violence and acts of shocking extremism. The essence of the struggle is this: are people of religious faith prepared to regard those of a different faith with respect and dignity and love? Or do they rather regard them as enemies simply because they don't share the same faith or religion as them? In each of the main religions such a struggle is being waged everywhere. The outcome of such a struggle has immense implications for all of us.

Some people naturally want to say that the answer to this lies in the realm of politics. And politics does have a crucial role to play. But since the dimensions of this struggle are inevitably affected by religion itself, people of faith have to step forward and take responsibility. What is more, because those who are passionate about their faith don't want to act in contradiction to it, the argument in favour of the 'open' approach has to go wider and deeper than simply asking people to behave nicely to one another. It has to address full-on, the spiritual and scriptural basis for mutual respect towards those who follow a different religious or spiritual path.

On October 20, 2010, the United Nations General Assembly unanimously passed a resolution declaring the first week of February of every year the World Interfaith Harmony Week. The resolution was first proposed a month earlier by King Abdullah II of Jordan. It is unique because it promotes harmonious interfaith relations in a

way that specifically draws attention to the scriptural and theological basis for such relations.

Obviously resolutions, no matter how well meaning, do not by themselves alter the world. But this resolution does encourage people who do believe in interreligious harmony and mutual acceptance to stand up and to challenge those whose narrow view of other religions leads to discord and division. It acknowledges the reality that religious discourse on social behaviour is central to the way the 21st century develops.

The resolution's mention of love of God and love of one's neighbour' is also important because without it devout Christians, Muslims and Jews are not likely to sincerely get behind the resolution - and Christians and Muslims alone make up some 55% of the world's population - since Man shall not live by bread alone, but by every word of God... (Luke 4:4 and Matthew 4:4, see also Deuteronomy 8:2-3)... Verily the remembrance of God is of all things the greatest... [the Koran, 29:45]...

Equally, the mention of love of the good and love of one's neighbour' is important because while the Good is God for believers, love of the good and the neighbour is the very essence of goodwill for all people. Thus the resolution includes everyone in the world of all religions, faiths and beliefs, and those of no religion at all.

The World Interfaith Harmony Week has an unprecedented potential to globally turn the tide against religious tensions by

- a) coordinating and uniting the efforts of all the interfaith groups doing positive work with one focused theme at one specific time annually,
- b) harnessing and utilising the collective might of the world's second-largest infrastructure (places of worship) specifically for harmony in the world, and
- c) regularly encouraging the silent majority of preachers to declare themselves for peace and harmony and creating a public record of this.

What can you do? If you are a religious figure a preacher or a teacher, all you have to do is take up the theme of interreligious harmony during the first week of February every year in your instruction. If you would like to register your event or sermon so that others can be apprised of it,

please do so at  
www.worldinterfaithharmonyweek.com.

As a layperson, there are many things you can do. These may include organising a 'Harmony Breakfast' for neighbours of various faiths; doing joint community work; watching a film together; merely talking to your own families about the need for tolerance and harmony; or even just going out of your way to greet someone or smile at someone who is of a different faith. Meaningful events are already taking place around the world.

The real work of loving one's neighbour starts with the neighbour and, therefore, in local communities. A good deed for interfaith harmony is not like a vote for a candidate that loses: it still counts. It counts first for the soul that did it, and is that much the better for it. And it counts by creating a ripple effect of goodness that has unforeseen positive consequences in the future in an ever-widening circle of goodness. So in the first week of February remember God and the neighbour, or the Good and the neighbour. And remember the World Interfaith Harmony Week.

*[Tony Blair is a former prime minister of Britain - and Ghazi bin Muhammad is a Jordanian prince]*

The views expressed by the authors are personal

*Courtesy : Hindustan Times*

## State Pensioners hold rally

Dehradun -The Sevanirvit Rajkiya Pensioners Sangathan Uttarakhand, The Assn held a rally the Gandhi Park on 16.12.10 on the ground that their members have not been paid pension by the State Government. 'The Govt is denying us pension on the pretext-that we are natives of Uttar Pradesh,' they said.

"How can we be natives of UP when our houses and children are here? We have documents to prove this," they said.

District General Secy of the Sangathan PD Gupta said the Administration stopped paying the medical reimbursement and 10 per cent dearness allowance to those who were recruited before formation of the State, stating that the payment would be made according to the Uttar Pradesh guidelines only.

*Courtesy : The TRIBUNE, Chandigarh, thru R K Shukla (WL - 2224, Dehradun)*

## NARENDRANATH DATTA WAS BORN 150 YRS AGO ! The otherworld is not enough

*by Aditya Sen*

I guess you're a family man or woman whose idea of dipping into the spiritual side of things is hanging on to every word uttered by a man dressed in Gandalf White with a wispy beard telling you in a reedy voice how to practise the art of living. I would also venture to guess that your idea of a man of religion is someone who's relinquished all worldly things except the basics that include staying alive.



But Narendranath Datta, born 150 years ago on January 12, 1863, and who gave up on domestic life at the age of 24 to become Swami Vivekananda, not only refused to keep the world at bay but actually went out of his way to celebrate this physical world.

Vivekananda was no Gandhi obsessed with purifying souls. He wanted to maximise life and strengthen lives. At the death of a relative, Vivekananda was found to be in tears. When asked whether it suited a monk to show sorrow, he replied, "A monk has to be even more sensitive and open to emotions than others."

Vivekananda, the snuffsnorting, foodloving, cricket-playing (he played a street version of the game that was simply known as 'batomball') Vedanta scholar and disciple of Ramakrishna Paramahansa, was no mere metaphysical but a champion of the physical world. This was a swami known for cooking American fish chowder, Norwegian fish balls, English boarding house hash and minced pie a la Kashmir.

This man, whose two favourite books were *The Bhagwat Gita* and Thomas Kempis' *The Imitation of Christ*, said before his death at the age of 39: "You will be nearer to heaven through football than through the study of the Gita." No world-rejecting guruji was this.

Aditya Sen is a Delhi-based writer  
*The views expressed by the author are personal*

*Courtesy : Hindustan Times*

## 2011-THE YEAR TO TURN AROUND AND FIGHT

By A B Bardhan

*2011 beckons to us all. The ground work has already been laid in 2010 itself. This is now the year to turn around and fight back. Workers and employees, organised and unorganized, men and women from urban centres and villages, from all States have to come to Delhi to force the government to listen to the mighty voice of the people.*

2010 is over. We have entered the New year 2011, 2010 has been a year of scams / scandals that have given the country, its politics, its economy and social life a bad name, bringing it down in the several human development indices and raising it in the Corruption Index.

But it has also been a year when peoples' resistance has grown. It has been a year when the relatively organised working class led by its parties and trade unions stood up and fought back the several attacks launched against it by the bourgeoisie and its ruling bureaucrats.

These attacks are the failouts of the policies pursued by the ruling class, at present the Congress-led UPA, and preceded by the BJP-led NDA. While the BJP has been, in power or outside it, avowedly com and reactionary, the Congress has been generally secular with the vacillations and opportunism that are always its characteristics.

The year 2010 saw the exposure of one of the biggest scam that originated two or three years before, viz. the 2G Spectrum Scam. Its dimension of Rs. 1,76,000 crores is mind-boggling.

The shock of this scam has rocked and virtually unsettled the entire polity. Parliament has been in a logjam during the entire winter session with no sign of solution as yet. The fully justified demand for Joint Parliamentary Committee (JPC) to probe this scam has met with a dogged refusal of the Congress to concede it. The Prime Minister who states that the P.M. should be above suspicion like Ceaser's wife, offers to face the PAC but not the JPC. This stand of the PM defies all logic and yet he claims that he and his

government have nothing to hide. Dark cloud are hovering over the budget session also, if by then the Congress does not make-up its mind to accept the demand for a JPC. In addition to all opposition parties it has also the support of a number of coalition partners of the Congress.

The corruption surrounding the Commonwealth Games has given rise to a sense of disgust among the people. They looked forward to this Game for which India had canvassed several years before. But even before the games started, corruption, inefficiency and shoddy work had caught up with the Organizing Committee of the Games. The stinking episode gave a bad name to India in the eyes of the world.

The coterie of Congress leaders and their cronies, contractors who are guilty of swindling funds, deserve to be given exemplary punishment. It is quite another thing that our athletes and sports persons by their performance saved us from utter humiliation.

The culture of corruption that has grown under the patronage of the ruling Party is also being witnessed in the Adarsh housing sc'am. One need not go into all details, since they are already in the public domain.

Where does all the money thus embezzled go? An international agency has calculated that more than Rs. 9,00,000 crores have flown out of India and are deposited in Swiss banks and many other offshore tax-havens between 1948 and 2008. Nearly half the amount has been contributed during the period of so-called "Economic Reforms".

It has also been calculated that over the years food grains meant for BPL families in UP amounting to nearby 2,00,000 crores have been diverted abroad and money pocketed by certain agents and traders. Obviously this required patronage from those who were in power.

All these point to a failure of the System, a bankruptcy of Governance. They have deprived the poor. Yet those in power claim to speak about the 'Aam Admi' and shamelessly parrot promises of fighting corruption and giving the country a 'Clean governance'. It is said you can fool one man all the time and all

people for one time, but not all people for all the time. The most dangerous consequence of this misgovernance is that the Congress-led UPA is giving a handle to the BJP-led NDA and paving the way for it. It is only the CPI and other Left Parties who are campaigning against the policies of Neoliberalism, the policies of opening the door wide for corporates entities, big business, MNCs and all others to maximize profits and make a fast buck out of every deal. The Left is not just targeting a few individuals and a few symptoms, but is attacking the entire system of capitalism and the policies of Neoliberalism.

As if to seal the chapter on corruption, the year 2010 closed with the revelation that Win Chaddha and Quattrocchi had indeed received kickbacks from Bofors. As has become the custom with spokesmen of Congress, they are trying to ridicule, explain and laugh away this finding of the Income Tax Appellate Tribunal and even trying to attribute motives to the Tribunal for coming out with this finding on' December 31. Like Banquo's Ghost, Bofors has again come to haunt the Congress. The case needs to be reopened and not closed as the CBI has stated before the appropriate court.

It is these very policies that are responsible for the spiraling prices of fuel, essential commodities, food grains, drugs etc hitting hard all the poor in the country and even sections of the middle class. The year 2010 has witnessed sky-high prices and inflation as never before.

This is one side of the 2010 story. The other side is the growing resistance against the policies pursued by the Congress and their fallout in terms of mammoth corruption and soaring prices.

The year has witnessed several dharnas, rallies, jail bharos and bandhs called by left parties and their allies. The workers organised in their trade unions have naturally been in the fore-front of these actions. They have carried along with them the vast unorganized sections of workers, both urban and rural to participate in these actions. To carry through these policies and to forcibly impose them on the people, the government has resorted to every type of repression, violating all laws, democratic, human and trade union rights.

Even freedom of speech and the right to organise and agitate have been snatched away.

This situation has compelled the Central Trade Unions and Federations to come together and go for joint action on a nationwide scale. For the first time in 2010, the INTUC, which for 60 years had kept away from the Red Flagged TUs except on local issues, has joined hands with the other Central Trade Unions and Federations during the course of: the year. This is a historic step which begins a new era in united TU action.

They have given a call for a mammoth rally before Parliament on February 23, 2011. 2011 beckons to us all. The ground work has already been laid in 2010 itself. This is now the year to turn around and fight back. Workers and employees, organised and unorganized, men and women from urban centres and villages, from all States have to come to Delhi to force the government to listen to the mighty voice of the people. This is the beginning of the year. It has to be followed by more struggles and actions. For this, the Left unity, trade union unity must be strengthened.

\* The Neoliberal policies of pampering the corporates and the rich and ignoring the poor have to end!

\* Prices have to be checked and brought down; profiteers and hoarders must be exposed and punished!

\* Democratic, human and Trade union rights must be protected. No violation should be permitted; repressions must stop!

\* Social security to unorganized workers, farmers, agricultural labourers and widows must be granted!

Com A B Bardhan is Genl Secy,  
Communist Party of India.

*The views expressed by the author are personal  
Courtesy : New Age Weekly, New Delhi*

## **THE TEAR POWER**

They say tears are woman's best arsenal - and they probably are for they are powerful enough to dampen a man's sexual arousal, according to a new study. Israeli researchers found that tears contain chemical signals that decrease sexual arousal and testosterone levels in men.

*Courtesy : IANS*



## **PERSERVERANCE PAID RS. 10.5 LAKHS TO PENSIONER IN SPITE OF NEGATIVE HAT-TRICKS OF U.P.S.C.**

1. Motilal Shakya (now 78) postal pensioner, finally got full arrears of his pension alongwith interest of 8% under the orders of Delhi High Court on 30<sup>th</sup> Nov 2010.
2. Disciplinary proceedings under Rule 14 of CCS (CCA) Rules 1965, against him commenced in 1989 while still in Service in ETAH Postal Division in UP Circle.
3. He retired on superannuation on 31.01.2010 & proceedings continued under Rule 9 of CCS (Pension) Rules 1972.
4. The President recommended to UPSC some cut in pension, but the Commission advised in 1993 to withhold his full monthly pension permanently, even though there was no loss to the Govt.
5. On the advice of UPSC, the President issued orders on 12 March 1993, withholding full pension permanently, but his gratuity was released.
6. Moti Lai Shakya challenged President's order dt. 12.03.1993 before Allahabad Bench of the Central Administrative Tribunal. The Tribunal remanded the case back to the President to reconsider the harsh punishment of withhold-full pension permanently, vide order dt. 8.3.1995.
7. The President reconsidered the fresh representation of Moti Lal in 1997, alongwith the orders dt. 8.3.1995 of the Tribunal & again recommended some cut in pension to UPSC. The Commission once again advised the President to withhold full pension permanently, by ignoring the directions of CAT Allahabad. In fact, President was not legally required to consult UPSC again to review the punishment, since it was as per directions of the Tribunal.
8. President again issued orders dated 16.4.1998 to withhold full pension permanently as advised by UPSC for the second time.
9. Moti Lal again challenged the order dt 16.4.1998 before the Principal Bench at New Delhi, through his counsel Mr G S Lobana Advocate and the Tribunal in their judgment dt 28.6.1999 quashed President's order dt. 16.4.1998 on legal

grounds but gave liberty to President to issue fresh show-cause notice to Moti Lal in this case, if he so desired.

10. President issued show - cause notice on 13.12.1999. Moti Lal sent three representations against the issue of show-cause notice & demanded pension from 1.4.1993 till date, as there was no order in existence to withhold his pension.

11. President again requested UPSC for the 3<sup>rd</sup> time to make their advice available in this case & recommended some cut in pension. But UPSC used "HAT-TRICK" & again advised on 13.11.2000 to withhold full pension permanently, as advised earlier 16.3.1998. Nothing was paid to Moti Lal.

12. President again issued order dt. 19.2.2001 & rejected the representation of Moti Lal. He again challenged the latest order dt. 19.2.2001 before the Principal Bench at Delhi by filing OA No. 1713/2001. The Tribunal, allowed the payment of full pension from 1.4.1993 to 18.2.2001, but upheld the punishment order dt. 19.2.2001.

13. Moti Lal got Rs. 2.11 Lakh as arrears of pension from 1.4.1993 to 18.2.2001 & filed writ petition No. 3097/2002 before Delhi High Court through G.S. Lobana Advocate challenging the Tribunal's orders dt. 4.12.2001.

14. Delhi High Court after 8 years allowed the writ petition vide order dt. 25.5.2009 & ordered payment of full pension from 18.2.2001, till date, with 8% interest. Postal Department filed review petition before Delhi High court which was contested & finally dismissed by High Court on 28.5.2010.

15. As department was not complying with the orders of Delhi Court, Moti Lal had to file a contempt petition against Secretary & Director General Postal Department & Chief PMG Lucknow/ Contempt Petition No. 618/2010 titled Moti Lal Shakya Vs Ms Radhika Doraiswamy was due to come up for hearing in High Court on 3.12.2010. The Department consulted Ministry of Law who advised against filing SLP before Supreme Court in this case.

16. Finally, after 17 years of perseverance & filing 3 OAs & one Writ Petition, one Contempt Petition Department gave him a cheque for Rs. 8,39,698 on 30.11.2010, as arrears of pension plus interest w.e.f. 18.2.2001. Fresh Pension payment order was also issued fixing his basic pension of Rs. 5637.00 w.e.f. 1.1.2006.

17. Only courts of law can save this country of delay in dispensing Justice. How can pensioners still treat UPSC as their friend & well-wishers? I pine: no & never? Rather, UPSC should be rightly called 'Union' Pension Snatching Commission.  
*Courtesy : G.S. LOBANA ADVOCATE, Hon legal consultant, BPS, New Delhi - 110 092*

### **The way to meditate**

*by H N Kundu*

Meditation aims at achieving calmness, peace and silence through a conscious psycho-physical process. The process as well as the outcome takes us to the root of our existence, the essence of which is consciousness and unblemished bliss. It is an advanced yogic method of self-realisation and it takes one through a progressive path to ultimate attainment. At each step, we undergo revelation. It involves cultivation of calmness, concentration, serenity and increasing awareness of self and surroundings beyond the din and bustle of worldly disturbances and turmoil.

Meditation adds meaning and significance to life and fights stress, but very few bother to practice it. The reasons are not very far to seek.

First, it requires strong willpower and an inner urge to meditate. Laziness and lack of determination keep us away from it. If we postpone it for tomorrow, that tomorrow may never come.

Secondly, it calls for faith or intuitive awareness of the presence of eternal cosmic principles or super power which fulfills our sincere efforts. If the same is missing one has to introspect and analyse the purpose of human life and existence. When the mind is silenced the intuition speaks and inner voice whispers. Egotism and intellectual arrogance prohibit peace and silence. It takes time to gain any good thing in life. Hence patience is a must. We should not crave for instant result.

A beginner is always baffled as to how to start meditation. Right action and virtuous living prepares the foundation. But some practice must follow. One way is to sit comfortably in relaxed position with spine erect and breathe in and breathe out.

This develops concentration and preparation for watching the mind. When mind becomes one-pointed after continuous watch, it is withdrawn

from the five senses and fixed on silence. When the body-mind complex is totally silenced with practice and divine wisdom inner peace and silence emerge from within.

*Courtesy : Hindustan Times*

### **Search for contentment**

*by Ajit Bishnoi*

There is a verse in the Bhagavad-Geeta in which Lord Krishna states, "O Partha, there is no compulsion of duty for Me in the three worlds, neither there is anything remaining to be obtained which is also worth getting. Still I am engaged in action." I had not been able to fathom the true purport of these words until recently when I had the blissful feeling that there was nothing further to be obtained and that I have more than everything that I ever desired.

Lord Krishna describes the liberated state in which a soul is in a similar mind-set. Sample this verse: "One, who is blissful within; has satisfaction within; and also has illumination from within, he, immersed in the Brahman, is a yogi; he attains blissful liberation in the Supreme."

How do you achieve such a blissful state? These measures will be helpful. Connection with God is important, without that it is not possible. Lord Krishna assures, "These people who worship Me with undivided attention, meditating, for these regular practitioners of yoga, I help in getting what one does not have and security of what one has." When we have made this connection with God, who is the source of everything, then why would we want to depend on an intermediary?

We also need to transcend material achievements/successes. We desire something material; we strive for it; and many times we succeed. This gives satisfaction, but such feelings are short-lived. They last only till the appearance of new desires. The sequence goes on for everyone except those who have taken complete shelter in God.

This is the real soul consciousness, similar to God's consciousness. At the level of the soul, material cravings cease, and one realises their insufficiency. One becomes blissful; material thoughts disappear. And that is the liberated stage.

*Courtesy : Hindustan Times*

**OUR BUDGET PROPOSALS**

Letter dt 29.01.2011 from Shyam Sunder, Secy Genl, BPS to Hon'ble Shri Pranab Mukherjee, Minister of Finance, New Delhi – 110001

Respected Sir,

Ref : Aspirations of Senior Citizens regarding the National Budget for 2011-12

With hearty Seasons Greetings, Bharat Pensioners Samaj one of the oldest & largest representative Federation of Indian Pensioners, wish to place the following aspirations of Senior Citizens, in respect of the ensuing Union Budget. They are today around 10% of the National Population and mostly representing the community of Aam Adami.

Sir, our financial problems largely arise because most of us are products of the low cost economy era in our Country when the earnings and, hence, savings were meagre compared to the present levels. Now even surviving, with the dwindling returns on the already meagre savings and galloping inflation, has become a challenge. Moreover, most of us suffer with age related health problems and health care has become so costly that Sr Citizens cannot afford it. These are two situations on which Sr citizen have no control. Therefore, to merely survive in the present high cost economy, we have no choice but to ask you, sir, for some financial concessions and we earnestly request you to please consider them favourably.

1] Increase the Tax exemption limit to 5.0 lakhs At present Income Tax exemption limit for Sr. Citizens (65+) is Rs.2.40 lakhs and under the revised DTC it proposed to be raised to Rs.2.50 lakhs. It is most probable that you may refer to it in your Budget Speech.

Sir, Income of Senior Citizens gets reduced day by day due to deteriorating interest rates and unbearable inflation and costly medical facilities. They are unable to fully enjoy the Public Distribution System (PDS) Goods and Services

**BHARAT PENSIONER**

provided by Government for citizens, due to immobility and many other factors. Their ability to pay Tax gets reduced after retirement and from year to year due to less income, more expenditure on food & medicines. Their 'Net Worth' gets reduced considerably as compared to what it was at the beginning of the year. There are many other factors, which also require to be considered. Thus all Senior Citizens should be completely exempted from paying Income Tax. They have paid a lot of Tax for 30-40 years during their earning period and worked hard to post Independence as well as the period of the present Economic Growth. However, if complete exemption cannot be allowed, exemption up to 5 lakhs instead of only 2.50 may be considered sympathetically.

2] Tax deduction at source [TDS] It is a fact that Sr. Citizens are often put to lot of mental stress and confusion as they are required to approach often repeatedly the Income Tax offices for refund of tax deducted at source despite their furnishing "H" Form to the concerned authorities / Banks who still deduct Tax at source through inadvertence and oversight. Moreover after, the introduction of D.T.C., facility of Form 'H' would, it appears, also be not available.

It is therefore, requested that Senior Citizen Community be excluded from purview of TAX Deduction at Source (TDS).

3.] In the Direct Tax code, you have proposed to give some incentives for savings with the hope that people will be encouraged to save. In view of EET proposal and permitting the savings in only four Savings Intermediaries which do not suit Sr. Citizens, they will be discouraged to save anything due to long term schemes & EET. Thus the Sr. citizens will lose the present incentive of getting rebate for savings of Rs 1 lakh and will have to pay more tax to the extent of net saving. Keeping in view their deteriorating financial and physical condition from year to year and their capability to pay tax and to ensure that their Net Worth does not get reduced, rule of EET may not be applied to Senior Citizens and they be allowed to save in the existing schemes like Senior Citizen Saving Scheme 2004 & NSCs.

4.] The plight of Central and State Government and PSU Pensioners. The above categories of

Pensioners are also badly hit by inflation which has eroded considerably their already inadequate pension. Pensions should therefore, be paid net of taxes as was earlier recommended by the 5<sup>th</sup> CPC in their Report. Moreover, pensioners are a homogenous class which cannot be divided on the basis of their date of retirement and pension is not a bounty. It is a statutory, inalienable, legally enforceable right. [S. C. Judgement D. S. Nakara & others vs UOI (AIR 1983, SC 130) & Vth CPC report Para 127.3 to 127.6]. Therefore, the Government is urged to honour the S.C. judgement in letter & spirit and to bring all pensioners at par. 5.] Implementation of the National Policy on Older Persons. The National Policy on Older Persons (NPOP), although announced almost 12 years ago, has witnessed very slow momentum in respect of implementation of various Welfare Programmes for senior citizens, largely due to lack of specific Budgetary provisions. We request that this aspect may kindly be taken care of in your next budget.

It is also urged to implement uniform age criteria for definition of Senior Citizens as 60+ as defined in the National Policy. At present individuals with age 65+ only are considered as Senior Citizens for Financial benefits. This anomaly should be dispensed with and individuals with 60+ age should be considered as eligible for the financial benefits also. Incidentally it may be pointed out as an example that the Maintenance & Welfare of Parents and Senior Citizens Act 2007 has mandated that an Old Age Home be provided in each District. Necessary Provision should be made for this requirement in the Budget. Similarly there are other requirements in existing NPOP such as provision of Multi-service Day Care Centres, Health care at affordable costs, Medical vans etc for the implementation of which budgetary provision will be needed.

6.] Extremely inadequate Old Age Pension to BPL Senior Citizens. Out of the total population of Elders, two third i.e. about 6.5 crores are below poverty line. Under the present high inflationary pressures with high cost of living their position is literally miserable, unhappy and pitiable since they are being provided a paltry monthly pension of Rs. 400 - under Indira Gandhi National Old Age

Pension Scheme, with which they are finding extremely difficult to meet their basic necessities of livelihood. It is therefore, earnestly requested to make specific provision in your ensuing Budget to raise the said monthly pension to Rs.1000/- minimum with equal contribution by State & Central Administrations to all Senior Citizens belonging to BPL category. Sir, this expectation is one of the major ones and may be fulfilled with determination at any cost.

7.] Specific Saving Scheme for Senior Citizens. For financial protection to Elderly Community in this era of Soft Interest Regime, 9% Senior Citizens' Savings Scheme was introduced during UPA-I regime in August 2004 through the Budget announcements. During the intervening periods, there has been huge increase in cost of living with the result that 90% of Sr. Citizens, who, sans pension benefits, have to survive on interest returns on their investments of meagre savings, have been experiencing innumerable difficulties in the maintenance of their livelihood.

Sir, there is an imperative need to extend them adequate financial protection by modifying and enriching the Scheme as 11% Senior Citizens' Savings Scheme. We, therefore, reiterate that the interest rate of the Scheme should be increased to 11% and it be continued with new arrangements for payment before maturity within one year.

8] Higher rate of interest on Savings Bank Accounts. Another measure for financial protection is the enhancement in interest rate of Savings accounts from 3 ½ % (since March 2003) to 4 ½ % p.a. with interest payment on monthly basis on daily products.

9.] Higher 2% rate of interest on Term Deposits. Although all Banks were advised by R.B.I. in April 2001, to pay half to one percent additional interest on term deposits, no Bank is paying one percent additional interest and trying to comply with R.B.I. directives within the range of half percent additional interest. In fact even 1% higher interest is not adequate to provide the desired protection to Senior Citizens and it is requested that there should be provision of additional 2% interest on their term deposits. The benefit of additional interests should be on all types of deposits to fulfill the requirements of financial protection to

Senior Citizens The R.B.I., therefore, needs to be advised suitably through the deliberations of high level body recently established and entitled as Financial Stability and Development Council (FSDC).

10] Issue of Senior Citizens 12% Welfare Bonds. For welfare programme under National Policy on Older Persons, huge amounts would be required. To meet the requirements with ease and without constraints, it is suggested that 12% (tax free) Senior Citizens Welfare Bonds should be announced by the Central Govt. This provision will definitely receive strong support from the Elderly Community since it is learnt that the amount over Rs 50,000 crores was mobilized through 9% Sr. Citizens Savings Scheme.

11] Raise Deposit Insurance Credit Guarantee to Rs. 3.00 lakhs. It is understood that Deposit Insurance Credit Guarantee Corporation Act is before the Parliament for a long time for amendments and modification. The provisions in the Act are pretty old since 1970 or so and the Insurance protection ceiling for Rs. 1.00 lakhs is in vogue since then. It is, therefore, long overdue for enhancement and it is suggested that the ceiling be raised to Rs 3.00 lakhs. The mechanism and procedure layout is stretched to a period of 2 to 3 years for payment of insurance settlement of balance amount as eligible in respect of failed financial institutions. For Senior Citizens, such a period is mentally harassing. To save them from such eventualities, it is suggested to provide in the amendments that the affected Sr. Citizens, Orphans, Destitute, Widows etc. would be paid forthwith fifty percent of the balance amount or insurance amount whichever is less without waiting for the procedures or formalities to be fulfilled. Such provisions would ensure due protection to Sr. Citizens and would save them from mental uneasiness and anxieties arising out of inconvenience and fear of saving being blocked in the concerned financial institutions.

Sir, we have placed before you in brief our major financial aspirations. Considering the increasing span of life and limited resources at the disposal of Senior. Citizens; we feel confident that you will positively consider to translate the above aspirations into reality and get their blessings for accomplishment of your missions.

Sir, it is observed that before the Budget you arrange meetings with different sections of society to hear their views. We shall be thankful if you would consider Bharat Pensioners Samaj similarly so that there would be meaningful interaction to understand one another with relevant perspectives. We ardently look forward to your communication in this regard.

With Blessings from Elderly Community and regards Yours faithfully,

### **BPS : RLY BUDGET PROPOSALS**

Letter dt 29.01.2011 from Shyam Sunder, Secy Gen, BPS to Hon. Ms Mamta Banerjee, Railway Minister, New Delhi - 110001

Respected Madam,

Re: Railway budget for 2011-12 vis a vis expectations of Senior Citizens

On behalf of Bharat Pensioners Samaj, the undersigned presents hearty Season's Greetings and wish to place before your good self few major expectations of the elderly community for your sympathetic and favourable consideration. Madam, we are fully aware of your benevolent approach towards the under-privileged and neglected sections of the society and, therefore, we feel confident that you will positively take the same approach towards the Senior Citizens who today form 9% [10 crore] of the total population. According to a recent Survey, 66% of them are below the poverty line and majority suffer with age related disabilities and, hence, their problems deserve your special consideration. In view of this, Bharat Pensioners Samaj would like to place before you the following requests,

1] Concession in fares of Passenger Trains  
Concession in rail fares are not available for passenger trains, with the result poorer Senior Citizens that coming from the rural areas, who pre-dominantly travel in these trains are first excluded from this benefit. Please, therefore, consider to include the said concession to them also in your ensuing budget.

2] 50% Concession to male Senior Citizens also Female Sr. Citizens (50+) have been availing 50% concession in rail fares for the last several years, while the male Senior Citizens have been retained at the lower rate of 30%. We implore you to remove this anomaly and grant 50% concession to male Senior Citizens [60+] also.

3] Concession in reservation charges and Tatkal fares also

Like concessions in Rail fares, it is advocated that same concessions may be considered in respect of reservation charges and also in Tatkal fares. You will please appreciate that the reservation charges are also the integral part of the travel expenses.

4] One free attendant to be permitted to accompany the Oldest old Senior Citizens [80+] The acute start as 80 as already conceded by the 6<sup>th</sup> Central Pay Commission. These 80+ Senior Citizens age-related physical disabilities, therefore require the help of an attendant. We request that an attendant may be permitted to travel free with them to assist and help them. Similar facility is already provided to the physically disabled and the Freedom Fighters without any age restriction.

5] Provision of escalators on important stations and ramps on others

In one of the previous rail Budgets, there was an announcement that escalators would be installed on important stations but this facility is yet to be installed at most of them. It is often a torture for senior Citizens to climb up the platform bridges specially with luggage. Provision of this facility will be a great boon for the Senior Citizens, elderly women, the sick and the disabled. Where escalators cannot be installed, provision of ramps may be considered.

6] Provision of separate Compartment for Senior Citizens in local trains

The local trains are often so heavily crowded that it becomes almost impossible for Senior Citizens to get into the train or to alight therefrom. Separate compartments are provided for the disabled and women in view of the same problem. We request that the same facility may be provided for Senior Citizens also.

We are thankful for the facility available in Mumbai Local trains but with restricted time reservation [12 PM to 5 PM] is available. Yet, practically, it is not very useful because the passengers do not vacate the seats. Therefore, we request that a compartment exclusively reserved for Senior Citizens should be provided for the whole day.

7. Lower berth quota for Sr. Citizens: Sr Citizens very often travel for pilgrimage or to meet their near & dear ones residing in other towns and cities. Most of them suffer from Arthritis, Joint pain, Heart disease, Urine inconsistency etc which renders them unfit to climb up the upper berths. The present combined quota (i.e Sr Citizens, Pregnant ladies & the ladies of age 45 years & above) of only two lower berths in each coach is grossly insufficient. In view of the fact that old age is a disability & that demographic pendulum now swings towards 60+. The honourable Minister is requested to raise Sr citizen lower berth quota to 6 berths per coach.

8. Medical facilities to Rly's own Sr Citizens i.e. Rly. Pensioners:

Medical attention & treatment:-

Medical attention and Treatment is a matter of prime concern to Rly Pensioners. As is well-known, Medicare needs increase with age. Apart from Diagnostic & Pharmaceutical requirements, they also need Psychological & Emotional handling with much better Doctor - Patient relationship. A lot of jobs need to be taken care of by the Rly's Medical department, in this field. The Honourable Minister is therefore requested to take some of the following measures:

8(i) To issue 'Smart Card' (on CGHS pattern) to all RELHS beneficiaries

with all India five years' validity, for Medical attendance and treatment, in all medical emergencies without prior referral by the A.M.A. Earlier, in March 2008, N. Rly had half-heartedly launched the Smart Card Pilot project in NCR. In the first year itself, Smart Cards were issued, after a great hassle, at a cost of Rs 120/- each in the month of June. The Card expired on 21<sup>st</sup> of August, 2008. Again the Cards were renewed in June, 2009 and, once again, expired on 21<sup>st</sup> of August, 2009. Thereafter, these cards have not so far been

renewed. Some of the deficiencies noticed in the Pilot project were as follows: -

(i) Only three Medical Emergencies i.e cardiac, cancer & dialysis were covered. General Medical Emergencies & Neurology were left out.

(ii) Though the Smart Card was supposed to be covering the NCR region yet only the hospitals located in Delhi were included. Even the hospitals on panel for emergency treatment in other NCR towns were left out.

(iii) Poor response from hospitals was mainly because of hassles in bill payment. This problem needs to be addressed suitably.

8(ii) It would be necessary to especially sensitize the Rly Doctors with a view to ensuring that they behave properly with elderly patients, give them patient hearing, carry out proper clinical examination followed by periodical Diagnostic investigation, hassle-free timely specialized consultation, referral facility whenever required and, finally, that only good quality medicines are dispensed to them.

This may be possible only when the workload pressure on OPD Doctors is reduced and simultaneously they are duly sensitized & trained in handling geriatric patients.

8(iii) In the existing Sr Citizen OPDs in Divisional & Zonal hospitals, the facility should be strengthened and new OPDs opened where it does not exist at present. Separate nominated days & time periods be fixed for Specialist consultation so that the elderly do not have to stand in long queues for long periods & the Doctors are able to pay them adequate attention.

8(iv) At outstations where H.U.s & Lockup Dispensaries exist, while the specialized OPD consultations be outsourced but the existing procedure of dispensing of medicines and making referrals departmentally through Rly's Health Units / Lockup Dispensaries themselves be continued.

8(v) In the CGHS, the cost of Smart Card is borne by the Ministry of Health & Family Welfare. Why then should the Rly pensioner be penalized to pay the cost? The Smart Card would be immensely popular if the cost thereof is borne by the Rlys.

8(vi) Constitute the multi-level Hospital Advisory & Grievance Redressal Committees with the

participation of pensioners' representatives on CGHS pattern.

8(vii) RELHS has already been made mandatory for future retirees wef 16.03.2010. Very few eligible persons especially the widows and secondary family pensioners such as unmarried / widowed / divorced daughters, mentally / physically visually disabled sons, are left out due to various reasons which may be beyond their own control. The Rly Board may therefore directed to honour the Hon'ble Supreme Court judgement in the case of Consumer Education & Research Centre & Others v/s UOI & Others in writ petition (C) No.206 of 1986 {AIR 95 Vol. 82 Page 922} wherein it was held "we therefore hold that right to medical aid to protect the health & vigour of a worker while in service or post-retirement is a Fundamental Right under Article 21, read with Article 39(e), 41,43,48A and all the related articles and Fundamental Human Rights to make the life of the workman." (Para 27). There are other higher courts judgements too which need to be followed. The Delhi High Court Judgements in W.P © No.889/2007-DOJ-12.03.2010 – Kishan Chand Vs Govt. of N.C.T. & Others wherein the honourable court ruled "It is a settled legal position that a Government employee, during his lifetime or after his retirement, is entitled to get medical reimbursement and no fetters can be placed on his rights on the pretext that he has not opted to become a member of any scheme." The Board be, therefore, directed to make RELHS an open-ended scheme w/o lockin period (like CGHS) without linking it to qualifying service of 20 years and which should be available w/o any hassle to all past Pensioners / Family pensioners including the secondary Family Pensioners who are given medical facilities at par with other pensioners, by CGHS & ECHS i.e. the Ministry of Health & Family Welfare & the Ministry of Defence respectively.

To sum up, we earnestly request you to please consider our requests favourably for the overall welfare of the Elderly Community.

With Blessings, in the age-old Indian tradition, from the Elderly Community, Yours faithfully,

**Exercising Judgment !**

by VINOD MEHTA Editor-in-chief, Outlook

It has been a bad year for two of the country's four estates. Both were perceived with some justification as being the nation's last bastion to keep democracy alive and keep the dreams of our founding fathers within reach. The media and the judiciary have taken body blows, suffering in the process a profound credibility crisis, the implications of which are potentially catastrophic. Thankfully, in the media we see some introspection with efforts being made to win back public trust. Most of the journalists involved have come around to acknowledging that they are guilty of misconduct or misjudgement or gullibility or duplicity. Speaking on the telephone, the lifeblood of reporting, is now undertaken with a degree of caution bordering on paranoia. One estate is fighting back.

I wish I could say the same for the judiciary. Till now, the country has consoled itself with fond belief that the higher judiciary is mostly clean and competent. All the bad apples were supposed to exist in the lower courts. What we witness now is a reversal. Most bad apples seem to exist in the high/supreme courts, while the lower courts are packed with clean and conscientious judges.

Two former Chief Justices of India, Y.K. Sabharwal and K.G. Balakrishnan, have brazenly looted the country in a manner which makes telecom Raja's escapades seem like small change. Yet, while the occasional anxiety ("*something needs to be done*") is heard, our honble judges and their acolytes are in denial, with the two former Chief Justices themselves biding their time, convinced the storm will soon blow over. And they will live happily ever after. The record of the "dirty" judges in office is horrendous: they were not one-time but serial offenders. It is amazing they found any time to do their official duties, so embroiled were they in making money.

Corrective action? Punishment? Our not-so-clean politicians are itching to take on the task, but in their hands the cure would be worse than the disease. Any suggestions?

The views expressed by the author are personal  
Courtesy : OUTLOOK Weekly, New Delhi

**Low-cost drugs :  
key to health for all**

by Sanchita Sharma

Setting up a national network of pharmacies to produce generic low-cost drugs and establishing a mechanism of bulk purchase of patented drugs to make them affordable are some ways to make healthcare accessible to all, recommend the country's top public health experts in The Lancet India Series Special - released on Monday. (10.01.11)

Health costs push 39 million of India's 1.2 billion people below the poverty line each year, with out-of-pocket spending accounting for 78.1% of total spending on health. Insurance and the Public Sector account for a very small proportion of the burden, unlike in the West where 80% of the spending is by governments. "*To create a health system that works for all, public spending on health should be gradually raised from the current 1.1 % to 6% and 15% of tax revenues — including new taxes on tobacco, alcohol and unhealthy foods — should be earmarked for health,*" said Dr K Srinath Reddy, president of the Public Foundation of India and Indian editor of the series that a wide-ranging review of India's under-resourced health system.

The Special Issue gives an overview of the most critical challenges facing healthcare delivery: health financing human resources for health, infectious diseases, reproductive health, chronic diseases and injuries and health care and equity. "*India's continued economic growth will be at risk if adequate steps are not taken quickly to invest in the health of its citizens,*" said Richard Horton, editor, The Lancet, which has published similar series on, Mexico, South Africa and China.

More than one in five Indians has a chronic disease such as heart diseases, diabetes or cancer, while over one in 10 has more than one disease, said the paper on chronic diseases.

Courtesy : Hindustan Times

**DONATE LIBERALLY TO BPS FOR THE  
PENSIONERS' CAUSE.**



**Long live A K HANGAL !****HANGAL IS 95**

Yesteryears' actor A.K. Hangal, who has entertained us in over 125 films, including as Rahim Chacha in Sholay, is struggling for life with kidney disease. The 95-year-old actor's medicine bill alone amounts to ₹ 15,000 pm

and is in a dire situation to meet the requirement and the only family member left to look after him is 74-year-old son, Vijay, a retired photographer.

With the actor getting media attention, it is heartening to see a few of who's who come forward to help the ailing actor. Moved by Hangal's plight, BJP leader Mukhtar Abbas Naqvi, who has also been associated with the film industry as a script writer, has shot off letters to PM Manmohan Singh and MH CM PR Chavan asking them not only to offer some help to the ailing artiste, but also create an institutional mechanism to lend financial support to artistes, when they are in dire need.

"The most important thing is that Mr Hangal gave his whole life to cinema and society. It is most unfortunate that he is suffering, as he has no money to get medical aid at this age. This is a serious problem, which is not limited only to Hangal saheb, I have asked both the PM and the Maharashtra chief minister to ensure that such people, who are involved in cinema and society must get assistance, when they need it," Mr Naqvi said. The BJP leader informed that he has handed over his two-month's salary (1 lakh) to Hangal's son Vijay and asked him to keep in touch for any future need.

**A K Hangal is the national President,  
INDIAN PEOPLES THEATRE ASSN (IPTA)**

*Shyam Sunder is Prez, Delhi Chapter of IPTA*  
Contribute liberally for the long life of the Octogenarian A K Hangal. Contributions can be deposited in local branch of DENA BANK @ A K Hangal acc no 10810002666 or DD/Cheq in his favour : # 3, Saraswati Mansion, 4th Road, Santacruz (E), Mumbai - 400 055

Tel : 0222106024, Son - Vijay - 09833363830  
**BHARAT PENSIONER**

**Memory boosting protein**

Finally, a cure for forgetfulness is in sight. Studies in rats showed that a protein like molecule that occurs naturally in the human brain during memory formation enhanced some types of memories, reports a study in the journal Nature.

The study showed improvement in an area of memory known as declarative memory the ability to remember places, facts and things. Declarative memory is affected in Alzheimer's disease and other forms of dementia, and researchers have long sought ways to improve or preserve it. It is too early to say whether the protein-called IGF-II will be useful in humans, but the substance holds promise because it can cross the blood brain ' barrier. This makes it possible for it to be administered through the blood-stream or as a vapour through the nose.

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**UPA GOVT's NEGATIVE,  
RESPONSE TO PENSIONERS'  
IMPORTANT & VITAL DEMAND**

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No. 38/6/11-P&FW(A) dt 12.01.2011 Ministry of Personnel, P G P Deptt of Pension and Pensioners Welfare, New Delhi - 110 003 to Shri Shyam Sunder, Secretary General, Bharat Central Pensioners Confederation, 2/13A, LGF, Jangpura-'A', New Delhi-110014.

Sub: Revision of pension of pre-2006 pensioners

Please refer to your letter No.BCPC/SG/D2/2K10 dated 31.12.2010 on the above subject.

2. The issues raised in your representation have already been examined and it has been clarified in this Department's O.M. No. 38/37/08-P&PW(A) dated 11.02.2009, 12.05.2009 and 19.03.2010 (available on our website i.e. <http://pensionersportal.gov.in>), after consultation with Ministry of Finance (Department of Expenditure), that orders relating to revision of pension of pre-2006 pensioners have been correctly issued as per the recommendations of the Sixth Central Pay Commission and that no change is required to be made in this regard. Yours faithfully,

Harjit Singh, Under Secretary to Gol

**Reshuffling the same old pack**

Pankaj Vohra, Political Editor

Prime Minister Manmohan Singh announced shortly after the Cabinet reshuffle that he would have another one after the budget. The remark itself perhaps indicated that the PM whose prerogative it is to have the council of ministers of his choice was dissatisfied with this outcome. In other words, he could not exercise his prerogative and had to give in to the compulsions of coalition politics as well as party pressures. The party and the government have squandered away a golden opportunity for course correction and have, in fact, weakened the institution of the PM.

Singh has emerged as someone who has little say in who should be part of his team. The dynamics within the organisation has ensured that no one was dropped. Instead there have been some additions. The reshuffle does not reflect whether the changes made were to reward a few or punish others. Yes, it is true that the ministers connected with the organisation of the Commonwealth Games S Jaipal Reddy, Manohar Singh Gill and Kumari Selja — were relieved of urban development, sports and tourism respectively. But they have landed equally good portfolios. No one can explain whether Kama Nath's shifting from the roads and highways ministry to urban development is a promotion or demotion. Why has Virbhadra Singh, the tallest leader from Himachal Pradesh been given a nondescript portfolio and why was there hesitation in showing a lightweight like Gill the door?

Three ministers were inducted or elevated from Uttar Pradesh but this will have no bearing on the state politics a year ahead of the polls which the Congress badly wants to win. Salman Khursheed should have made it to the Cabinet in the first place but this time has got a promotion in a ministry which will not help his party consolidate its position. Sriprakash Jaiswal has got Cabinet rank only because of his proximity to 10 Janpath and Beni Prasad Verma who got the Kurmi votes for the Congress in the 2009 polls has been humiliated by being given only a minister of state rank when he was a Cabinet minister 14 years ago.

It has been a subject of speculation in political circles that Singh wanted to bring in Montek Singh Ahluwalia, the deputy chairman of the Planning Commission, as the new finance minister. Supporters of Pranab Mukherjee were also keen that he should get the rank of deputy prime minister even if he did not get any portfolio. But that the two moves were put in abeyance. The fallout of this unhappiness may be reflected in the functioning of the government whose leadership was unable to evaluate some ministers in internal exams. How these failed ministers will perform in the boards after the budget session is anybody's guess.

The government and the party are in self-destructive mode. It is also difficult to believe that another reshuffle may actually take place in the life of this government given its track record of indecision. The belief that Cabinet formation is the prerogative of the PM is a myth. State craft mandarin Machiavelli has in his book — *The Prince* — and his discourses stated that power does not lie with the Chair but elsewhere. In the Indian context, it could be broadly interpreted as the Prime Minister's Office and the Congress president's closest advisers. The reshuffle has their stamp. Unless the PM gets a free hand, the government and the party will keep sending out the wrong signals. The latest signals do not portend well for a happy future.

The views expressed by the author are personal

*Courtesy : Hindustan Times*

**Olive oil kills depression**

Eating processed foods including trans-fats and saturated fats increase the risk of depression. Olive oil, on the other hand, protects against this mental illness, found a US study of 12,059 people over six years. People who ate food high in trans-fats (fats present in artificial form in industrially-produced fast food and naturally present in some whole milk products) had a 48% increase in the risk of depression than those who had a healthy diet. Trans-fats also raise risk of heart disease and stroke.

*Courtesy : Hindustan Times*

## Health Ministry bans Nimesulide and 2 other drugs

### USE PARACETAMOL : WHO

by Sanchita Sharma

Three controversial drugs — nimesulide, suspension to treat pain and fever in children, cisapride for stomach acid reflux, and phenylpropanolamine (PPA), a component of popular cold and cough syrups — have been declared unsafe by the Union Health Ministry's Drugs Technical Advisory Board (DTAB) and will be banned.

Experts, however, say the ban has come too late. It is because most pharmaceutical companies in India have stopped manufacturing these drugs following their ban in many developed countries, including the Britain, Canada, Sweden, Denmark, Australia, New Zealand and Japan. Nimesulide has never been filed for food and drug administration evaluation for sale in the US, where it is not marketed. *"It's an eyewash. The combined worth of all three drugs is just 20 crore of India's ₹ 50,000-crore pharma market. If the Drug Controller General of India (DCGI) wants an effective ban that benefits people, he should ban nimesulide tablets, which accounts for 99% of the ₹ 300 crore nimesulide market,"* said Dr Chandra M Gulati, Delhi-based editor of the journal, Monthly Index of Medical Specialities.

In India, nimesulide tablets are routinely prescribed for inflammation, pain and fever because they have a longer-lasting effect. Unlike paracetamol, which usually acts for 4-6 hours, nimesulide brings down pain and fever for 12-18 hours. However, the side effects include liver damage. The World Health Organization recommends paracetamol, which should be the first drug of choice for fever, followed by ibuprofen.

The other unsafe drugs banned are cisapride, which was found to cause irregular heartbeats. It has 2 crore market. PPA is a component of cold and cough remedies and commands a 3.5 crore market. Despite repeated attempts, DCGI Dr Surinder Singh could not be reached for comment.

*Courtesy : Hindustan Times*

Letter No. 17(4)72008(1)/D (Pen/Policy) dt 21.05.2009 from Ministry of Defence, Deptt of Ex-Servicemen Welfare, New Delhi to The Chief of the Army Staff/The Chief of the Naval Staff/The Chief of the Air Staff

Sub: Implementation of the Government Decision on the recommendations of the 6th CPC - revision of pension of pre-1.1.2006 Armed Forces Pensioners / Family Pensioners

The undersigned is directed to refer to this Ministry's letter No. 17(4)72008(1)/ D(Pen/Policy) dated 11.11.2008 on the above subject as amended vide this Ministry's letter of even No. dated 20.1.2009 and to state that the pay structure for the rank of Lieutenant Colonel in the Army (other than MNS Officers) and equivalent ranks in Navy and Air Force issued in implementation of the recommendations of Sixth CPC, has been further revised under Special Army Instruction No. 2/S/2008, Special Navy Instruction No. 2/S/2008 and Special Air Force Instruction No. 2/S/2008 dated 21<sup>st</sup> April 2009 respectively, under which Lieutenant Colonel and equivalent officer in Navy and Air Force have been placed in Pay Band - 4 (i.e. Rs. 37400 - Rs. 67000) with Grade Pay of Rs. 8,000/- p.m. and MSP of Rs. 6,000/- p.m. Accordingly, the rates of minimum guaranteed pension/family pension for the rank of Lieutenant Colonel (Substantive)/Lieutenant Colonel (Time Scale) and equivalent ranks in Navy & Air Force, as notified in Annexure-II (Revised) to this Ministry's above quoted letter dated 20.1.2009, are substituted with the rates indicated in enclosed Annexure.

2. All other entries remain unchanged.

3. This issues with the concurrence of the Finance Division of this Ministry vide their UO No.1817/09/D(Fin/Pen) dated 5.5.2009.

Harbans Singh, Director (Pension Policy)

## AMERICAN LIFESTYLE : GREAT RISKS !

It (American lifestyle) is a paradigm fraught with grave risks. I shudder to think what will happen if we (in India) follow the suburban model of urbanisation.

Jairam Ramesh, Environment Minister

**DIGITAL HEARING AID :  
REIMBURSEMENT**

OM No.S I1025/IO/2002-MS from dt 17/21.11.06  
Ministry of Health and F W (Deptt of Health)  
Nirman Bhavan, New Delhi.

Sub: Revision in the schedule of charges/  
procedure for reimbursement of expenses on  
purchase/replacement/repair/adjustment of  
Hearing Aid under CS (MA) Rules, 1944 -  
Clarification regarding.

In continuation of this Ministry's O.M. .Nos.  
S.14025/36/93-MS dated 26.3.9-1 and 17.8 1999  
and partial modification in O.M.No.S.I4025/10/  
2002-MS dt 28.10.2002 of even number  
19.12.2003 on the subject mentioned above the  
undersigned is directed to say that the rates and  
procedure in this behalf as prevail in CGHS will  
be applicable to Central Government servants  
covered under CS(MA) Rules, 1944 also.

2 The special circumstances under which the  
digital (hearing aid may be reimbursed upto a limit  
of Rs 30,000/- (Rupees Thirty thousand only for  
one Ear) should include:

(a) Moderate to Severe Sensory Neural Hearing  
Loss with Aided Speech Discrimination Score,  
which cannot be improvised do 70% by use of  
Analog Hearing Aid/

(b) Sharply sloping audiogram seen on Pure Tone  
Audiometry, inverted V audiogram or U shaped  
audiogram involving 2000 Hz.

3 This should be done on the recommendation  
2 ENT Surgeons of 2 different Government  
Hospitals who have facilities to audiometric  
assessment and have all performed their  
independent audiological assessment and an  
undertaking that has not been reimbursed a digital  
hearing aid in the preceding Five years.

4 However, factors like (the age of the patient /  
educational or work requirement and bilateral  
congenital losses can also be taken into  
consideration by the prescribed Surgeons for  
prescribing hearing aids based on digital  
technology. The request for the procurement of  
digital hearing aid need not be put up to the  
Standing Committee

5 The technical expert competent to condemn

a hearing aid after 5 years would be the Service  
Engineer of the authorised Hearing Aid Centre/  
Denier. The above certificate would be required to  
be countersigned by the ENT Surgeon of  
Government Hospital.

6 These orders will be applicable to both  
type of beneficiaries viz CGHS beneficiaries and  
the beneficiaries covered under CS (MA)  
Rules.1944

7 This issues with the concurrence of Internal  
finance Division vide their Dy No5689/06-IFD dated  
the 18<sup>th</sup> Oct. 2006.

8. The orders will come into effect from the date  
of issue R. RAVI, Deputy Secy to Gol

**CHECKLIST FOR HEARING-AID**

CGHS North Zone, Delhi CIRCULAR dt 23.07.10 All  
the CMO Incharges of the Wellness Centres under  
CGHS North Zone are requested to forward all the  
requests for approval of Hearing Aids of their CGHS  
beneficiaries as per following guidelines/check list  
A) FOR APPROVAL / PERMISSION:-

- (i) Request from the Card holder/claimant.
- (ii) Valid prescription with Name, Signature and  
Office Seal of the ENT surgeon/s.
- (iii) Audiogram Report/s signed by card holder/  
claimant.
- (iv) Undertaking from the claimant for not taken any  
Hearing Aid within last 5 years from Govt, funds
- (v) Three rate quotations from different intended  
suppliers.
- (vi) All the papers are duly verified / attested by  
concerned CMO I/C with Seal.
- (vii) Copy of CGHS Token Card of patient as well as  
of the Card holder.

B) FOR REIMBURSEMENT / SANCTION:-

The reimbursement of the medical claim would  
be considered subject to the Original OPD  
prescription/s. Original Audiogram/s, Empty Box -  
duly signed by - CGHS card holder, Original Referral  
Slip, Original Permission Letter duly signed by card  
holder / claimant along with complete set of claim  
papers/bills.

- Each and every page of claim papers are signed  
by the claimant.
- The beneficiary may be asked to bring Hearing  
Aid Machine at the time of Medical  
reimbursement to check specifications.
- The periodic verification of Signature and Seal  
of the Consultant /ENT (by CGHS Addl Director)

**PRE-2006 - ISSUANCE OF  
REVISED PPOs : BANKS / PAOs  
goaded to expedite**

Circular letter No. CPAO/TECH/Annexure III/2010-11/953 dt 06.12.10 from Ministry of Finance, Department of Expenditure, Central Pension Accounting Office, Trikoot-II, Bhikaji Cama Place, New Delhi - 110 066

Sub : Meeting with the representatives of Banks and other Government Pensioners Departments regarding issue of revised PPOs in respect of pre-2006

Reference is invited to the enclosed minutes of the meeting held on 12th November 2010 under the chairmanship of Secretary (Pension, AR&PG) to sort out the issues relating to issuance of revised PPOs for pre-2006 pensioners. Necessary action as directed therein may be taken on all matters discussed and reviewed at a senior level on a continued basis. The Nodal Officer appointed may be given clear directions in this matter.

2. The status of issue of Annexure III by the Banks was reviewed in the meeting on the basis of inputs received from the Banks and CPAO. It was observed that in many cases, there is a variation in the information on number of Annexure III available in CPAO and the reports in number of Annexure III despatched provided by the Banks. All Banks may ensure that Annexure III in respect of each pensioner is reached to his PAO in the Ministry/Department from where he retired by 31st Dec. 2010 with a copy to CPAO.

3. The status of Annexure III reported by banks alongwith action to be taken on their part is also attached herewith. To facilitate follow-up action all banks have been directed to provide a PAO-wise and PPO-wise list of Annexures III sent by them (indicating reference number of despatch postal addresses of PAO addressed and disbursing Bank branch) to CPAO by 20th December, 2010. This may be sent electronically at the email id psarada.cpa@gmail.com. Alternatively, the hard copy of the list may be sent by name to Ms. P.

Sarada, Sr. Accounts Officer, Technical Section CPAO. The same may also be sent to Deptt of Pension and PW, 3rd Floor Lok Nayak Bhawan, Khan Market, New Delhi.

4. On scrutiny of Annexure III received from the Banks, the following irregularities have been observed,

- a) Some Banks have sent the copy of Annexure-III to CPAO but may not have sent to concerned Pay and Accounts Office i.e. PPO issuing authority.
- b) The quality of copies of Annexure III is a matter of concern as a number of Annexure III received by CPAO are not in a prescribed format.
- c) Some Banks seem to have resent Annexure III resulting in multiple counts.
- d) Annexure III for other than Central Civil Pensioners have also been sent to CPAO.

5. All Banks are hereby directed to rectify the above irregularities and complete the work of issuing Annexure IIIs latest by 31st December, 2010 failing which the matter will be referred by Department of Pension & Pensioner's Welfare to Department of Financial Services, Ministry of Finance.

6. All Banks are also directed to furnish (and confirm adequacy of files in CPAO) the master data of Central Civil Pensioners in a soft copy in the prescribed format for reconciliation with database of CPAO (if not already done) by 31st January 2011. This would be a mandatory requirement for switching over to CPPC. The approval for transition to CPPC would be considered only if the master data has been reconciled PPO-wise based on receipt of files. A time table will be issued for the Bank for detailed reconciliation.

7. For any queries, the banks may contact Ms P. Sarada Senior Accounts Officer, Technical Section. Tel No. 2453 0027

Siddharth Sharma, Controller of Accounts

**WEED OUT**

Everyone must come forward to weed out corruption

Meira Kumar, Speaker Lok Sabha

OM No. 33/5/2009-P&PW (F) dt 10.12.2010  
Ministry of Personnel, PG & Pensions, Deptt of  
Pension & PW, New Delhi-110003

Sub: Special benefits in cases of death and  
disability in service - payment of disability pension/  
family pension - relaxation of qualifying service -

The undersigned is directed to say that the scales of disability pension admissible; under CCS (HOP) Rules were laid down in para 3 of Department of Pension & Pensioners' Welfare's O.M. No.45/22/97-P&PW(C) dated 3.2.2000. The said O.M. dated 3.2.2000 was modified vide Department of Pension & Pensioners' Welfare's O.M. No.45/3/2008-P&PW (F) dated 18-11-2008.

2. The service element of the disability pension under Categories 'B' and 'C' of this Departments' O.M. No.45/22/97-P&PW(C) dated 3.2.2000 is regulated by the CCS (Pension) Rules, 1972 and CCS (EOP) Rules, according to which only service gratuity is admissible to Government servants with less than 10 years qualifying service and pension is admissible for qualifying service of 10 years or more. The matter has been reviewed by the Government considering the hardships being faced by the disabled Govt. servants who have less than 10 years qualifying service at the time of discharge and it has been decided that the disability pension of Govt. servants who are discharged from Govt. service will be regulated as under:

Disability Pension - for cases covered under categories 'B' and 'C'

(1) Disability pension comprising a service element equal to the retiring pension (@50% of the emoluments or average emoluments received during the last 10 months, whichever is more beneficial to the Government servant) and gratuity admissible under the CCS (Pension) Rules, 1972, plus disability element equal to 30% of basic pay, for 100% disability. There shall be no condition of minimum qualifying service for earning service element. No service, gratuity would be admissible. The condition of minimum of qualifying service of 5 years for payment of gratuity would continue to be admissible/applicable in accordance with Rule 50 of CCS (Pension) Rules, 1972.

(2) For disability less than 100%, disability element of disability pension shall be reduced proportionately. In cases of disability pension where permanent disability is not less than 60%, the disability pension (i.e. total of service element plus disability element) shall not be less than 60% of the reckonable emoluments last drawn subject to a minimum of Rs. 7000/- per month.

Disability pension - For cases covered under Category 'D'

0) Disability pension comprising a service element equal to the retiring pension (@50% of the emoluments or average emoluments received during the last 10 months, whichever is more beneficial to the Govt servant) and gratuity to which the employee would have been entitled to on the basis of his pay on the date of invalidation but counting service up to the date on which he would have retired in the normal course and disability element equal in amount to normal family pension subject to the condition that the aggregate of the service and disability element shall not be less than 80% of the pay last drawn, for 100% disability. There shall be no condition of minimum qualifying service for earning service element. No service gratuity would be admissible.

(2) For lower percentage of disability, the disability element shall be proportionately lower as at present subject to the broad banding of percentage of disability as in OM dated 3/2/2000.

**Disability pension - For cases covered under Category 'E'**

(1) Disability pension comprising a service element equal to the retiring pension (@50% of the emoluments or average emoluments received during the last 10 months, whichever is more beneficial to the Govt servant) and gratuity to which the employee would have been entitled to on the basis of his pay on the date of invalidation but counting service up to the date on which he would have retired in the normal course and disability element equal to pay last drawn. There shall be no condition of minimum qualifying service for earning service elements. No service gratuity would be admissible.

The condition that the aggregate of the service and disability elements shall not exceed the pay

last drawn for 100% disability - stands withdrawn w.e.f.

1.7.2009.

(2) For lower percentage of disability, the disability element shall be proportionately lower as at present subject to the broad banding of percentage of disability as in OM dated 3.2.2000.

3. Other terms and conditions in the CCS (EOF) Rules and Liberalized Pensionary Awards Scheme which are not specifically modified by these orders shall continue to remain operative.

4. These orders will be effective from 01.01.2006.

5. This issues with the concurrence of the Ministry of Finance, Department of Expenditure vide their U.O. No.515/EV/2010 dated 26.10.2010.

6. In so far as persons belonging to the Indian Audit & Accounts Department, these orders issue after consultation with the Comptroller & Auditor General of India.

Tripti P Ghosh, Director, T.No.2462 4802

OM No S.4924/2010/CGHS(R&H)/CGHS(P) dt 17.01.2011 from Ministry of Health & Family Welfare, Deptt of H & FW New Delhi – 110 108

Sub: Clarification regarding reimbursement of Ambulance charges to CGHS beneficiaries

The undersigned is directed to refer to the subject mentioned above and to state that this Ministry has been receiving several representations seeking clarifications regarding Ambulance charges to CGHS beneficiaries.

2. It is accordingly clarified that expenditure incurred on engagement of Ambulance by CGHS beneficiaries, comprising both serving Govt. employees and pensioners, is reimbursable provided that:

(i) The doctor treating the patient certifies in writing that conveyance of patient by any other mode would definitely endanger the patient's life or would grossly aggravate his / her condition and  
(ii) That the journey is undertaken within the same city.

3. This issues with the concurrence of IFA vide Dy. No. 4888 dt 1 1.01.2011 of the office of the AS&FA, Min of Health & Family Welfare.

Jai Prakash, Under Secretary to Govt of India  
[Tel: 2306 1881]

**BHARAT PENSIONER**

## **RETIRED RLY STAFF**

Rly Bd's Letter No E(NG)II/2010/RC-4/6/RBE No 07/2011 dt 13.01.2011

Sub: Re-engagement of retired staff on daily remuneration basis in exigencies of

Keeping in view the acute shortage of staff in various categories of posts owing to various reasons and consequent hampering of the Railway's services, Ministry of Railways (Railway Board) have decided to permit General Managers to re-engage retired employees with the following conditions:

Railway should issue necessary notification for such re-engagement by giving wide publicity through open advertisement so that all may get equal opportunity.

Re-engaged employees should not have been covered under the Safety Related Retirement Scheme/Liberalized Active Retirement Scheme for Guaranteed employment for Safety Staff (LARSGESS).

While engaging such staff, medical fitness of the appropriate category should be obtained from the designated authorities.

Suitability/competency of the staff should also be adjudged before engaging 'and the issue of their safety record should be addressed.

Maximum age limit for such re-engagement shall be 62 years and this limit shall not be exceeded in case of any retired railway employees during the period of re-engagement.

While engaging such staff and assigning duties to them, it must be ensured that safety and other operational requirements are adequately addressed.

Remuneration to such staff be made as stipulated vide this Ministry's letter No. E(NG)II/2007/RC-4/CORE/1 dated 11.12.2009 (in each and every case of engagement of retired employee, the daily allowances plus full pension should not exceed the last pay drawn).

The scheme will be valid up to December, 2011. This may be terminated if adequate staff become available.

This issues with the concurrence of the Finance Directorate of Ministry of Railways (Railway Board). Harsha Dass, Jt Director Estt (N)II

Rly Bd's letter No E(W) 2007/CP-1/37-RBE No 04/2011 dt 10.01.2011

Sub: Payment of Ex-gratula lump-sum compensation to families of Railway employees who die in harness on duty

Ref: Board's letter No, E(W) 99/CP-I/I dated 05.11.1999 (RBE No 285/1999)

In partial modification of this office letter No. E(W) 99/CP-I/I dated 09.02.2000, the clarification that the compensation payable under Workmen's Compensation Act (WCA) should be reduced from the lump-sum amount payable as Ex-gratula compensation is hereby withdrawn. However, the aggregate of the relief/Ex-gratia compensation paid from different sources of workmen compensation, viz. compensation under WCA, compensation under Section 124 of the Railways Act, 1989 as applicable, etc. is subject to the ceiling laid down in para-12 of Annexe to Department of Pension & Pensioners' Welfare's O.M. No. 45/55/97-P&PW(C) dated 11.09.1998 circulated vide Board's letter No. E(W) 99 CP-I/I dated 05.11.1999 as amended vide letter No. E(W) 2008/CP-1/7 dated 30.09.2008 notifying revised rates of compensation w.e.f. 01.01.2006. These orders are effective from 01.08.1997.

2. Sanction is also communicated to revision of the ceiling on aggregate amount mentioned in Para-12 of Annexe to the DOP&PW's O.M. dated 11.09.1998 ibid referred to above from Rs. 10 lakh to Rs. 20 lakh in each individual case w.e.f. 01.01.2006.

3. This issues with the concurrence of the Finance Directorate of the Ministry of Railways.

Debasis Mazumdar, Joint Director Estt  
(Welfare)

Letter No CPAO/Tech/Pen Assn/2010/882 dt 08.11.2010 from Ministry of Finance, Deptt of Exp, Central Pension Accounting Office, Trikoot-II, Bhikaji Cama Place, New Delhi – 110 066 to Sh. Harcharan Lal, Secy, Central Govt. Pensioners' Assn, KK-149, Kavi Nagar, Ghaziabad-201002

Sub: Payment of arrears of pension (Nomination) Rules, 1983 read with para - 23 of the "Scheme of payment of pensions" to Central Govt. Civil Pensioners by Public Sector Banks

Sir, Please refer to your letter No. CGPA/ Pen/2008 dated 08.10.2010 on the above cited subject. The para-23. 1 of Scheme Booklet for Payment of Pension to Central Government Civil Pensioners by Authorized Banks states that the payment of arrears will be made to heir (s) of the deceased pensioner, if the deceased pensioner had not submitted any nomination under the payment of arrears of Pension (Nomination) Rules, 1983. In case, a valid nomination by the deceased pensioner exists, payment will be made to the nominee in accordance with the nomination.

Since joint accounts for pension purpose are permissible with spouse only, the submission of nomination form 'A' and 'B' by the pensioners is necessary in the cases of singly operated bank Accounts.

P. Sarada, Sr. Accounts Officer (Tech)

OM F.No. 2(9)/2000-DPC (WC) GL-II/11 New Delhi-110003 dt 17.01.2011 from Ministry of Heavy Industries & Public Enterprises Deptt of Public Enterprises

Sub: Board level posts and below Board level posts including non-unionised supervisors in Central public Sector Enterprises (CPSEs) - Revision of scales - of pay w e.f. 01.01.1997 - Payment of IDA at revised rates regarding.

In modification of this Departments O.Ms, of even No. dt 18.10.2010 and 05 08 2010 the rate of DA payable to the executives of CPSEs may be as follows:

Elective Date	01.01.2011
Revised DA rates (%)	141.5%
Average of AIGPi	1125

These rates may be made applicable in the case of IDA employees, whose pay have been revised with effect from 01.01.1997 as per DPE OM dated 25.06.1999

2 All Administrative Ministries/ Departments of the Government of India are requested to bring the foregoing to the notice of the CPSEs under their administrative control for action at their end.

P J Michael, Under Secretary



Rly Bd's letter No. E(W)2008/PS 5-1/38 RBE No. 03/2011 PC-VI No 244/2011 dt 6.01.2011

Sub: Revised pay limits for entitlement of Passes/PTOs on the basis of Pay drawn in the Railway Services (Revised Pay) Rules, 2008

Consequent upon revision of Pay Scales on the basis of decision of the Government on the recommendations of the 6<sup>th</sup> Central Pay Commission, the question of revision of existing entitlements to Passes/PTOs under the Railway Servants (Pass) Rules, 1986 (Second Edition, 1993) has been under consideration of this Ministry.

2, The matter has been examined and the President is pleased to decide that the entitlements of Passes/PTOs in respect of railway servants drawing pay in the Railway Services (Revised Pay) Rules, 2008 shall be as under :-

S. No	Category	Type of Privilege Pass & Privilege Ticket Order	Type of Duty Pass
1.	Group 'A' & Group 'B' (Gazetted)	1st Class 'A' Pass	1st class 'A' Pass
2.	Non-Gazetted employees:		
(i)	In Grade Pay Rs. 4200/- & above	1st Class Pass	1st Class Pass
(ii)	In Grade Pay Rs. 2,800/-	IInd Class 'A' Pass*	IInd Class 'A' Pass*
(iii)	In Grade Pay Rs. 1,900/- & above but below Grade Pay Rs. 2,800/-	One IInd Class 'A' Pass* in a year, remaining passes and PTOs of Second/Sleeper Class.	IInd Class 'A' Pass*
(iv)	Employees in Grade Pay Rs. 1,800/-	One IInd Class 'A' Pass* in a year, remaining passes and PTOs of Second/Sleeper Class.	Second/Sleeper Class Pass

**\*Note:**In terms of the extant instructions, the holder of IInd Class 'A' pass shall be entitled to travel by AC-3 tier class in trains other than Rajdhani/Shatabdi/Duronto Exp. trains. IInd Class 'A' Pass is of yellow colour.

3. In all other respects, the provisions of the Railway Servants (Pass) Rules, 1986 (Second Edition/1993) will apply.

4. The Railway employees who are already entitled to 1st Class Passes, shall continue to draw 1st Class Passes, irrespective of their eligibility in terms of these orders.

5. Necessary amendment to the Railway Servants (Pass) Rules, 1986 (Second Edition, 1993) shall follow.

6. This issues with the concurrence of the Finance Directorate of the Ministry of Railways.

Debasis Mazumdar,  
Joint Director Establishment (Welfare)

Rly Bd's letter No. E(W)2008/PS 5-1/38 / RBE No.18/2011 dt 03.02.2011

Sub: Revised travel entitlements of gazetted officers on duty passes, privilege passes and post retirement complimentary passes

Consequent upon revision of Pay Scales on the basis of decision of the Government on the recommendations of the 6<sup>th</sup> Central Pay Commission, the question of revision of existing entitlements for travel on duty passes, privilege passes/PTOs and post-reirement complimentary passes in the case of gazetted officers has been under consideration of this Ministry.

2. The matter has been examined and the President is pleased to decide that the entitlements of different categories of gazetted officers for travel on (i) duty and (ii) privilege passes/PTOs and post retirement complimentary passes shall be as per Annexure-1 and 2 respectively.

3. In all other respects, the extant provisions of the Railway Servants (Pass) Rules, 1986 (Second Edition, 1993) will continue to apply.

4. Necessary amendment to the Railway Servants (Pass) Rules, 1986 (Second Edition, 1993) shall follow.

5. The revised entitlements would take effect from 06-01-2011.

6. This issues with the concurrence of the Finance Directorate of the Ministry of Railways.

Debasis Mazumdar,  
Joint Director Establishment (Welfare)

DA: As above (However, ANNEXURE - I : NOT printed .....Editor, BP)

## Entitlements on Privilege/Post Retirement Complimentary Pass in the case of Gazetted Officers

ANNEXURE-2

Status	Pay Scale/ Grade Pay	REVISED ENTITLEMENTS		
		Mail/Express Trains	Rajdhani Express Trains	Shatabdi Exp.
RB and Board Members	80000	2 berths in First AC Class and extra berths in First AC Class for travel of eligible family members on payment of 1/3 <sup>rd</sup> of difference of fare between 1 <sup>st</sup> AC Class and 2-AC Class.	Two berths in First AC Class Or Two berths in 2-AC Class Or Four berths in 3-AC Class	2 Seats in Executive Class or Chair Car
Ms and equivalent officers	75500-80000	One berth in First AC Class for self. For travel of spouse, one extra berth on payment of 1/3 <sup>rd</sup> of difference of fare between 1 <sup>st</sup> AC Class and AC Sleeper Class Or In any class other than First AC Class Or In First AC Class on payment of 1/3 <sup>rd</sup> of difference of fare between 1 <sup>st</sup> AC Class and 2-AC Class.	One berth in 1-AC Class for self. For travel of spouse, one extra berth on payment of 1/3 <sup>rd</sup> of difference of fare between 1 <sup>st</sup> AC Class and 2-AC Class of Rajdhani Express Train Or 2 berths ii. First AC Class on payment of 1/3 <sup>rd</sup> of difference of fare between 1 <sup>st</sup> AC Class and 2-AC Class of Rajdhani Express Train Or 2 berths in 2-AC Class Or 4 berths in 3-AC Class.	2 Seats in Executive Class or Chair Car
Officers in HAG	67000-79000	In any class other than First AC Class Or In First AC Class on payment of 1/3 <sup>rd</sup> of difference of fare between 1 <sup>st</sup> AC Class and AC Sleeper Class	One berth in First AC Class on payment of 1/3 <sup>rd</sup> of difference of fare between 1 <sup>st</sup> AC Class and 2-AC Class of Rajdhani Express Train Or 2 berths in 2-AC Class Or 4 berths in 3-AC Class.	1 Seat in Executive Class Or 2 Seats in Chair Car
HAG Officers drawing pay of Rs.51,850/- and above in the Pay Band (excluding Grade Pay)	10,000	In First AC Class on payment of 1/3 <sup>rd</sup> of difference of fare between 1 <sup>st</sup> AC Class and AC Sleeper Class	2 berths in 2-AC Class Or 4 berths in 3-AC Class.	

*Signature*

-2-

Status	Pay Scale/ Grade Pay	REVISED ENTITLEMENTS		
		Mail/Express Trains	Rajdhani Express Trains	Shatabdi Exp.
Officers in SAG with more than 5 years service in the grade	10,000	In any class other than First AC Class Or In First AC Class on payment of 1/3 <sup>rd</sup> of difference of fare between 1 <sup>st</sup> AC Class and AC Sleeper Class	One berth: in First AC Class on payment of 1/3 <sup>rd</sup> of difference of fare between 1 <sup>st</sup> AC Class and 2-AC Class of Rajdhani Express Train Or 2 berths in 2-AC Class Or 4 berths in 3-AC Class.	2 Seats in Chair Car
		In any class other than First AC Class Or In First AC Class on payment of 1/3 <sup>rd</sup> of difference of fare between 1 <sup>st</sup> AC Class and 2-AC Class.	<u>ON ONE PASS:</u> One berth in First AC Class on payment of 1/3 <sup>rd</sup> of difference of fare between 1 <sup>st</sup> AC Class and 2-AC Class of Rajdhani Express Train Or 2 berths in 2-AC Class Or 4 berths in 3-AC Class.	2 Seats in Chair Car
			<u>ON REMAINING PASSES:</u> 2 berths in 2-AC Class Or 4 berths in 3-AC Class.	2 Seats in Chair Car
All other SAG, Selection Grade Officers, JAG Officers with more than 3 years service in the grade, and Officers in the grade Pay of Rs.6600 and above and drawing pay of Rs.26,600/- and above (excluding Grade Pay)	6600 to 10000	In any class other than First AC Class Or In First AC Class on payment of 1/3 <sup>rd</sup> of difference of fare between 1 <sup>st</sup> AC Class and 2-AC Class.	2 berths in 2-AC Class Or 4 berths in 3-AC Class.	2 Seats in Chair Car
			2 berths in 2-AC Class Or 4 berths in 3-AC Class.	2 Seats in Chair Car
All other Group-A & B gazetted officers	4800 to 7600	In any class other than First AC Class Or In First AC Class on payment of 1/3 <sup>rd</sup> of difference of fare between 1 <sup>st</sup> AC Class and 2-AC Class.	One berth in 2-AC Class Or 2 berths in 3-AC Class.	2 Seats in Chair Car

NOTE: (1) Entitlement on higher class includes lower class travel as per train accommodation.

(2) With regard to facility of Attendant/Companion, existing orders shall continue to apply.



**AAP AUR HUM****ACTIVITY REPORTS FROM OUR  
AFFILIATES**

**AGRA: BPS** – Pensioners' Day was celebrated on 17.12.10. 12 Members (80+) were honoured with shawls and garlands. Shri K C Pipal, Patron of this unit and President, BPS Federation, New Delhi enumerated the achievements of the BPS. Gl Secy read out the Annual Report; approved.

**AHMEDABAD: BSNL & DOT Pensioners' Assn** – 23<sup>rd</sup> Get-to-gather was held recently. More than 200 members attended the function. D D Mistry, GS spoke on the issues raised by members and observed that these demands are just and that they are receiving due attention. He expressed concern over indifferent attitude of BSNL Management on payment of Quarterly Medical Allowance for which different yardsticks were devised for serving employees and pre & post BSNL pensioners. As regards problems faced by pensioners in various banks, the matter had been taken up at a very high level and it was likely to be sorted out shortly. He mentioned that the local Bank authorities were likely to introduce the Banking Ombudsman Scheme.

**AMRITSAR: RRPA** – AGM cum Pensioners' Day was celebrated on 17.12.10. About 350 pensioners attended the meeting. 18 resolutions demanding inter alia increase in FMA from Rs 300/- to Rs 1000/- pm without distance restriction of 2.5 kilometers, addl pension for pensioners from 65 years onwards, provision of companion facility in the same class to all complimentary pass holders, extension of Sr Citizen concession in Tatkal Service, grant of fitment weightage to pensioners at par with serving employees, issue revised PPOs to pre-2006 pensioners without any further delay, scrapping of Central Health Insurance Scheme etc were unanimously passed. It was decided to hold peaceful demonstration in support of these resolutions on 28.02.11 at Amritsar. Following office bearers were elected: President – Panna Lal, Secy – Gurdip Singh,

Cashier – Ajit Singh. Besides this, 2 VPs, 1 each Org Secy and Asst Secy were also elected.

**BAREILLY: Rtd Rly Karamchari Samiti** – Pensioners' Day was celebrated on 17.12.10. 20 members (70+) and 15 members (80+) were honoured. 2 resolutions were passed – (i) demanding option for pensioners (70+) holding RELH card for payment of FMA in lieu of outdoor treatment irrespective of distance restriction, (ii) sanction of addl pension from 70 yrs onwards @10%, @15% for 75 yrs etc as has been done by Punjab Govt.

**CHANDIGARH: Defence Accts PWA** – Monthly meeting was held on 05.12.10. New Executive Body has taken over. President: D C Gupta, Gl Secy: M C Arya, Finance Secy: G C Jhumb. Besides this, 2 VP's and 1 PRO/Press Secy were also elected. Members expressed concern about the availability of only one CGHS dispensary catering to more than 3000 subscribers for 3 cities – Chandigarh, Panchkula and Mohali. It was decided to take up with the authorities concerned for opening at least one dispensary in each of these 3 cities.

Another meeting was held on 02.01.11 when a press note was issued on non-payment of medical claims of pensioners (NON-CGHS) by the PCDA, WC.

**DANAPUR: E R P Brotherhood** – In the meeting held on 12.12.10, minutes of the previous meeting & Accounts for Nov'10 were read out and confirmed. It was decided to give orders for printing 500 copies of amended bye-laws. Members were informed that the Pension Adalat, 2010 at Danapur Division will be held on 15.12.10.

The 34<sup>th</sup> Foundation Day cum AGM was held on 23.12.10. A large number of pensioners and family pensioners attended the meeting. The Gl Secy read out the Annual Report. Thereafter, the Annual Accts were presented. These reports were passed unanimously. Following office bearers were elected: President – G S Mishra, Gl Secy – R C P Singh, Treasurer – U N Srivastava. Besides this, 2 each Wkg Presidents and Asst Gl Secretaries, 5 each VPs, Secretaries, Jt

Secretaries, Asst Secretaries & E C Members and one Auditor were also elected. 9 resolutions were unanimously passed.

**GUWAHATI: N F R P A (Rest Camp, Pandu) –** The CEC Meeting (attended by more than 100 delegates) was held at the New Bongaigaon Rly Institute. Ashish Biswas, Jt Gl Secy, NFR Mazdoor Union was the Chief Guest. He spoke on problems of Rly Employees and Retirees and urged the Central Govt to solve them. Resolutions were adopted on abnormal price-rise, early issue of revised PPOs of pre-2006 retirees and early finalization of life-time family pension to unmarried/widowed and divorced daughters of pensioners. It was decided to stage a 2 hour Dharana to get the grievances of pensioners and medical facilities in all Rly Hospitals.

Pensioners' Day was observed on 17.12.10 at Pension Bhawan, Pandu in the presence of a large number of Pensioners, Family Pensioners and Sr Citizens. A N Roy, Wkg President explained the significance of the Day. P Karmakar, Sr AFA (Pension) mentioned that out of 30 pending cases, 24 cases have been finalised and that the remaining would be cleared shortly.

**INDORE: Seva Nivrutta Karmachari Sangh (Rly) –** Pensioners' Day was celebrated on 17.12.10. There was a good gathering including a few members (85+). A brief history of the assn was narrated by M V Khataavkar & K L Panchal. They also explained about the importance of the day. Pensioners (75+) were honoured with Shripahal, Silver Coin garland and laminated Certificate.

**JAMTARA: Jharkhand Rajya Pensioner Samaj –** On the occasion of 'World AIDS Day', a large number of members assembled at Indira Chowk on 01.12.10 and distributed pamphlets containing descriptive ideas on AIDS. People were informed about pre-cautionary and remedial measures to be taken against AIDS. Media people were also present. The participation of the pensioners on this day was published in the local Hindi newspaper 'Dainik Jagaran'

**KAKINADA (AP): C G P A –** The Annual Conference cum Pensioners' Day was celebrated on 17.12.10. Around 80 members attended the meeting. The Annual Report and Audited Accts were adopted unanimously. Following office bearers were elected: President – A Sambasiva Rao, Genl Secy – V V Krishnamacharyulu, Treasurer – K J R Sastry. Besides this, 5 each VP's & Asst Sec's, 1 each Asst Treasurer & Auditor and 12 EC Members were also elected. 8 Members (70+) were honoured with shawls and garlands. 41 resolutions on various demands of pensioners were unanimously adopted.

**KANPUR: Pensioners Samaj –** AGM was held on 08.08.10. 800 members attended the meeting. Annual Report was presented by the Secy and it was approved. The minutes of the AGM held on 25.04.09 were read out and confirmed. The treasurer presented the audited accounts and it was also approved by the House. Resolutions demanding enhanced FMA @ Rs 1000/- pm, full parity for pre-2006 pensioners, improvement and expansion of CGHS, scrapping of Central Health Insurance Scheme, Grant of CSD Canteen Facility to Defence Civilian Pensioners and provision of CGHS Wellness Centre at Panki were passed unanimously. Following office bearers were elected: President – SL Kohli, VP – C R Mukherjee, Secy – S N Lal, and Treasurer – S K Deb.

Pensioners' Day was celebrated on 17.12.10. About 500 members participated in the function. Dr Ashok Kumar, Addl Director, CGHS was the Chief Guest. 12 Members (80+) were honoured with shawls. Secy gave a memorandum to the Chief Guest with a request to provide a CGHS Wellness Centre at Panki. The Chief Guest in his speech assured the members that he would make some arrangement before the end of 2011.

**MEHSANA: R P W A –** Pensioners' Day was celebrated on 17.12.10. Out of 1200 Life Members, around 400 attended the function. 58 members (75+) were honoured with shawls. Resolutions on pending demands of pensioners were passed unanimously and it was decided to send a

memorandum listing these resolutions to the Ministry of Pension, Govt of India. Following office bearers were elected: President – A K Prajapati, VP – BM Verma, Secy – D G Barot, Treasurer – N L Parmar. Besides this, one each Jt Secy, Asst Secy & Org Secy and 6 E C Members were also elected.

**NEW DELHI: Pensioners Welfare Samaj, Green Park** – Pensioners' Day was celebrated on 17.12.10. More than 70 members attended the function. Mahendra Pratap, VP presided over the meeting. Members participated enthusiastically in various programs.

**PAKALA: Central & Rly Pensioners' Assn** – Pensioners' Day was celebrated on 18.12.10. Resolutions were passed demanding restoration of commuted pension after 12 years instead of 15 years, increase in FMA @ Rs 1000/- pm and parity in pension for pre-2006 pensioners.

**RAJAHMUNDY: R P A** – Pensioners' Day was celebrated on 17.12.10. More than 500 members attended this function. M Somasekhara Rao, Gl Secy, CGP Forum, Secunderabad and VP, BPS (SZ) was the Chief Guest. 24 Sr pensioners were honoured on this occasion. Somasekhara Rao appealed to all the Central Govt Pensioners in the country to remain united under the banner of BCPC to achieve our all long-pending demands. He appealed to Rly pensioners to attend, in large numbers, the second National Convention of Railway Pensioners being organized at Secunderabad on 13.02.11, by BPS to highlight the demands of Rly Pensioners.

**REWARI: P W A** – Pensioners' Day and Annual Function were celebrated on 20.12.10. Gl Secy O D Sharma explained the significance of Pensioner's Day. He read out the minutes of the last meeting. He mentioned that the first convention of Railway Pensioners was held at New Delhi on 05.07.10 by Bharat Pensioners Samaj. In this connection he praised the services of Shri Shyam Sunder, Gl Secy, BPS and Shri S C Maheswari, Secy, Railways of BPS. Shri B R

Gupta explained the achievements and working of the organisation. One senior member (80+) was honoured with a shawl and garland. Members thanked BPS, NFIR, AIRF, RREWA, Gurgaon and NFRP, Palghat for their valuable services to the cause of pensioners.

**SRI GANGANAGAR: C G P A** – Pensioners' Day was celebrated on 05.12.10. Members (75+) were honoured with shawls. A demand was made for payment of FMA @ Rs 1200/- pm on the analogy of Rs 1200/- sanctioned to pensioners of Provident Fund Organisation w.e.f. 01.01.09. A letter for sanction of this enhanced FMA was also sent to the Secy, Govt of India, Ministry of Personnel, P G and Pensions, New Delhi. Members were apprised of the minutes of the SCOVA Meeting.

## IDA pensioners of Food Corp of India : (FCI) Revision of Pension

As is well-known now, Govt of India had some time back, issued orders for revision of pension of FCI pensioners (drawing IDA after absorption in FCI). Obviously, this achievement did not come automatically but only after a long struggle by the pensioner community and Federations (i.e., BHARAT PENSIONERS SAMAJ and others). Now it's time to encash this achievement without any further delay.

2. All such FCI pensioners are requested to furnish the relevant documents and information in the proforma given below to the concerned office as given in para 3:-

Subject : Revision of pension of IDA pensioners -

1. Pension Payment Order (PPO) - Photocopy (*attached*)
2. Life Certificate [in original] - (*attached*)
3. Name and postal address of Pension Disbursing Bank - with pincode
4. Pension (SB) Account No - .....

3. These documents and Bank details may be sent to the Deputy Director Food, (Pension Cell), Food Corporation of India, Noida - 201 301.

4. A copy of the forwarding letter may also be endorsed to Secy Genl, BHARAT PENSIONERS SAMAJ, PB - 3303, New Delhi - 110 014

1. **कटनी :-** रेलवे पेंशनर्स एसोसियेशन का वार्षिक चुनाव 06.01.2011 को सम्पन्न हुआ। जे.पी. दूबे अध्यक्ष मदन सिंह चन्देल सचिव, एस अप्पू कोषाध्यक्ष, ए.पी. शुक्ला संगठन मंत्री के अतिरिक्त 2, उपाध्यक्ष, 3 सहसचिव एवं 8 कार्यकारिणी सदस्य चुने गए। सीताराम विश्व कर्मा कार्यकारी अध्यक्ष चुने गए।

2. **मोकामाघाट :-** पेंशनर समाज का वार्षिक सभा का आयोजन 14.01.2011 को हुआ। सर्व सम्मति से इन्द्र देव प्रसाद को अध्यक्ष, जय राम यादव उपाध्यक्ष, राम बहादुर सिंह मंत्री जगदीश प्रसाद यादव सचिव, रामनगीना दास कोषाध्यक्ष के अलावा एक-एक उपमंत्री व उपकोषाध्यक्ष चुने गए।

3. **बीना :-** रेलवे पेंशनर समाज ने 17.12.2010 को एकता दिवस मनाया एवं द्विवार्षिक चुनाव कराया। मुख्य अतिथि डा0 श्रीमती विनोद पंथी विधायक बीना क्षेत्र विशिष्ट अतिथि सी0एस0 पाठक सेवा निवृत्त जिला न्यायाधीश, कार्यक्रम अध्यक्ष जे0पी0 राय थे। 250 उपस्थित पेंशनर्स में से 25 को श्रीफल, हार, बैग, प्रशस्ति पत्र देकर सम्मानित किया गया। सभी कार्यकारिणी सदस्यों को प्रशस्ति पत्र दिए गए। एस.के. चौबे डी0एस0टी0ई0 ने भोज व्यवस्था की। जे0पी0 राय अध्यक्ष, बी0एल0 साध्या कार्यकारी अध्यक्ष, एस0पी0 निगम सचिव, एस0एस0 यादव कोषाध्यक्ष, जे0पी0 रजक संगठन सचिव के अतिरिक्त 5 उपाध्यक्ष, 5 सहायक सचिव एवं एक दर्जन कार्यकारिणी सदस्य एवं एक कार्यालय सचिव चुने गए।

4. **इलादाबाद :-** यूनाइटेड फोरम आफ पेंशनर्स एसोसिएशन ने 17.12.10 को पेंशनर्स दिवस मनाया और सर्व सम्मति से 22 मांगे पारित की। सभी केन्द्रीय कर्मचारियों से संबंधित 8 मांगों के साथ कार्यालय सुविधा सभी पेंशनर्स संगठन को दी जाय, सैनिक बोर्ड की तरह पेंशनर्स बोर्ड की स्थापना की जाय मेडिकल से संबंधित 4 मांग बी0एस0एन0एल0 की 5 मांग रेल संबंधित 2 मांगों के साथ इन्कम टैक्स विभाग वरिष्ठ नागरिक की आयु 65 वर्ष की जगह 60 वर्ष मानी जाय। महामंत्री कैलाश चन्द्र गुप्त ने सभा का संचालन किया और अध्यक्ष किशन

सिंह ने सभी का आभार प्रकट कर धन्यवाद दिया और सभी संबंधित विभागों को मांगपत्र भेजने का आश्वासन दिया।

5. **मुजफ्फर नगर :-** गवर्नमेंट पेंशनर्स वेलफेयर आर्गनाइजेशन के महामंत्री इ.डी.पी. जैन एवं अध्यक्ष वेद प्रकाश सिंघल ने मुख्य मंत्री यू.पी. को पत्र लिखकर पेंशनर्स की कठिनाइयों से अवगत कराते हुए सुझाव दिया कि प्रत्येक जनपद में रिटायर्ड जज की अध्यक्षता में पेंशन अदालत का गठन कर प्रत्येक कार्य दिवस पर विभिन्न विभागों के समस्याओं का समाधान किया जाय। प्रारंभिक पेंशन निर्धारण के बाद पुनः निर्धारण कोषाधिकारी तय कर सके, विभागाध्यक्ष द्वारा प्रमाणीकरण की बाध्यता समाप्त की जाए।

6. **हरिद्वार :-** गवर्नमेंट पेंशनर्स वेलफेयर आर्गनाइजेशन के सचिव रामकुमार अग्रवाल ने एवं अध्यक्ष आर0डी0 अग्रवाल ने माननीया मुख्यमंत्री उत्तर प्रदेश को पत्र लिखकर निवेदन किया कि हरियाणा सरकार की भांति उत्तर प्रदेश पेंशनर्स को भी यात्रा भत्ता सुविधा चार वर्ष में एक बार स्वीकृत की जाए (हरियाणा शासनादेश संख्या P.D. Hr. No. : 13/19/2008/2 S 11 दिनांक 29.10.2009)

7. **फगवाड़ा :-** सेन्ट्रल गवर्नमेंट पेंशनर्स वेलफेयर एसोसिएशन के महामंत्री सरदार तरसेम सिंह व अध्यक्ष सोहनलाल शर्मा ने सभा में प्रस्ताव रखा कि चुनाव प्रतिवर्ष न होकर दो वर्ष बाद हो हर्ष वनि से पारित होने के बाद अन्य प्रस्ताव रखा। नया पी.पी.ओ. शीघ्र जारी किया जाय, मानार्थ पास सेम डे (उसी दिन) इशू कर दिया जाय और वरिष्ठ नागरिक, महिलाएं, डिफेंस कर्मचारी हैंडिकैप के लिए अलग से खिड़की सब जगह निर्धारित की जाय विधवा श्रीमती फिनो का पारिवारिक पेंशन का निपटारा शीघ्र होना चाहिए प्राइवेट अस्पताल में इमरजेंसी में भर्ती केश में RELHS कार्ड होल्डर को रीफर्ड केस माना जाय, लोकल पर्चेज दवाइयों स्टैंडर्ड फर्म से खरीदकर रीडम्बर्समेंट को सरल बनाया जाय। सरदार तरसेम सिंह ने सभा के अंत में कहा “मंजिल मिलेगी जरूर क्योंकि मंजिल की जुस्तजू में मेरी आरजू जो है।”

# THANKS !

February 2011

## NEW MEMBERS - Annual

A - 0860	G Saran Srivastava	Delhi - 68	12/11
A - 0862	M K Sharma	Delhi - 59	12/11
A - 0863	KLVENRATATMAITTI	Nagpur	12/11
A - 0867	D C Devgun	Delhi - 85	C
A - 0869	M Dattu Singh	Dharwad	12/11
A - 0870	N K Krishna Rao	Guntur	12/11
A - 0871	Dr Pramila Srivastava	Delhi - 29	C
A - 0872	Dr C Sadasiva	Delhi	C
A - 0873	K Subramanyam	Raigarh	12/11
A - 0874	Prem Prakash	Ambala City	12/11
A - 0875	F C Vij	Ambala Cantt	12/11
A - 0876	S K Vyas	Delhi - 01	C
A - 0877	Ashok Wasson	Delhi - 19	12/11

## NEW MEMBERS - Biennial

A - 0859	R S Gothani	Betul	12/12
A - 0861	Asankara Rao	Vishakapatnam	12/12
A - 0866	C Premparkash Bulri	Delhi - 60	12/12

## NEW MEMBERS - Triennial

A - 0864	Satish Chawla	Delhi - 58	12/13
A - 0865	Capt Ramsaran Singh	Muzaffar Nagar	12/13
A - 0868	Dr Rakesh K Chadha	Delhi - 52	12/13

## SCPC FUND 1% Donations JANUARY, 2011

A - 0868	Dr Rakesh K Chadha	Delhi - 52	5,000
M - 3634	CAIS Pensioners Assn	Bhopal	5,000
M - 4877	Lt Col I N Thukral, Rtd	Gurgaon	2,000
L - 9149	N Ramachandran	TVM	1,100
A - 0298	Def & Rly Penrs Assn	Deoli	550
L - 9058	P L Nayyar	Delhi - 27	500
L - 2732	Parmatma S Gupta	Gurgaon	400
L - 2753	C L Sud	Kolkata	250
M - 8254	G V Jayapaul	Nellore	200
M - 0598	Retd Rly Emplys Assn	Malda	180
M - 7595	T Krishana Rao	Vijayawada	120
M - 7283	G Swaminathan	West Mambalam	120
M - 7915	Civil State Penrs Assn	Banswara	100
M - 1845	K L Rishi	Distt Sangrur	100

*Dr R K Chadha has donated ₹ 5,000 in memory of his eminent father, Late Shri H L Chadha*

## AFFILIATED ASSOCIATIONS (RENEWAL)

M - 0598/12	Retd Rly Emplys Assn	Malda	12/11
M - 7915/11	Civil State Penrs Assn	Banswara	11/11
M - 4221/02	Retd Rly & CG E Assn	Distt Durg	02/12

M - 6856/01	N F Rly Penrs Assns	Alipurduar	01/12
A - 0594/01	S A Penrs Samaj	Chindwara	01/12
M - 1302/12	P & T Penrs Assn	Silchar	12/11
M - 7996/02	C G Penrs W Assn	Siliguri	02/12
M - 0092/01	Penrs Welfare Samaj	Delhi - 29	01/12
M - 5818/01	C G Penrs W Assn	Bareilly	01/12
A - 0572/01	DOT/BSNL P W Assn	Raipur	01/12
M - 4193/01	Indian Rly Penrs Assn	Bhavnagarpara	01/12
A - 0298/02	Def & Rly Penrs Assn	Deoli	02/12
M - 3060/12	Pensioner Samaj	Panki	12/12
A - 0532/11	Doorsanchar P Samaj	Kanpur	11/11
M - 3655/01	C Govt Penrs Assn	Jalandhar City	01/12
M - 4591/01	N F Rly Penrs Assn	Silliguribazar	01/12
M - 0854/02	Sewa Niruta Sanghtan	Dabhade	02/11
M - 1279/02	Bina Rly Penrs Samaj	Bina	02/11
A - 0585/01	Pensioner Samaj	Mokamaghat	01/12
M - 4210/01	Rly & C G Penrs Assn	Guntur	01/12
M - 1254/12	D S C Penrs W Assn	Panchkula	12/11
M - 8876/02	AIP&T&O K P Assn	Arrah	02/12
M - 7974/01	Pensioners Samaj	Mokamaghat	01/12
M - 5682/12	Penrs Welfare Assn	Rewari	12/11
M - 5866/02	Rly Peners Society	Jaipur	02/12
M - 8743/09	All India Retd Rly Fed	Itarsi	09/11
M - 0197/03	Penrs Assn	Bhilwara	03/12
M - 3939/01	S E Rly Penrs Assn	Chakradharpur	01/12

## RENEWAL - Annual

M - 4585/01	H V Pardasani	Delhi - 24	01/12
M - 5795/01	Maj. Phool Singh	Faridabad	01/12
A - 0205/12	Dr R K Agarwal	Delhi - 32	12/11
M - 1660/01	K L Malik	Faridabad	01/12
M - 8610/02	M Satyanarayana	Hyderabad	02/12
M - 7931/12	A K Prasad	Amalapuram	12/11
A - 0228/01	A G Parmar	Ahmedabad	01/12
M - 7175/01	K K Sharma	Ambala Cantt	01/12
M - 7165/01	I Venkateswarlu	Bhimavaram	01/12
M - 4220/02	Nandipu K Rao	Vijaywada	02/13
M - 1845/12	K L Rishi	Distt. Sangrur	12/11
M - 8577/12	R K Pathak	Tundla	12/11
M - 4506/12	B J Mehra	Gandhinagar	12/11
A - 0152/10	R P Sandhu	Karnal	10/11
A - 0224/01	Yograj Chowdhary	Tira	01/12
M - 5796/01	H V Singh	Sriganganagar	01/12
M - 4184/01	C R Chatwani	Rajkot	01/12
M - 5647/11	P Panchapakesan	Tiruchy	11/11
M - 7132/12	G A Baloch	Jamnagar	12/11
M - 6624/02	J T Dhamecha	Rajkot	02/12
M - 4597/01	G S Chandok	Rajkot	01/12
M - 8275/12	Subal Chandra Sarkar	Kolkata	12/11
M - 7655/02	A N Chakraborty	Jamtara	02/11
M - 7170/01	T Koteswara Rao	Hyderabad	01/12
M - 5890/02	N R Sharma	Ambala City	02/12
M - 8312/01	Joginder Singh	Amritsar	01/12
M - 0412/12	H T Dewani	Ahmedabad	12/11
M - 6302/01	Krishan Gopal Sud	Parwanoo	01/13



M - 7662/02 G S Ratti	Amritsar	02/12	M - 8538/11 Madan Lal Chugh	Sri Ganganagar	11/11
M - 3506/02 Magdoo Chedi	Khandwa	02/12	M - 5820/01 Madan Gopal	Ludhiana	01/12
M - 7635/01 S Jagannadha Rao	Vijayawada	01/12	M - 5642/11 Nanak Chand	Faridabad	11/11
A - 0545/12 Krishan Lal Sharma	Hoshiarpur	12/11	M - 8623/02 S P Sharma	Ahmedabad	02/12
M - 7241/12 Prem Swaroop Gulati	Karnal	12/11	M - 7150/12 Om Prakash Chugh	Ludhiana	12/11
M - 7903/11 J N Nagu	Indore	11/11	A - 0531/11 Madan Lal Verma	Panchkula	11/11
M - 5686/12 B R Chugh	Delhi - 09	12/11	M - 8307/01 G Sriramamurthi	Visakhapatnam	01/12
M - 7949/12 P R Narayan	Kerala	12/11	A - 0297/02 Charanjit Singh	Jalandhar	02/12
M - 5817/01 B K Biswas	Sambalpur	01/12	A - 0570/01 Nyapathy Krishna Rao	Tuni	01/12
M - 5097/02 J L Lekhi	Sriganganagar	02/12	M - 4203/02 T V R Chari	Kochi	02/12
M - 7144/12 O P Shairya	Sriganganagar	12/11	M - 6324/01 Hira Lal S Hemnani	Nagpur	01/12
M - 8817/12 Jagmohan Pd Gupta	Sriganganagar	12/11	M - 5053/01 K K Gupta	Jaipur	01/12
M - 8862/02 D D Verma	Haridwar	02/12	M - 7647/01 Hiralal M Shah	Ahmedabad	01/12
M - 7233/12 V D Chabra	Gurgaon	12/11	A - 0295/02 J K Bhattacharjee	Kolkata	02/12
M - 8282/01 J M Bagley	Noida	01/12	M - 5836/02 Krishan Lal Sharma	Tundla	02/12
M - 7184/01 R N Kathpalia	Delhi - 60	01/12	M - 0538/12 Dr S C Sinha	Jabalpur	12/11
M - 7294/12 D C Jain	Delhi - 52	12/11	A - 0274/02 B S Shaik	Kodur	02/12
M - 7079/10 Yash Pal Bhatia	Faridabad	10/11	M - 8786/11 O P Khanna	Delhi - 64	11/11
M - 0726/10 A D Silva, Ex Subedar	Kota	10/12	A - 0238/01 Mahesh Chandra	Faridabad	01/12
M - 6582/12 Ramji Lal Sharma	Rewari	12/11	M - 7642/01 N L Narasimha Rao	Bitragunta	01/12
A - 0182/11 R Mahalingum	Thanjavur	11/11	A - 0254/02 V N Reddy	Nandyal	02/12
M - 8796/12 S R Alekar	Indore	12/11	M - 8095/06 M S Kulkarni	Nasik	06/11
A - 0275/02 K V R Murthy	Nagaram	02/12	M - 5885/02 B R Dave	Nagpur	02/12
M - 8264/12 M L Prashar	Harda	12/10	M - 1599/01 A R Oberoi	Rewari	01/12
A - 0584/01 P G Pagare	Nasik	01/12	M - 4273/03 Amrit Lal Singh	Sirohi	03/12
M - 8588/01 Kapilmuni Prasad	Chapra	01/12	A - 0181/11 Bihari Lal Nigam	Satna	11/11
A - 0352/03 Ramesh Ch Sharma	Panjawar	03/11	M - 7307/02 L Subbarayudu	Hyderabad	02/12
M - 0455/12 P K Banerjee	Kolkatta	12/11	M - 7665/02 Jago Mistri	Ghogha	02/12
M - 5715/12 M P Dubey	Indore	12/11			
M - 4195/01 H S Saini	Ulhasnagar	01/12			
M - 6253/12 Narendra K Dave	Ahmedabad	12/11			
M - 8254/12 G V Jayapaul	Nellore	12/11			
M - 8793/12 K M L Saxena	Noida	12/13			
M - 4877/09 Lt Col I N Thukral, Rtd	Gurgaon	09/11			
A - 0237/01 R K Verma	Gorakhpur	01/12			
A - 0293/02 Md Mahboob Ali	Dronakal	02/12			
M - 8978/05 M T Arsiya	Chandrapur	05/12			
M - 8845/02 Krishna N Kudchodker	Goa	02/12			
M - 8819/12 M V Murthy	Chitnavis Ganj	12/11			
M - 4551/01 Gaur Gopal Dass	Bhadrakali	01/12			
M - 6612/01 M P Singhal	Sahibabad	01/12			
M - 7136/12 Dr D N Dwivedi	Pune	12/11			
M - 3944/02 P C Debnath	Kolkata	02/12			
M - 6586/01 P Paul Peter	Madurai	01/12			
M - 8804/12 Bansil Lal Manpriya	Bhawani Mandi	12/11			
A - 0226/01 B L Khare	Satna	01/12			
M - 7961/01 Kripal Singh Nigam	Agra	01/12			
M - 4224/02 U R Sheikh	Kalyan	02/12			
M - 4566/01 S S Kamble	Shirol	01/12			
M - 3297/01 R N Gahlot	Khandwa	01/12			
M - 5880/02 Sharad Chand Gopal	Pune	02/12			
M - 5044/01 Amar Singh Pardesi	Malerkotla	01/12			
M - 6580/12 R K Chanans	Delhi - 19	12/11			
M - 8582/01 Desh Raj	Delhi - 52	01/12			
M - 8583/01 Prem Chandra Nagar	Delhi - 52	01/12			
M - 6855/01 M A Lari	Delhi - 35	01/12			
M - 8601/01 M N Chhabra	Delhi - 52	01/12			

## Biennial

A - 0239/01 S S Chatterjee	Greater Noida	01/13
A - 0272/02 M B Shende	Wardha	02/12
M - 7595/11 T Krishana Rao	Vijayawada	11/12
M - 8708/06 J Kathuria	Delhi - 64	06/13
M - 7283/12 G Swaminathan	West Mambalam	12/12

## Triennial

M - 8745/09 K C Jain	Delhi - 88	09/13
A - 0483/09 Shri Onkar Singh	Pataudi	09/14
A - 0321/03 S P Jain	Delhi - 16	03/13
M - 8870/02 Sisir Kumar Banerjee	Chanditala	02/14
M - 8598/01 Prem Nath Kapoor	Ludhiana	01/14
A - 0569/01 Kailash Ch Maheswari	Muzaffarnagar	01/14
M - 8805/12 C V Shambakar	Wardha	12/13
M - 8009/02 Thaman Singh	Kahma	02/14
M - 8446/08 S C Saxena	Lucknow	08/13

## OLDER PEOPLE: STILL DRIVING ?

Older people struggle to drive because they see too much. Researchers have carried out the study and found that many elderly people struggle to drive as they lose the ability to block out unwanted background detail.

*Courtesy : H T, New Delhi*

**Do U WANT your grievance to be pursued by**

**BHARAT PENSIONERS SAMAJ**

**How to process your Grievances?**

If you have any grievance in pension/other matters you may take it up with your Head of Office/ the Pension Sanctioning Authority / the Pension Disbursing Authority, as the case may be. If you do not get response within a reasonable time (say 45 days), resort to RTI 2005 to know the status of your representation.

However, if you wish that the case be pursued by BPS, kindly do not shoot out letters to the Prime Minister, Ministers, Ministries and HODs etc. Let the BPS decide how to process further.

For prompt attention by BPS HQ office, all your correspondence should contain the following essential details about the aggrieved, so that past records can be easily linked,

- (a) Name
- (b) Full Postal Address
- (c) BPS - Subscription No / ID No
- (d) Office from which retired (Name & Address of the Office may be indicated in full)
- (e) Post held at the time of retirement (and scale of pay)
- (f) If pension has been sanctioned, quantum may be specified.
- (i) The particulars of Accounts Officer which issued the PPO.
- (ii) The particulars of Pension Disbursing Authority,
- (iii) PPO number / or a photocopy of the PPO.
- (iv) Give reference of representations/correspondence made with your department so far & of the reply, if any, received (better attach Xerox copies)
- (v) Your representation should be brief and to the point (in less than 4000 characters or 150 to 200 words only {supporting documents may be attached})

Secretary General, BPS

AGRICULTURAL PRODUCE MARKETING COMMITTEE			
(MARKET OF NATIONAL IMPORTANCE)			
Office Complex (MNI), NFM Ph-II, Sarai Pipal Thalla, Azadpur, Delhi-110033			
WHOLESALE RATES OF FRUITS & VEGETABLES IN AZADPUR MANDI ON 31-01-2011			
S.No.	Name of Commodities	Prices per kg. (in Rs.)	
		Minimum	Maximum
SEASONAL VEGETABLES & FRUITS			
1.	ONION	5.00	17.50
2.	POTATO	2.50	5.00
3.	TOMATO	3.00	13.00
4.	CAULIFLOWER	1.00	3.00
5.	CABBAGE	2.00	3.50
6.	CARROT	2.00	5.00
7.	GOURD	7.50	12.00
8.	RADISH	1.50	5.00
9.	SPINACH	3.50	5.75
10.	PEAS	8.00	15.00
11.	PUMPKIN	5.00	8.00
12.	SARSON	6.00	7.00
13.	METHI	6.00	9.00
14.	TURNIP	2.50	8.00
15.	APPLE (Delicious)	9.50	53.25
16.	KINNOO	8.00	26.00
17.	MOSSAMBI	7.00	17.00
18.	PAPAYA	3.00	10.00
NON SEASONAL VEGETABLES			
1.	LADY FINGER	25.00	35.00
2.	BITTER GOURD	20.00	25.00
These rates may vary, depending upon the quality of the goods.			

**D R FOR PENSIONERS**

	July-10	Aug-10	Sep-10	Oct-10	Nov-10	<b>Dec-10</b>
All India CPI (IW) Base 2001=100	178	178	179	181	182	<b>185</b>
% age Increase	46.35	47.50	48.65	49.80	50.81	<b>51.97</b>

**Increase wef 1.1.11 : 6% (Govt orders awaited)**

Contributed by J N Uppal, Dy Director (Retd), CSO, Min of Planning

C-26, Amar Colony, Lajpat Nagar-IV, New Delhi - 110 024 - Tel - 2644 8938 (R)



## FATHER OF THE NATION :

## MAHATMA GANDHI

BORN : 2 OCTOBER 1869

MARTYRED : 30 JANUARY 1948

(THE POSTAL STAMP WAS ISSUED IN 1948 AFTER HIS MARTYRDOM)



### BRAVO ! RAJAHMUNDRY

Shri A Sriramulu, Retired Driver 'A', Rajahmundry was honoured by M Somasekhara Rao, Vice President (South Zone), BPS at a function @ Rajahmundry on 17.12.2010. Shri Sriramulu is very popular among pensioners at Rajahmundry for his services to them. In the picture may be seen Somasekhara Rao with Shri Sriramulu, his wife and other pensioners.

### Ah ! H L CHADHA



We have learnt with great sorrow the sad demise of Sh. Harbans Lal Chadha, (94 yrs) on 20.01.2011. He was born at Jalalpur Jattan Wala (Pakistan). After completing INTERMEDIATE in April 1937 from Panjab University Lahore, he joined Railway service. After partition, he migrated and came to Delhi and was posted at Northern Railway Hqs, Baroda House, Delhi. Retired as A.P.O. (Estt) on 31st January, 1977. Extremely popular social worker in Railway Service, Railway Colony Kishanganj and at Ashok Vihar, Delhi. After retirement, he joined B.P.S as life member (WL - 2650). He rendered social, moral & financial support to pensioners till his last breath BHARAT PENSIONERS SAMAJ send heartfelt condolences to the bereaved Family. May His soul rest in peace!

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